Oxford Skills

UPPER-INTERMEDIATE - ADVANCED VOCABULARY

Ruth Gairns and Stuart Redman



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Ruth Gairns and Stuart Redman

Learn to use the most important words and phrases in English topic by topic

OXFORD

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Great Clarendon Street, Oxford, Ox2 6DP, United Kingdom
Oxford University Press is a department of the University of Oxford.
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First published in 2020
2024 2023 2022 2021 2020
10 9 8 7 6 5 4 3 2 1

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ISBN: 978 o 19 460574 8

Pack

ISBN: 978 o 19 460575 5

Student's Book

ISBN: 978 0 19 479862 4

Oxford Advanced Learner's Dictionary

10th edition app

Printed in China

This book is printed on paper from certified and well-managed sources

ACKNOWLEDGEMENTS

Back cover photograph: Oxford University Press building/David Fisher.

Front cover images: Alamy Stock Photo (woman with laptop/Mariusz Szczawinski); Oxford University Press (shark/Shane Gross), (hiker/Olga Danylenko); Shutterstock (man on scooter/OPOLJA), (CT scanner/zlikovec), (apple/Gunnar Pippel), (drilling platform/Oil and Gas Photographer), (protest poster/nicostock), (man with saxophone/Africa Studio), (dining/Pressmaster), (graffiti/Mehaniq).

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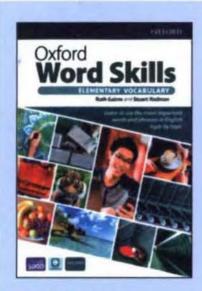
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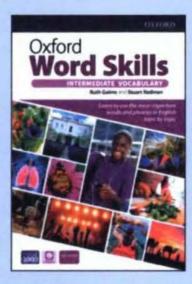
Introduction

What is Oxford Word Skills?

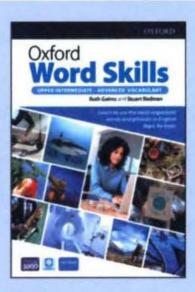
Oxford Word Skills is a series of three books for students to learn and practise new vocabulary.



Level 1: Elementary (CEFR levels A1 and A2)



Level 2: Intermediate (CEEB level B1)



Level 3: Upper-Intermediate – Advanced (CEFR levels B2 and C1)

There are over 2,000 new words or phrases in each level, and all of the material can be used in the classroom or for self-study.

How are the books organized?

Each level contains 100 units of vocabulary presentation and practice, with a unit being 1–2 pages, depending on the size of the topic. New vocabulary is presented in manageable chunks, then immediately followed up with practice exercises, often on the same page.

The units are grouped within modules containing 4–12 units. A majority of the modules are topic-based, e.g. People, Leisure and lifestyle, News and current affairs, but some modules have a language focus, e.g. Expand your vocabulary, Aspects of language.

The Upper-Intermediate – Advanced level also contains:

- an Answer key for all the exercises
- a Word list of all the vocabulary taught with a reference to the units where each item appears and the CEFR level for words/phrases in the Oxford 3000™/5000™ or Oxford Phrase List™.

Oxford Word Skills comes with the Oxford Advanced Learner's Dictionary app, which allows learners to find the meaning of new words in English and provides a pronunciation model for the words. You will find pronunciation exercises throughout the book which refer you to the one to check the correct pronunciation.

What vocabulary is included?

At Upper-Intermediate - Advanced level, the vocabulary includes:

- a wide range of topic areas, e.g. behaviour, competitive sport, medical advances
- · a range of concepts, e.g. problems and solutions, time, old and new
- · different fields of written English, e.g. literature, science, technical English
- a wide range of phrasal verbs and idioms
- various aspects of language, e.g. compounds, prefixes and suffixes, prepositional phrases

Throughout the three levels the main focus is on high-frequency vocabulary in everyday spoken English, although the higher levels increasingly add more language from different styles of English as well as more figurative use of language.

The selection of vocabulary at each level is based on frequency and usefulness, with the foundation being the Oxford 3000 or Oxford 5000. These are lists of 3,000 and 5,000 words, respectively, identified by the Oxford University Press ELT Dictionaries team as the





most important words for learners of English. These items have been divided in the Oxford 3000 into four levels in accordance with the CEFR (A1, A2, B1 and B2), and the Oxford 5000 contains additional words at CEFR levels B2 and C1.

- The Elementary level includes many items from A1, but with the majority of items at A2 level.
- The Intermediate level has a focus on B1 items from the Oxford 3000, as well as recycling items from the A2 level.
- The Upper-Intermediate Advanced level concentrates on B2 items from the Oxford 3000, but also includes
 additional B2 items and C1 words from the Oxford 5000.

The Oxford 3000/5000 lists are supplemented by the Oxford Phrase List, which contains just under 1,000 phrases considered important for students at each level. The Upper-Intermediate – Advanced word list also draws on topic lists from OUP's learner's dictionaries, which identify key vocabulary items across a range of 60 topics. By using the Oxford 3000/5000 alongside the topic lists, we are able to focus on high-frequency vocabulary, but also to include vocabulary that may not have a high frequency overall, but will have great value in particular contexts, e.g. *overtake* when talking about driving, *extinct/extinction* when talking about climate change and the danger to wildlife, or *self-catering* when talking about holidays. By using the Oxford Phrase List, we are also able to ensure the best coverage of both words and phrases at each level.

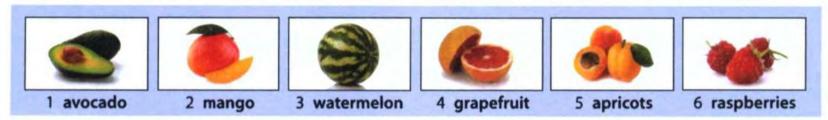
We have taken great care to ensure that learners will be able to understand the meaning of all the new words and phrases by supplying a clear illustration, a simple definition, or an example of each word or phrase. Learners should be aware that many English words have more than one meaning. They should refer to the Oxford Advanced Learner's Dictionary of for information on other meanings.

To the teacher

How can I use the material in the classroom?

New vocabulary is presented through:

visuals



Time Management tips	basis	note of sth a particular way in which sth is organized or done: on a day-
 Do you note down jobs you have to do on a daily basis? Do you put up reminders in the office about these aims? Do you prioritize the tasks you have to accomplish by the end of the day? Do you stick to your priorities, no matter what happens? Do you focus on one thing at a time? 	reminder prioritize	to-day/daily/weekly/regular basis sth that makes you remember sth remind sb (of/about sth) is put tasks, problems, etc. in order of importance so that you can do the most important first priority n: a high/low/top priority

Idiom	Meaning
I'm going to do the essay again. ~ What for?	for what purpose or reason
Are you going to the party? ~ You bet!	used to emphasize that you are keen to do sth
I've got my exam today. ~ OK. (The) best of luck.	used to wish sb success in what they are going to do

different types of extended written text

The Glasgow School of Art has been devastated yet again by a huge fire. More than 120 firefighters tackled the blaze, which began on Friday night and spread to a concert hall next door. There were no reported casualties, but police evacuated 27 people from nearby properties as a precaution. At the moment, there is no suspicion the fire was started deliberately, but the intense heat is preventing fire officers from getting in to assess the damage. First Minister, Nicola Sturgeon, praised the courage of the firefighters who fought to save the building.

GLOSSARY	
devastate	destroy or damage sth badly devastation n
firefighter	a person whose job is to stop fires, working for the fire brigade
tackle	make an effort to deal with a difficult problem or situation
blaze	a large and often dangerous fire
casualty	a person who is killed or injured in a war or accident
precaution	sth you do in order to avoid danger or problems
suspicion	a feeling or belief that sth is wrong or that sb has done sth wrong suspicious (of sb) adj suspect v
deliberately	in a way that was planned deliberate adj
intense	very great, strong or serious: intense heat/cold/ pressure intensity n
assess	judge or form an opinion about sth assessment n
praise	say that sb is good and should be admired for sth praise n
courage	the ability to do sth dangerous without showing feasyn bravery; courageous adj

- Visuals provide a clear guide to meaning; sentences, dialogues and extended text show words being used naturally, with the meaning explained in a glossary (or within a table). The input varies from approximately 15 items in a single A or B section, to 25–30 items on a full page of input. Here is a procedure you could follow:
- Students study the visuals or written text in the presentation for five-ten minutes for an A or B section, or tenfifteen minutes for a full page. This allows time for them to reinforce the connection between the visual input and the meanings, or to read through the glossary carefully to check the meaning of new items in the presentation sentences, dialogues or extended text. With the information from the glossary, students should then go back to the presentation text and check that they fully understand the meaning of the new words in those contexts.

Tell students to look at the extra words in the **glossary** (opposites, synonyms, derivatives, collocations and further examples) as this will help them to expand their vocabulary with minimal effort in many cases. It is also important to look at the **spotlight** boxes. The spotlight box is an additional feature which picks out an item or items of particular value. For example:

SPOTLIGHT accept

Accept means 'say yes to an offer', but has some other meanings, too.

- 1 allow sb to be part of a group:
- They accepted me as one of the family. (as in the text)
- 2 agree to sth:
- The council has accepted the latest proposal.
- 3 admit you did sth wrong:
- I accept responsibility for the mistakes.

SPOTLIGHT expressing family similarities

If you **resemble someone/something**, you look like or are similar to another person/thing. The emphasis is more on looks than character. **resemblance** n

If you **take after someone**, you look or behave like an older member of your family.

If you **follow in someone's footsteps**, you do the same job or have the same lifestyle as someone else, usually a member of your family.

- While students are working through the presentation, you can answer any questions they may have about the
 items. This is also an opportunity to provide a pronunciation model for your students to repeat; otherwise, the
 presentation stage is going to be a long silent phase. You might want to read a text aloud, or get students to
 read sections of it, etc.
- Students can move on to the first exercise, which they can check for themselves using the Answer key, or you can go over the answers with the whole class. This is probably a better approach, as you can also discuss why they might have arrived at a wrong answer and focus on practising the pronunciation if necessary. It is sensible to work through the exercises chronologically, as they tend to progress from pronunciation practice to receptive practice to controlled productive practice, and then quite often to freer productive practice in the ABOUT YOU or ABOUT YOUR COUNTRY activities.
- When you are satisfied with their answers to the first exercise, you can ask students to go on to further exercises, while you monitor them as they work individually or in pairs, and assist where necessary. When they have finished an exercise, you will find that many of the exercises sentence completion and particularly dialogue completion lend themselves to controlled speaking practice. Students can practise dialogues in pairs, or take it in turns to read out complete sentences to each other.
- TEST YOURSELF When they have completed written exercises, students can test themselves on the new vocabulary. The material has been designed so that students can cover the new words beneath a picture (using a book, notebook or piece of paper) while they look at the visuals and test themselves. They can do the same with some of the tables and glossaries: cover the new vocabulary and look at the meaning, or vice versa. This is a simple, quick and easy way for learners to test themselves over and over again, so there is no pressure on you to keep searching for different exercises. It is also useful to demonstrate this so that students can revise vocabulary in their own time using this 'cover and check' approach.
- You will often notice ABOUT YOU or ABOUT YOUR COUNTRY. These are personalized exercises which give learners an opportunity to use the new vocabulary in a freer way and within the context of their own lives. Students can write answers to these, but they make ideal pairwork activities for students to practise their spoken English while using the new vocabulary. If you use these as speaking activities, students could then write their answers (or their partner's answers) as follow-up. In the Answer key, possible answers for these exercises are provided by both native speakers and proficient non-native speakers from different parts of the world. This may be of particular value to a self-study learner, as a way of comparing answers.

How can students use the material on their own?

The material has been designed so that it can be used effectively both in the classroom or by learners working alone. If you want your learners to use the material for self-study, you can recommend that they use the book alongside the , as it gives them a pronunciation model for items of vocabulary, as well as further practice exercises. For self-study learners in particular, it is a good idea to start with the first module on expanding your vocabulary. Self-study learners can check their answers to exercises using the Answer key, and test themselves using the 'cover and check' procedure explained above. They can also select the topics that interest them, or the topics where they most need to expand their vocabulary.

1 Meaning and style

A Asking about meaning

- A Would it be accurate to say that student and pupil are synonymous?
- B No, not exactly. A student is a person who studies in a school, college or university. Pupil has a more restricted use. A pupil is someone who only studies in a school, especially a primary school.
- A It's a bit ambiguous to say she's a good student, isn't it?
- B Yes, you can interpret it in different ways. Good can mean 'well-behaved' or 'hard-working'.
- A The meaning of wrapping paper is fairly obvious, isn't it?
- B Yes, it's self-explanatory: just paper for wrapping presents and stuff.
- A Can you give me a precise definition of soul?
- B Well, it's virtually the same as spirit: the part of you that is believed to exist after you die. But spirit has several other meanings too.

GLOSSARY	
accurate	exact and correct; without mistakes OPP inaccurate; accuracy n
synonymous	having the same, or nearly the same meaning synonym n
restricted	controlled or limited
ambiguous	not clear; able to be explained in different ways ambiguity n
interpret	explain the meaning of sth interpretation n
self-explanatory	easy to understand and not needing more explanation
precise	clear and accurate SYN exact; precision n
virtually	almost, very nearly: virtually the same virtual adj

	OL	mer meanings too					
0	м	ark the stress on	these wo	ords. Use the to	nelp you.		
	1	accurate	3	synonymous	s ambiguity	7	interpretation
	2	synonym	4	ambiguous	6 interpret	. 8	self-explanatory
2	Is	the meaning the	same or	different? Write 5	or D.		
	1	The meaning is v	irtually the	same. / The meaning	is exactly the same.	-muiro	
	2	They are both stu	idents in m	ny school. / They are t	ooth pupils in my school.	Transport.	
	3	The meaning is q	uite precise	e. / The meaning is qu	lite restricted.	*********	
	4	The sentence is a	mbiguous.	/ The sentence can b	e interpreted in two ways.	********	
	5 I don't know the exact meaning. / I don't know the precise meaning.					********	
	6	Tom is fairly inacc	urate. / Tor	m makes very few mis	stakes.		
	7	His soul will live o	n./His spi	rit will live on.			
	8				aid was fairly accurate.	,,,,,,,,,	
3	C	omplete the sent	ences wit	h the correct form	of the word in capitals a	t the en	d.
	1			ing clear, it's better to	To the first of the second of	AMBIG	
	2	She always expre				PRECISI	
	3			milar, but not comple	etely	SYNON	
	4	Elsie is quite fluer				ACCUR	ATE

Answer the questions.

- 1 What's the exact meaning of huge?
- 2 Which word is more restricted: get or acquire? Why?
- 3 Is the meaning of waiting room fairly self-explanatory? Why? / Why not?
- 4 Are slim and thin synonyms? Why? / Why not?
- 5 Is it accurate to say that a pupil studies in a secondary school? Why? / Why not?
- 6 I picked up my bag. Why could this sentence be ambiguous?



B Explaining style

Example	Meaning
'Thanks for your help, Sam,' she said ironically. Sam hadn't helped at all.	ironically using words to say the opposite of what you mean, often humorously ironic adj; irony n
The literal sense of <i>gold</i> is 'a valuable yellow metal used to make coins, jewellery, etc.'.	literal (of words and phrases) being the basic or usual meaning literally adv
Golden is used figuratively in the sentence Working in this company is a golden opportunity for him.	figuratively (of words and phrases) not used in the basic or usual way, but in a way that makes a description more interesting (Golden here means 'wonderful' or 'special'.) figurative adj
She has a heart of gold is an example of a metaphor. It means 'she is a very kind person'.	metaphor a word or phrase used to describe sb/ sth else in a way that is different from its normal use metaphorical adj = figurative
The dictionary marks stupid as disapproving.	disapproving (often used in dictionaries) showing that sth is bad or wrong
In slang , a <i>shrink</i> is a psychiatrist or a psychologist.	slang very informal words and phrases, used by particular groups of people in spoken language
Swear words are offensive to many people and not appropriate in most everyday conversations.	offensive rude in a way that causes you to be upset or angry OPP inoffensive appropriate suitable or correct OPP inappropriate
He called Tom 'an old woman'. How insulting!	insulting rude or offensive insult n, v

SPOTLIGHT swear

Swearing is the use of swear words (= rude or offensive language). If you swear at somebody, you might make them angry. Swear can also mean to make a serious promise to do something.

He swore that he would kill anyone who touched me.

5 Underline the words which usually suggest something negative.

disapproving	figurative	inappropriate	insulting	irony	
literal	metaphor	offensive	slang	swearing	

- 6 Circle the correct word(s). Sometimes both words are correct.
 - 1 The literal / figurative meaning of curtain is a piece of cloth which covers a window.
 - 2 The curtain fell on her career is figurative / metaphorical. It means 'her career ended'.
 - 3 Irony / Slang is commonly used to say the opposite of what you mean.
 - 4 Ana is so kind; she has a heart of silver / gold.
 - 5 It may be appropriate / inappropriate to ask someone how much they earn or how old they are.
 - 6 He was being ironic / offensive he didn't mean to be rude.
 - 7 I think it was a metaphor / an insult to say you were stupid.
 - 8 Swearing is offensive / inoffensive to many people.
- Complete the sentences with a suitable word.
 - in the dictionary. 1 Naïve often has a negative meaning and is marked '... 2 Flood is one of those words that can be used literally or ______.
 - 3 He said my food was tasteless, which I found incredibly ...
 - Knackered is very informal, means 'extremely tired', and is an example of British English ...
 - 5 The offer is a ______ opportunity for my brother to work abroad for a year.
 - 6 Pull your socks up is often used as a _____ meaning 'you must work harder and do better'.
 - A man _____ at me in the street because I got in his way. I was very upset.
 - They live _____just round the corner, so I see them every day.



2 Familiar words, new meanings

A Using words and phrases figuratively

Familiar words may appear with an unfamiliar meaning (often a figurative meaning), or surrounded by other words that together form an idiom or common phrase.

A s I crawled along the motorway, I was having second thoughts about staying with Marcus. I'd been in two minds about going in the first place, but it was sweet of him to invite me, and I wasn't tied up, so I said 'yes'. But now it struck me that perhaps he wanted to go out with me! How could I be so thick? Marcus was very nice, but a romantic relationship was the last thing on my mind. How can I get out of this, I wondered? Just then, the traffic suddenly started to speed up, and something went into the back of me. I pulled my mobile out of my bag. 'Is that you Marcus? Listen, you're not gonna believe this, but ...'

GLOSSARY	
crawl have second thoughts (about sth)	(of a vehicle) move very slowly start having doubts about a decision you have made
be in two minds about sth	be unable to decide what to do about sth
sweet (of sb)	kind (of sb): It was sweet of you to come.
be tied up	be busy and unable to do other things
strike sb (that)	(of a thought or idea) suddenly come into sb's mind
thick inf	stupid
be the last thing on sb's mind	be the thing that sb is least likely to be thinking about
get out of sth	avoid doing sth
you're not gonna believe this	used to introduce surprising and often unwelcome news (gonna inf = going to)

Make sentences from the jumbled words. 1 gonna/not/lost/this/I/but/you're/believe. 2 homework / out / I / this / get / doing / of / how / can ? 3 going / two / about / I'm / minds / to / in / Greece. 4 thing / on / university / mind / is / the / last / my. 5 it / take / of / sweet / to / us / was / him. Complete the dialogues with a word or phrase. 1 Do you still want to go? ~ Actually, I'm having 2 Are you thinking of getting married? ~ No, that's the last thing ______! 3 Do you want to go to the wedding? ~ Not really, but I can't ______it. 4 You're not gonna _____, but ... ~ You've lost my keys, again! How could you? 5 Did he invite all of you? ~ Yes, it was very ______ of him. He's a lovely man. 6 Are you going or not? ~ I'm still in ______ about it, actually. 7 Did you think she looked like her sister? ~ Yes, I was ______ by how similar they are. 8 Could we talk about it this morning? ~ I'm afraid I'm ______ this morning. 9 Why are you so late? ~ Half the road was closed. We were ______along for ages. 10 He may not have understood the instructions. ~ Yeah, he's a bit 3 Complete the sentences using words from above with their more usual literal meanings. 1 Leyla is only eight months, so she's still ______ across the living room floor. 2 It's a very book – almost 1,000 pages. 3 These oranges are lovely. They're very _____. The men were _____, with both hands behind their backs. I saw him _____ the dog with a large stick. I was really angry. The policeman stopped me and asked me to I've just had a _____, Carrie. Do you think we could hire a car for the weekend? I think his _____ was disturbed when he had that accident.



B Common verbs with less familiar meanings

The words in **bold** in the examples are very common when the verbs are used with the meanings in the table.

Verb	Examples	Meaning
get sb/sth to do sth	I couldn't get him to leave the house. I finally got the car to start.	make or persuade sb/sth to do sth
see what/how, etc	We may be able to help. I'll see what Rob says. It may be ok. Let's see what happens.	find out sth by looking, asking or waiting
keep	We must eat the grapes – they won't keep.	remain fresh
put	I think he put it very well in his essay.	say or write sth in a particular way ALSO put sth into words
push sb/yourself	Some parents push their kids really hard.	make sb work harder
leave sth to/with sb	We need to book a table. I'll leave that to you.	allow sb to take care of sth
make sth sth	My watch says 10.20. What time do you make it? He bought ten more; I make that 25 now.	think or calculate sth to be a particular time or number
bring sb/sth + adverb/preposition	It was the war that brought him to power. What brings you here? ~ I've got a meeting.	cause sb/sth to reach a particular condition or place
come with/in sth	I'm sure the radio comes with batteries. The chairs come in four different colours.	be sold or produced with a particular feature
do (for sb/sth)	I peeled six potatoes. Will that do? Will these shoes do for the wedding?	be enough/ acceptable in a particular situation

-	U	ne word is missing	in each sentence. What is it, and wh	ere does it go?				
	1	How did you him to	do it? ~ I offered him money.	***************************************	**************			
	2	These batteries in al	I sorts of different sizes.	***************************************	************			
	3	If both brothers con	ne, that will it 20 altogether.					
	4	It's the fishing that r	nost people to this part of the coast.					
	5	5 When I speak to the staff tomorrow, I'll what they think.						
	6	We'd better finish the cream: it won't after today.						
	7	He has great ideas b	out finds it difficult to them into words.					
	8	I've got a packet of r	noodles. Do you think that will for six peo					
5			ues with suitable verbs.					
		Hello, What (1)	you to this part of the building	ng?				
	В		this new clock to work, and it didn		with instructions.			
	A	OK, (4)	it with me. I'll (5) wh	nat I can do.				
	B	Thanks. Oh, one oth	er thing, we've run out of paper for the p	hotocopier.				
	A	Er, there's some over	there. Will that (6)?					
	B	Yeah, that's plenty.						
	A	What are the booking	igs like for this evening?					
	В	We had two more th	nis morning, so I (7)that	36 now.				
	A		nore tables. Can I (8)tha					
	В		how things go, but I may have to		Mario to do it			
	A		him too hard; he's had a v					

ABOUT YOUR LANGUAGE Translate the verbs in the table into your own language. What verbs



3 Word families

By learning words that are part of the same word family, you can often increase your vocabulary quickly and easily. For example, you will probably know the words in the left-hand column below, but do you know the related words?

Word	Related word and its meaning	Example
mistake n	mistake sb/sth for sb/sth v wrongly think that sb/sth is sb/sth else	I mistook the woman in the café for a friend of mine.
certain adj	certainty n the state of being completely sure about sth OPP uncertainty	Is there any certainty things will improve?
problem n	problematic adj difficult to deal with; full of problems	Some places can be problematic for journalists
possession n	possess v formal have or own sth	Some players just possess natural ability.
benefit n, v	beneficial adj having a good or useful effect	The extra money has been very beneficial.
require v	requirement n sth that you need or that you must have or do	A university degree is a minimum requirement.
house n	housing <i>n</i> buildings for people to live in household all the people who live in one house	We need more family housing . Most households have at least one car.
likely adv	likelihood n the chance of sth happening	There's not much likelihood of success.
handle v	handling n the way sb deals with sth/sb	The situation needs careful handling.
guide n,v	guidelines n (usually pl) official rules guidance n help or advice	There are guidelines on repairing old buildings Our teacher gave us some guidance .
apologize v	apologetic adj showing you are sorry	It's his fault and he's very apologetic.
notice v	noticeable adj easily seen/noticed	The scar on his face is quite noticeable.
include v	inclusive adj (of the cost of sth) including everything inclusion n the fact of including sb/sth; the fact of being included	Bed and breakfast is £80, fully inclusive . The inclusion of dancing as part of the entertainment was unnnecessary.
compare v	comparable adj similar; able to be compared	This year looks good. Are there comparable figures for last year?
replace v	replacement n a thing that replaces sth that is old, broken, etc. irreplaceable cannot be replaced	The coffee machine isn't working, so can we get a replacement? My wedding ring is irreplaceable.
human n, adj	humanity n all the people in the world syn the human race humanitarian concerned with trying to make people's lives better	War crimes are crimes against humanity. The war has caused a humanitarian crisis.
race n (of people)	racism n the unfair treatment of people who belong to a different race. The person who does this is a racist. racist adj	We must take action to stop racism in the workplace. He was attacked by a group of racists . The newspaper was racist and was closed down
recognize v	recognition n the fact that you can identify sb/sth that you see	She'd seen me several times but showed no sign of recognition.

SPOTLIGHT related words with different meanings

Words in the same word family do not always have similar meanings. For example, the adjective **worth** can mean:

1 having a particular value;

2 used as a way of recommending: The castle is worth seeing.

It also has these related forms and meanings:

- The necklace is worthless. (= without value)
- He's a worthy champion. (= one who deserved to win)
- The meeting was worthwhile. (= important, interesting, etc.)

0	Mark the stress	s on these words	. Use the	to he	lp you.					
	problematic	likelihood	requirer		benefit	beneficial				
	worthwhile	recognition	compar		apologize	irreplaceable				
	apologetic	household	humani		humanitarian	possess				
2	Circle the corre	ect answer								
	Circle the correct answer. 1 This painting is unique; it's unreplaceable / irreplaceable.									
		ts, accommodation				d/inclusive				
		ticeable/noticed								
		irs and they're prof								
	5 People are dying. It's a humanitarian / humanity crisis.									
	I enjoyed the trip: it was very worthy/worthwhile.									
	the second of th	s his fault, but he v			apologetic about	it.				
		omeless because th								
3	Rewrite the ser	ntences using a r	elated w	ord of th	e word in capita	als. Keep the same meaning.				
		it will happen?				tainty it will happen?				
	1 He deserved	to win.		WORTH						
	2 Is there a char	nce we'll win?		LIKELY						
	3 Most families	earn more than in	the past.	HOUSE						
	4 Can you see t	hat he's lost a lot o	of weight?	NOTICE						
	5 It's an unusua	I vase but has no v	/alue.	WORTH						
	6 People don't	realize the importa		ه آموزش	9.5					
	of these meas	sures.	REC	OGNIZE						
		nteresting confere		WORTH	G. J.					
	8 The tablets ha	ad a positive effect	3	BENEFIT		***************************************				
4	Complete the o	lialogues with a	suitable v	word.						
		ough homes in the			~ No, we need	more				
	2 What can peo	ple do about the	danger of i	nfection?		ent has issued				
	3 Was she sorry	?			~ Yes, very					
	4 Is that £65 for	everything?			~ Yes, it's fully	*				
	5 It's a difficult of	class to teach.			~ Yes, they're ve	ery				
	6 Climate change	ge affects everyone	e.		~ Yes, it's a prob	olem for				
	7 This lamp doe	esn't work			~ Yes, I've alread	dy ordered a				
	8 It's a difficult s	situation.			~ Yes, and it ne	eds careful				
5	Complete the s	entences with a	suitable v	word.						
	Some young	parents would ber	nefit from r	nore	on h	ow to bring up children.				
						isis in parts of Africa.				
						re's no of that.				
		of meals m								
	5 Do you think	lvan	the righ	nt qualitie	s for the job?					
	6 I walked off w	ith someone else's	coat: I		it for my own	l.				
	7 Flats in big cit	ies are expensive i	n England.	Α	flat in S	pain would cost a lot less.				
	8 Some say we	will win, others say	we'll lose.	There is a	olot of	about the result.				
6						to another student.				
	1 Do hotels usu	ally give a fully inc	lusive price	for a roo	m and breakfast?	••••••				
	2 Is housing a p	articular problem i	in any part	of the co	untry?	100				
	3 Are prices ger	nerally comparable	with othe	r countrie	s nearby, or are th	ney very different?				
,	s there a mini	noro are acurement	ror going	ciem in in	sity!					
	5 Do you feel th	degree of cortains	about vo	ur futuro	career?					
	bo you leel a	degree or certainty	y about yo	ui iuture i	career:					

TEST YOURSELF

4 Collocation

A Verb + noun

Collocation is the common combination of particular words with each other, and particular **collocations** may be different in your language. In English, certain verbs **collocate with** certain nouns. You will need to learn many of these **collocations**.

In any school, the headteacher obviously has to make an effort to set an example to their staff and students, and that starts by treating everyone with respect. It is also their job to take responsibility for important decisions that the school makes. If things go well, the headteacher gets the credit; if they don't, he or she has to be prepared to take the blame.

Carrie had been **spreading** a **rumour** that Sean and Sophie were going to have a baby, although she told everyone else to **keep it a secret**. It was, therefore, quite a shock when Sean finally **broke the news** to everyone that they were going to get a cat. We all **roared with laughter** – everyone except Carrie.

GLOSSARY	
make an effort (to do sth)	attempt to do sth, especially when it is difficult
set an example (to sb)	do sth good or well that people can try to copy or achieve: set a good example
treat sb with respect	behave towards sb in a polite and caring way OPP treat sb like dirt
take responsibility (for sth/sb)	accept a duty to deal with sth/sb, so that it is your fault if sth goes wrong OPP pass the buck make sb else responsible for a difficult situation
get the credit (for sth)	be admired and given the praise for doing sth successfully
take the blame (for sth)	accept responsibility for sth that goes wrong
spread a rumour	tell a lot of people about a piece of news or information that may not be true
keep (sth) a secret	not tell anyone about sth that others must not know ALSO keep a promise / an appointment / a record
break the news	be the first person to tell others about sth important
roar with laughter	laugh loudly or a lot

0	Ye	s or No?		37				
	1	If you keep a p	romise, is t	hat a good thing	?	*********		
	2	If you get the o	redit for so	omething, are you	u pleased?	************************		
	3	If you pass the	buck, are	others happy?	A comment	***************************************		
	4	If you take the	blame, is t	hat positive?	Common Common	*********		
	5			e dirt, is that goo	d?	***************************************		
	6			that a good thin				
	7			n respect, will the				
	8	,		is that a bad thin				
2	Co	omplete the se	entences	with a suitable	verb + noun combir	nation.		
	1				nethe			
	2							
	3	My sister has b	een	а	that I'm g	etting engaged.	It's not true.	
	4	4 Tanya does a fantastic job, but doesn't always			/avs t	the		rves.
	5	It was a very fu	inny joke.	and everyone	with	with		
	6	My parents	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	a good	to me, and	now I always	******************	an
			to do th	e same with my	children.			
	7	I can't rememb	per who	thth	ieab	out the wedding	, but we wer	e all delighted.
	8	My boss never	accepts re	esponsibility for the	nings. He always 	the	******************	and makes
		Variante else	must loan	ule		for their actions:	it's part of or	owing up
	9	foung people	must lean	110	onem ************************************	ioi trieli actions,	t's part or gr	ownig up.
3		nere are many ach of these no		tions with <i>take</i>	, make and set. Do y	ou know which	h verbs cor	nbine with
		control of sth a profit	a limit tablets	an impression an offer	pleasure in doing sth a look at sth	sth on fire the standard	a noise	
	ta	ke:		make:	S	et:		
		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	***************************************					
	C	TEST YOURS	ELF					

B Adjective + noun

There are also many common *adjective* + *noun* collocations that you may need to learn. For example, a person you know well and like is a **close friend** (NOT a near friend).

EXAMPLE

I gave them a detailed description of the burglary.
He speaks with a strong accent.
Our main concern for the party is the weather.
It was a typical example of his stupidity.
The house was utter chaos when I got home.

The children had a narrow escape.

Nice to see a familiar face at the party.

The vast majority of students passed.

My sister's ring is pure gold.

I thought he'd be tall but he was the complete opposite.

TEST YOURSELF

MEANING

a description full of information OPP brief description
a very noticeable accent OPP slight accent
most important worry SYN principal concern
very good example SYN perfect example
complete confusion ALSO utter nonsense
ideas that you think are stupid or not true
= they were lucky to escape safely
a person you recognize and know
a very large majority
not mixed with anyting else ALSO pure silk/cotton
a person or thing that is as different as possible from
sb/sth else SYN the exact opposite

	a familiar			vith a-h.		
	a familiar			وه آموزescape	ふ	
-	a typical	********		chaos		
3	a vast			face		
4	a slight	********		opposite		
5	utter	*******	e	accent		
6	a detailed	********		majority		
7	the exact		g	description		
8	a narrow	none.	h e	example		
, ,		uestions. What's.				
1	a synonym for a typical example ?				iled description?	
2		te of a slight accent		The second secon		nplete opposite?
3	a synonym	for the main concer	n?	6	a noun that combines	with utter ?
1		what your dad said?	Juitub			. Don't believe
2	Did they all	understand?		A A PLANT		
		dilacistalla:		INO, LITE		. I had to explain it.
3			lent?			
3	You manag	ed to avoid the accid		~ Yes, but i	was a	······································
4 5	You manag Are you wo	ed to avoid the accid	1?	~ Yes, but it ~ Yes, my	was a	is that I get nervou
	You manag Are you wo Did the top	ed to avoid the accid rried about the exam feel nice when you t	n? tried it d	~ Yes, but in ~ Yes, my on? ~ Yes, lovel	was ay. It was	is that I get nervou
5	You manag Are you wo Did the top Do you kno	ed to avoid the accid	n? tried it d e?	~ Yes, but it ~ Yes, my on? ~ Yes, lovel ~ Yes, my u	was ay. It was	is that I get nervou
5	You manag Are you wo Did the top Do you kno Did you see	ed to avoid the accidenced about the example of the	n? tried it d e?	~ Yes, but it ~ Yes, my on? ~ Yes, lovely ~ Yes, my u ~ Yes, and i	y. It was ncle gave me a t was great to see so mar	is that I get nervou
5	You manag Are you wo Did the top Do you kno Did you see Ingrid's Eng	ed to avoid the accidentied about the example of th	n? tried it d e?	~ Yes, but in ~ Yes, my on? ~ Yes, lovely ~ Yes, my u ~ Yes, and i	y. It was ncle gave me a t was great to see so mar he speaks with a	is that I get nervou
5 6 7 8 9	You manag Are you wo Did the top Do you kno Did you see Ingrid's Eng Do you get	ed to avoid the accidenced about the example feel nice when you to what she looks like your old friends in Collish is good. on well?	n? tried it d e? Cardiff?	~ Yes, but it ~ Yes, my on? ~ Yes, lovely ~ Yes, my u ~ Yes, and i ~ Yes, but s ~ Yes, we're	y. It was ncle gave me a t was great to see so man	is that I get nervou
5 6 7 8 9	You manag Are you wo Did the top Do you kno Did you see Ingrid's Eng Do you get	ed to avoid the accidenced about the example feel nice when you to what she looks like your old friends in Collish is good. on well?	n? tried it d e? Cardiff?	~ Yes, but it ~ Yes, my on? ~ Yes, lovely ~ Yes, my u ~ Yes, and i ~ Yes, but s ~ Yes, we're	y. It was ncle gave me a t was great to see so mar he speaks with a	is that I get nervo
5 6 7 8 9	You manag Are you wo Did the top Do you kno Did you see Ingrid's Eng Do you get Was everyth	ed to avoid the accidentied about the example feel nice when you to what she looks like your old friends in Collish is good. on well? hing tidy when you go	n? tried it de? Cardiff?	~ Yes, but in ~ Yes, my on? ~ Yes, lovely ~ Yes, my u ~ Yes, and i ~ Yes, but s ~ Yes, we're e? ~ No, the p	y. It was ncle gave me a t was great to see so man he speaks with a lace was in	is that I get nervou

5 Compounds

A Nouns

English has a large number of compound nouns formed from a *noun* + *noun*. Cover the compounds below and read the meanings. Do you know these compounds, or can you guess them?









drawing pin

paper clip

barbed wire

nail polish/varnish

Meaning	Compound noun
an official document that shows you are qualified to drive	driving licence
an official document showing when and where someone was born	birth certificate
a card given to customers by a shop to encourage them to shop there regularly. Each time they shop, they get money off goods they buy in the future.	loyalty card
a part for a car or machine to replace an old or broken part	spare part
confidence in yourself and your abilities	self-confidence
the number of years that a person is likely to live	life expectancy
a path or route that is quicker than the normal way	shortcut
the language that you first learn to speak as a child	mother tongue
food that is quick and easy to prepare and eat but not good for your health	junk food
a person that you admire and try to copy	role model

- Replace the crossed-out word with a word that forms a compound noun.
 - 1 Do you know a short way to the school from here?
 - 2 Have you got any nail paint?
 - 3 Does she have enough personal confidence?
 - 4 I ripped my shirt on the twisted wire around the field.
 - 5 What's the average life length for men in your country?
 - 6 I stepped on a drawing nail it really hurt.
 - 7 I need some paper staples to put these notes together.
 - 8 Is it easy to get new parts for your car?
- Complete the compound in each sentence.
 - 1 What is your mother _____? What other languages do you speak?
 - 2 Have you got a driving _____? How long have you had it?
 - 3 Do you know where your birth ______ is? If so, where?
 - 4 Do you have any _____ cards for different shops? If so, which?
 - 5 Are there any short ______you often take? If so, where to?
 - 6 Who has been the most important role _____ in your life?
 - 7 Do you ever wear _____ polish? If so, what colour?
 - 8 Do you often eat ______food? If so, what, and why?
- 3 ABOUT YOU Write answers to the questions in Exercise 2, or ask another student.
- 4 Eight of the words below form compounds with card, one forms a compound with pass, and one forms a compound with pass and card (with the same meaning). Can you complete the compounds correctly?

greetings identity bus credit rail post boarding debit SIM gift



GLOSSARV

B Adjectives

Most compound adjectives have a hyphen (-).

It was very much a **last-minute** decision to go, but the kids loved it and were very **well behaved**.

My cousin is very absent-minded. We have a long-standing joke that whenever we meet, he pretends he doesn't know me.

These boots are worn out now, but they've been incredibly hard-wearing.

I have an uncle who is very narrowminded and self-righteous. He thinks I'm bad-tempered, but it's only him who makes me angry; we argue all the time.

GLUSSANT	
last-minute well behaved	happening at the last possible moment (compounds with well are hyphenated before a noun but not after a noun) behaving in a way that people think is correct and polite: a well-behaved child
long-standing	that has existed or lasted for a long time
worn out	1 (of a thing) no longer useful because it has been used so much 2 (of a person) exhausted from work or exercise
hard-wearing	(of a product) remaining in good condition for a long time
self-righteous	believing that what you say or do is right and other people are wrong
bad-tempered	often angry and easily annoyed

SPOTLIGHT adjectives with -minded

You can be **narrow-minded** (= not willing to listen to the ideas and opinions of others) OPP **broad-minded**, **open-minded**; **absent-minded** (= forgetful); or **single-minded** (= thinking in a concentrated way about sth and determined to achieve it).

1	If something is worn out, is it no use or very comfortable?	
2	If something is last-minute, is it very quick or at the last possible moment?	
3	If someone is single-minded, are they determined or closed to new ideas?	
4	If something is hard-wearing, is it uncomfortable or does it last a long time?	
5	If someone is worn out, are they exhausted or unhealthy?	
6	If someone is absent-minded, are they stupid or forgetful?	

long worn behaved standing minded self tempered well narrow bad righteous Complete the dialogues with a suitable compound adjective. 1 He always thinks he's right, doesn't he? ~ Yes, he's very _____ 2 Had you planned to go? ~ No, it was a ______ decision. 3 Do you often meet up? ~ Yes, we have a _____ arrangement. 4 She's very determined, isn't she? ~ Yes, she's extremely ______. He gets angry very easily. ~ I know, he's a very _____ man. Your parents are always open to ideas. ~ Yes, they're very _______. Can you complete these compound adjectives using either self or well? known confident employed behaved dressed conscious



service

informed

Using a dictionary

A learner's dictionary includes a wide range of information that will help you to expand your vocabulary and use words more effectively when you speak and write. Look at these entries from the Oxford Advanced Learner's Dictionary.

The key (1) tells you that reflect is in the Oxford 3000 and is an important word.

re-flect () (B) () /ri'flekt/ verb 1 % (D) [T, usually passive to show the image of sb/sth on the surface of sth such as a mirror, water or glass: be reflected (in sth) His face was reflected in the mirror. She could see herself reflected in his eyes. 2 1 [T, 1] to throw back light, heat, sound,

work. 4 1 [1, T] to think carefully and deeply about sth: Before I decide, I need time to reflect. < ~on/upon sth She was left to reflect on the implications of her decision.

The words before the definition give a general < idea of the different meanings of count.

ab-sorb X+ B2 /ab'za:b; NAmE -'za:rb/ verb

- · LIQUID/GAS 1 2+ 1 to take in a liquid, gas or other sub-
- INFORMATION 4 2+ -sth to take sth into the mind and significant or understand it state in the learn or understand it (SVD) take in: It's a lot of information to absorb all at once.

The phrases in bold show common phrasal structures and/or collocations: they will help you to use favour naturally in typical contexts.

Propose is a formal word and more common in written English.

pro-pose () [2] (pra pauz/ verb

- SUGGEST PLAN 1 ? [7] (formal) to suggest a plan, an idea, etc. for people to think about and decide on: -sth The
- ~that... She proposed that the book be banned. ♦ (BrE also) She proposed that the book should be banned. o it is proposed that... It was proposed that the president be elected for a period of two years. • -doing sth He proposed changing the name of the company. It is proposed to do sth It was proposed to pay the money from public funds.

Idioms and phrasal verbs are listed at the end of the entry.

no comment (said in reply to a question, usually from a journalist) I have nothing to say about that: 'Will you resign, sir?' 'No comment!'

count a gainst sb | count sth a gainst sb to be considered or to consider sth to be a disadvantage in sb: For that job her lack of experience may count against her. count 'down (to sth) to think about a future event with

The numbers tell you that reflect has different meanings.

Prepositions that follow reflect are shown in bold.

count @ A2 /kaunt/ verb, noun

SAY NUMBERS 12 [1] to say numbers in the correct order: Billy can't count yet. $\diamond \sim \text{(up)}$ to sth She can count up to 10 in Italian. o -from sth (to/up to sth) to count from 1 to 10 FIND TOTAL 2 % [T, 1] to calculate the total number of • INCLUDE 3 % [T] ~sb/sth to include sb/sth when you calculate a total: We have invited 50 people, not counting the children.

Dictionaries often provide synonyms (take sth in is a synonym for one meaning of absorb) and opposites: these help you to expand your vocabulary.

fa-vour @ [1] @ (US favor) /'fervə(r)/ noun, verb

HELP 1 & [C] a thing that you do to help sb: Could you do me a favour and pick up Sam from school today? < I'll ask Steve to take it. He owes me a favour. O Thanks for helping me out. I'll return the favour (= help you because you have helped me) some time. o as a - (to sb) I'm going as a favour to Ann, not because I want to. O Do yourself a favour (= help yourself) and wear a helmet on the bike. SEXPRESS YOURSELF at PERMISSION

It is followed by a noun, a that clause, or an -ing form, so you cannot say: He proposed us to go.

The grammar of each word is labelled, e.g. whether a noun is countable [C], uncountable [U], plural, or usually plural (as here), etc.

cir-cum-stance @ 120 /'ss:kəmstəns, -sta:ns, -stæns; NAmE's3:rkamstæns/ noun 1 & 2 [C, usually pl.] the conditions and facts that are connected with and affect a situation, an event or an action: Police said there were no rious circumstances surrounding the boy's death. o under... circumstances Under normal circumstances, your white blood cells are able to fight infections. o in... circumstances The company reserves the right to cancel this agreement in certain circumstances. O In exceptional circumstances, detainees could be denied access to a lawyer.

0		omplete the sentences with the correct verb, and use the numbers opposite to say wh eaning is being used.	ich
	,	There were about twelve on the bus, not the teachers.	
	2	I think she'll have to go away and on what we've said to her.	********
	3	There's no liquid at the bottom because the sponge has all the juice.	*******
	4	From the list, I have fifteen who still haven't replied to the invitation.	********
	5		********
		There was too much information to in one session; it was impossible.	*********
	6	In this game, one person closes their eyes and up to 50, while the others hide.	********
	7	He was standing behind me, but I could see his face in the water.	********
2	Co	omplete the sentences with a word from the opposite page.	
	1	Sam, could you me a favour? ~ Sure. What is it?	
	2	How many people were there? ~ Lots, but I didn't actually them.	
	3	There was so much information, I couldn'tit all in.	
	4	I only went to the party as a to Anne.	
	5	Prime Minister, do you have anything to say? ~ No	
	6	You can change the date in certain	
	7	Could I ask a? ~ Yes, of course. What do you want?	
	8	I'm sure Bob will do it. He me a favour.	
		THI Sale Boo VIII do N. Fie	
3	Cr	oss out the grammar mistake in each sentence and write the corrections at the end.	
	1	We could see our faces reflected on the water.	
	2	She proposed to leave the children behind گروه آموزش	
	3	You can take dogs into shops in certain circumstance.	***************************************
	4	There were ten people there, no counting the two of us.	
	5	I'll need to reflect in what he said.	
	6	He proposed us to take the car.	***************************************

4	Us	se the on to complete these sentences. You will find the answers in the full dictionary e	entries for
		e words shown on the opposite page.	
	1	I myself lucky to have a job that I really enjoy.	
	2	I'megual pay.	
	3	Under the, I would prefer not to say anything.	
	4	The whole incidentbadly on everyone involved.	
	5	You can email us or leave a on our website.	
	6	When you buy someone a present, it's the thought that	
5	Lo	ok up these words in the . What special information is given for each one? Write an	example
		ntence for each.	300
	inf	orm	
	ob	serve	
	fin	ding	
	im	mune	
6	Α	BOUT YOUR DICTIONARY Look in the @ at the full entry for a very common word such	as face,
	he	ad or take. Note down five or six new collocations, phrases, or phrasal verbs that inclu	de the
	ta	rget word.	

	_		
		TEST YOURSELF	

Describing appearance

A Physical features





My little niece Keira is so cute. She's got chubby cheeks¹ and huge brown eyes. My sister Jessica is a bit skinny and wears a lot of make-up. Sophie is gorgeous, with a great figure, and always looks very glamorous. One of my neighbours is bald², overweight and has a hideous tattoo³. My gran's getting on for 85 and has quite a few wrinkles⁴ now.

GLOSSARY		Shippy !	
cute	pretty and attractive, often used to describe babies, puppies, etc.	gorgeous inf	very beautiful and attractive SYN stunning the shape of a person's body
chubby skinny inf	slightly fat, but in an attractive way too thin (Slim and slender are 'thin' in an	glamorous	appearing more exciting and attractive than ordinary people
make-up	cream, powder, etc. that you put on your	overweight hideous	rather fat very ugly
	face to make you look more attractive: wear make-up	be getting on for sth	be nearly a particular age, time or number: It's getting on for midnight.

0	Would you be happy, unhappy or not sure to be described in these ways?
---	--

bald chubby cute full of wrinkles glamorous gorgeous hideous overweight skinny slim stunning HAPPY: UNHAPPY: NOT SURE:

Find six pairs of words in the box and explain the connection.

chubby wrinkles babies wear gorgeous overweight skin make-up cheeks stunning fat cute

Complete the sentences.

- My brother has now got a ______ of a heart on his chest. I think it's horrible.

 My brother has now got a ______ of a heart on his chest. I think it's horrible. 2 My mother's 50, but still has a great
- 3 Most babies seem to have a round face and chubby
 .
- 4 I want people to think I'm _____, but not too skinny.
- 5 He's got a few _____ now he's in his 70s, but I think they give his face character.
- 6 There's a picture of the two kittens asleep on a chair. They look very
- 7 My sister's boyfriends are usually quite ugly, but the new one is really
- , don't they? I'm sure they're different in real life. Film stars always look so
- My best friend Amelia is ______. I wish I was that beautiful.
- much make-up these days. 10 Idon't



B Clothes and appearance

DRESS FOR YOUR SHAPE

The key to dressing for your body shape is to enhance your best features and cleverly conceal the not so good ones. Here are a few guidelines:

- Wearing dark colours or vertical stripes1 will create the illusion of being slimmer.
- For women, high heels² are flattering because they exaggerate the length of their legs.
- If you are pear-shaped (with narrow shoulders and broad hips3), jeans that sit below the waist are flattering, as they draw attention to the waistline and make your bottom look smaller.



GLOSSARY	CALL TO SERVICE		
key to sth	the thing that makes you able to understand or achieve sth	create an illusion (of sth) flattering	make sth appear true, which in fact is false making sb look more attractive
enhance feature	increase or improve the quality, value or status of sth a part of sb's face or body	exaggerate	opp unflattering make sth seem bigger, better, worse or more important than it really is exaggeration n
conceal formal	hide sth	broad آموزش	wide: broad shoulders/hips OPP narrow (We use wide more to talk about distance
vertical	a decision or form an opinion OPP horizontal	draw (sb's) attention to sth	and geographical areas: The room was 4 metres wide.) make sb notice sth

4) Underline the main stress on each word. Use the @ to help you.

horizontal illusion vertical conceal create enhance exaggerate exaggeration guidelines

- 5 Circle the correct answer.
 - 1 If you create an illusion, you make something appear true / false.
 - 2 Guidelines usually stop you doing something / help you.
 - 3 Enhancing something is a positive / negative change.
 - 4 Lines that go up and down are horizontal / vertical.
 - 5 If you exaggerate something, you make it seem more / less important than it really is.
 - 6 People came to the music festival from a broad / wide area.
 - 7 If you wear something that is flattering, it makes you look worse / better than usual.
 - 8 If you conceal something, others can / can't see it.

6 Complete the sentences.

1 The right clothes can show off your best ______, e.g. long legs or a slim waist. 2 I don't look good in jeans: my waist is quite small but I've got broad _____. 3 Clothes with vertical _____ make you look slimmer; high ____ make you taller. 4 The _____to her success is talent, not good looks! 5 He wears a hat because he doesn't want to ______ attention to the fact he's bald. 6 To say he's the best-looking man in the world is a bit of an ____ 7 He's getting fat but he tries to ______ it by wearing very loose jackets.
 8 Those trousers are very _____ : they make her look fat. 10 I think it's useful when fashion experts give you _____ on how to dress.



Body language

A Reading the signs



BODY LANGUAGE can tell you a lot, but if you jump to conclusions when you are trying to interpret a particular gesture, you may misinterpret what it means. For example, people who look away to avoid eye contact may not necessarily be lying: they could just be very shy. To understand body

language, therefore, we need to observe a combination of behaviour. With lying, for example, look out for any of these:

- · avoiding eye contact
- sweating a lot
- · going red
- biting fingernails¹
- · constantly moving about

GLOSSARY			
jump to conclusions	make a decision about sth too quickly, before you have thought about all the facts	observe formal	see or notice sth. An observant person is good at noticing things. observation n
interpret	decide that sth has a particular meaning interpretation n If you misinterpret sth, you give it an incorrect meaning.	combination look out for sth/sb	two or more things that exist or are put together look and try to see or find sth/sb
gesture	a body movement you make to show a particular meaning	sweat	If you sweat , water appears on the surface of your skin because you are hot or nervous. sweat n
eye contact not necessarily	اموزش looking into another person's eyes used to say that sth is possibly true but is not always true	gored	become red in the face, often when you're embarrassed SYN blush all the time or very frequently

1 He sweats a great deal. 2 She goes red all the time. 3 She has strong powers of observation. 4 She never bites her fingernails. 2 Complete the sentences with a suitable word. 1 You should stop and think before to conclusions. 2 The teacher said shed out for more articles on body language. 3 In groups, I like to sit and listen, so I can how people react to each other. 4 I used to bite my a lot, but not any more. 5 Is it difficult to someone's body language if you don't know them well? 6 If you go red, does it mean you're angry? ~ No, not 1 use hand a lot. Sometimes it annoys people. 8 The increase in the number of students is the result of a of different factors. 9 It was so hot in the room, I was starting to move my feet when I'm nervous – I can't stop it. 3 ABOUT YOU Write answers to the questions, or talk to another student. 1 Do you use lots of gestures? If so, what type? 2 Do you think you are good at making eye contact with people? 3 Do you think you are observant? For example, do you notice what people are wearing? 4 Do you ever bite your fingernails? If so, why? 5 Do you blush easily? If so, does it worry you? 6 Do you like sitting and observing people when you are in public places? If so, why?	10	Good or bad? Write G or B.		
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5 Do you blush easily? If so, does it worry you?	4			
6 Do you like sitting and observing people when you are in public places? If so, why?	5	5 Do you blush easily? If so, does it worry you?		
	6	6 Do you like sitting and observing people when you	are in public places? If so, why?	***************************************

B Interpreting gestures

Here are some common interpretations of gestures, but remember the danger of **making generalizations about** body language.



 A clenched fist¹ often shows anger.



People who fold their arms² and cross their legs³ may be defensive, and may be signalling the fact that they disagree with you.



People who lean towards each other are displaying an interest in one another.



Women who fancy someone often touch their hair. Women also lift their heads to show more of their neck when they're flirting.

GLOSSARY	STATISTICAL STRAIGHT		irlanguage
make generalizations (about sth) anger defensive	make general statements about sth that may only be based on a few examples the state of being angry showing that you feel sb is criticizing you	signal display fancy inf flirt (with sb)	If you signal sth, you do sth that sends a particular message. signal n show signs of sth display n be sexually attracted to sb behave towards sb as if you find them sexually attractive, but not in a serious way

- 4 Cross out the wrong word.
 - 1 flirt with / by someone
 - 2 make/do generalizations
 - 3 a clenched hand/fist
 - 4 cross your body / legs

- 5 lean by / towards somebody
- 6 fold your arms / legs
- 7 send a signal / display
- 8 fancy someone / with someone

- Complete the sentences.
 - Both girls like Conrad, and they're always _______ with him.

 She ______ towards him and whispered something in his ear. I think she ______ him.

 If you say negative things about his work, he becomes a bit ______.

 I think I often _____ my arms and _____ my legs when I'm sitting.

 A clenched _____ sometimes indicates _____, but footballers also do it when they are happy because they've just scored a goal.

 Certain gestures between couples clearly _____ that they fancy each other.

 Hand and body gestures can mean different things in different countries, so it can be dangerous to make _____ about their meaning.

 Even when he's angry, he doesn't really _____ any signs of emotion.
- 6 ABOUT YOU Write your answers, or talk to another student.
 - 1 Do you often fold your arms or cross your legs? If so, why?
 - Do you think you lean towards people to show you are interested?
 - 3 Do you think you flirt much?
 - 4 If you fancy someone, what gestures do you make?



Physical actions



1 He's crawling along the floor.



2 She's kneeling (down) and praying.



3 She spilt the coffee.



4 He's diving into the water.



5 He's sweeping the floor.



6 She's shrugging her shoulders, كروه آموزشي lipstick.



7 She's putting on



8 He's leaning against a wall.



9 He's dragging the cabinet along the floor.



10 She's tearing a piece of paper in half.



11 He's plugging it in.



12 She's combing her hair.



13 She's folding the blanket in half.



14 He's begging for money.



15 He's sewing on a button.



16 He's nodding his head.



17 She's screwing it into the wall.



SPOTLIGHT nod and shake your head

In some countries, including Britain, you can nod your head (= move it up and down) to say 'yes', and shake your head (= move it from side to side) to say 'no'.

	help you.			same or unie	rent? Write S or D. Use the 🐵	
1	put/shrug		6	sew / screw		
,	shrug / button	***************************************	7	and the same of the same	********	
2	comb/nod	********	,	blanket / spill		
3		*******	8	sew / comb	,	
4	lean / tear v	*******	9	l <u>ea</u> n / l <u>ea</u> nt	********	
5	sw <u>ee</u> p / kn <u>ee</u> l	*******	10	kneel / comb	*********	
W		nse and the past partici	ple of the			
1	beg		6	kneel		
2	sweep		7	sew		
3	tear		8	put		
4	shake		9	lean		
5	nod		10	spill		
Co	omplete the phr					
1	fold something.		5	plug	the kettle	
2	lean		6	kneel		
3	dive	the lake	7	sew	a button	
4	put	lipstick	8	beg	money	
U	nderline the cor	rect answer				
1		against a <i>piece of paper / d</i>	oor .ī .	€ Koool do	wn on the blanket / kettle	
,					wn on the <i>blanket / kettle</i> .	
2		owel / cabinet in half.			d into the water / floor.	
3		body/wall to the döor.		He split t	he <i>drinks / blanket</i> .	
		/ li / li		CL	11 1 11 11	
4		on my hair/lipstick.			gged her <i>legs / shoulders</i> .	
5		on my hair/lipstick. In the toaster/button?			gged her <i>legs / shoulders</i> . ed along the <i>water / carpet</i> .	
	Could you plug i	n the toaster / button? tences.		10 He crawle	ed along the water/carpet.	
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Physical movement

A Ways of moving

It was a nice day so we decided to go for a stroll. I just spent the day wandering around town.

We were hiking in the countryside, and I stumbled on a rocky bit of path.

The soldiers marched along the street.

The police charged across the square towards the protesters.

I rushed to catch my train.

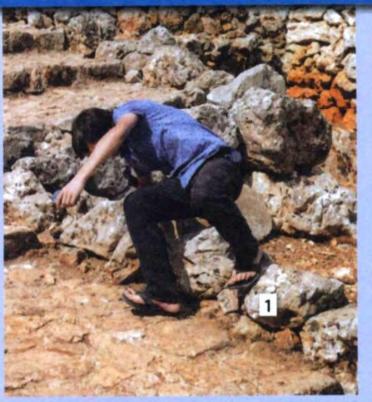
Two policemen chased the robber across the park. I ran flat out to get home before the others.

GLOSSARY

stroll wander (around/ about) hike stumble (over/ on sth) march charge rush

chase

a slow, relaxed walk: go for a stroll; stroll v walk somewhere slowly, often without any particular aim or in any particular direction walk a long way in the country: go hiking hit your foot against sth when you are walking or running and almost fall over trip (over) walk fairly quickly with regular steps (like a soldier) run straight at sb/sth in a noisy or aggressive way move or do sth at great speed, usually for an important reason or because you are late for sth run after sb/sth in order to catch them run after sb/sth



SPOTLIGHT idioms and phrasal verbs with run

run flat out run as fast as you can run off with sth take or steal sth:

- The thief ran off with my handbag. run sb/sth over hit sb/sth with a vehicle:
- I ran over the child's toy.

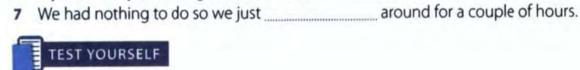
run away escape from somewhere:

The boy threw a stone then ran away.

0	A	nswer the questions.			
	1	TITLE OFFICE TO SELECT TO			ople rush?
	2	Who might run off with something?	6	Why do peo	ople trip over things?
	3	Who might chase after people?	7	Why do peo	ople wander around?
	4	What animals sometimes charge at people?	8	Where do p	eople go hiking?
2	C	orrect any mistakes in the underlined verbs. Be ca	ref	ul: the ans	wer may be correct.
_	1	We often go chasing in the countryside at the weekend			
	2	About 100 angry demonstrators stumbled down the st	tree	et.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	3	The car appeared suddenly, so I had to stroll across the road.			
	4	I tripped over and hurt my ankle.			
	5	He was terribly upset when he marched over the cat.			
	6	My dog loves to <u>charge</u> rabbits.			
	7	It was a very hot humid day so we just ran flat out through the park.			
	8	The teenager ran away because she was unhappy livin	g a	t home.	***************************************
3	C	omplete the sentences.			
	1	When Jordan heard about his brother's accident, he			to the hospital.
	2	I and fell into some long wet grass.			
	-	We had less of simples we decided to go for a			

They broke into the shop then _____ with the money across the park. The police car was _____ a black BMW through the streets at great speed.

My train was just leaving, and I had to run ______to catch it.



We had lots of time so we decided to go for a ..

B Physical exercise

My 20-minute workout

I'm not as agile as I used to be, and I was beginning to feel quite stiff early in the morning, so I asked a friend to devise a workout routine for me. First I warm up with some stretching¹ and bending, then I go on to more demanding activities, like pressups² to strengthen my muscles. But the key for me is variety: I like a constant change of activity to stay motivated. It's also vital that you finish by warming down with fairly gentle activities.





GLOSSARY	
workout	a period of physical exercise you do to keep fit work out v
agile	able to move quickly and easily agility n
stiff	feeling some pain, and unable to move easily
devise	invent a method or plan of doing sth SYN think sth up
warm up	do physical activities to prepare the muscles for exercise OPP warm down
bend	move your body forwards and downwards bent adj
demanding	(used about a task) needing a lot of effort or skill
constant	happening or existing all the time or again and again
motivated	wanting to do sth badly, often for a reason motivation n
vital	extremely important SYN essential, crucial

SPOTLIGHT verbs with -en

You can add -(e)n to a few nouns and some adjectives to form verbs.

- I want to strengthen my arms. (= make them stronger)
- They plan to widen the road. (= make it wider)
- The illness has weakened him. (= made him weaker)
- 4 Put these words in three groups according to the pronunciation of the letter 'i'. Use the @ to help you.

stiff agile agility crucial motivated devise demanding widen essential vital

S Circle the correct answer(s). Sometimes both answers are correct.

- 1 I worked in the garden yesterday, so I feel a bit stiff / demanding today.
- 2 It's easier to touch your toes if you stretch / bend your knees.
- 3 It's vital / crucial that you do exercises that are suitable for you.
- 4 You should warm up/down when you have finished your exercises.
- 5 My brother thought up / devised this new training method last year.
- 6 I can reach the ceiling if I stretch / bend my arms.
- 7 I do a short workout / press-up every morning.
- 8 I can't do certain activities because I'm not demanding / agile enough.

6 Complete the sentences.

1	1 couldn't finish my exercises because of thephone calls I was getting.	
	2 I want toa way of doing more exercise during my working day.	
	3 If I forwards quickly, I get a bit of a pain in my back.	
4	4 My brother does 30 every day. He wants to stay fit so is very	
5	5 You must do this exercise with your knees, not straight.	
	6 I've got a bad knee so need to the muscles to give my knee more suppo	rt.
	7 My brother usually in the gym two or three times a week.	
8	8 The problem is that a lot of people don't have the to exercise regularly.	
9	9 I want to run a marathon next year, but I know it will be very	
0	I had much more when I was younger. Now I feel stiff when I get up.	



Sight

A Are computers bad for your eyesight?

eyesight

Many of us spend hours every day working at a computer. As a result, eye strain and blurred vision are common complaints. Most people also blink less frequently when they are concentrating, resulting in poor tear production, which can irritate the eyes. Here's how you can change your computer use and ease your discomfort:

- adjust your computer screen so that it is 50-65 cm from your eyes, just below eye level
- adjust the lighting to eliminate any very bright lights
- take frequent breaks, blink often to stop your eyes becoming dry, and let your eye muscles relax by looking into the distance every 15 minutes.

Remember: if a problem continues, see an optician.

GLOSSARY	
eyesight	the ability to see ALSO sight SYN vision; good/poor eyesight
strain	an injury in part of your body often from using it too much: eye strain, back strain
blurred vision	If your vision is blurred, you cannot see clearly
blink	shut and open your eyes quickly
concentrate	give all your attention or effort to sth concentration n
tear	a drop of liquid that comes out of your eye when you cry
irritate	cause a part of the body to be painful or sore irritation n
ease	make sth less unpleasant or painful
discomfort	a slight feeling of pain and being uncomfortable
adjust	change sth slightly to make it more suitable adjustment n
eliminate	remove or get rid of sth elimination n
optician	a person whose job is to test people's eyes, sell glasses, etc. An optician's is a shop where an optician works.

1) The pronunciation of the letter 'i' is the same as in bit in eight of the cases underlined. Which four are different? Use the @ to help you.

discomfort eyesight strain eliminate irritate vision blink optician

- 2 Circle the correct word(s). Be careful: sometimes both words are possible.
 - 1 Did you know that pigs often have really poor sight / vision?
 - 2 The optician can eliminate / adjust your glasses if they are too loose.
 - 3 We are currently trying to eliminate / ease theft from our offices.
 - 4 I can get eye strain if I irritate / concentrate for too long without taking a break.
 - 5 These eye drops should adjust / ease the pain.
 - I could see a strain / tear in the corner of her eye.
 - 7 If you get any discomfort / irritation, go and get your eyes checked.
 - 8 She got a new pair of glasses from the doctor's / optician's.
- 3 One word is missing in each line. What is it, and where does it go?
 - Sore, tired or burning eyes are symptoms of eye.
 - 2 I went to the chemist's to get some stuff to the pain.
 - 3 I think these glasses will be fine with a small.
 - 4 Even with glasses, there are some problems you can't completely.
 - 5 The said I needed new glasses.
 - Bright lights for a period of time can your eyes.
 - People's vision can be a bit if they drink too much alcohol.
 - There were in her eyes when she told me the sad news.
 - 9 The flash of a camera makes a lot of people.
 - 10 If you work too long, tiredness will affect your powers of.
- ABOUT YOU Have you suffered from any of these problems? If so, what did you do about it? Write your answer, or talk to another student.



B A peaceful sight

We stood at the top of the hill for ages, gazing at the spectacular view below. In the distance, the port was barely visible through the early morning mist, but we could just make out the island. As we drove back down, I caught a glimpse of a waterfall and asked Marcello to stop. Then, all of a sudden, a young deer appeared with its mother. They stood completely still, looking at us suspiciously, then ran off and vanished into thin air.



GLOSSARY	
gaze at sb/sth	look at sb/sth for a long time because you are interested in them/it or are thinking about sth else gaze n
spectacular	very impressive to see
barely	only with great difficulty or effort SYN only just
visible	Sth that is visible can be seen. OPP invisible
mist	a thin cloud just above the ground making it difficult to see misty adj
make sth/sb out	see, hear or understand sth/sb with difficulty
stand still	stand without moving at all: keep/stay/sit still
suspiciously	carefully because you think there may be sth wrong or dishonest suspicious adj; suspicion n
vanish	disappear vanish into thin air disappear suddenly

SPOTLIGHT ways of seeing

If you catch a glimpse of sth/sb, you see it/them for a very short time and not clearly or completely. If you glance at sb/sth, you look at them/it for a moment. If you spot sb/sth, you see or notice sb/sth, especially suddenly or when it is not easy to do.

- We caught a glimpse of the actress as she left the theatre.
- Iglanced at my watch to see if it was time to go.
- I spotted several mistakes in my work just before I handed it in.

-	Court of the Cart of the Court of the Court of the Cart of the Car	
5	Correct the spelling mistake(s)	in each contonco
	correct the spenning mistake(s)	III cacii sentence.

- The view was spectactular.
- 2 She looked at us suspisiously.
- 3 I could barily see them.
- 4 When the bird was stil, it was unvisible.
- 5 We just caught a glimse of the deer.
- 6 I granced at my friend.

6 Underline the words which are possible. More than one word is often possible.

- 1 The bottom of the valley was invisible / misty / suspicious.
- 2 The castle was visible / standing still / spectacular.
- 3 The man was badly dressed and looked suspicious / spectacular / misty.
- 4 After an hour, we finally caught a glimpse of / spotted / glanced at the rare bird.
- 5 Could you please stand/wait/keep still?
- 6 When Lia came in, I quickly glanced at / gazed at / spotted John next to me. He smiled.
- 7 We could suspiciously/only just/barely see the church in the distance.

Rewrite the sentences using the words in capitals. The meaning must stay the same.

1	He sat without moving while I drew him.	STILL	
2	I was only just able to see the boat on the horizon	. MAKE	
3	They were both watching me; I don't know why.	GAZE	
4	Those stars can't be seen without a telescope.	INVISIBLE	
	Wa could baraly san the trans through the saint	ONIIV	

- 6 After a while I could see Leo in the crowd.

 ONLY
 SPOT
- 7 The thief ran out of the building and disappeared. THIN AIR
- 8 I briefly saw Blanca as she left the shop. GLIMPSE

 9 Please don't move. KEEP
- 9 Please don't move. KEEP

 10 I didn't believe he was telling the truth. SUSPICION



12 Sounds and hearing

A Things I don't want to hear

There are noises I love - when someone bursts out laughing, or people cheer at football matches, for example - but if I went deaf, there would also be noises I wouldn't miss:

- background noise of cars, machines, etc. that can be so irritating
- the sound of a child in tears
- the sound of someone sneezing¹ that makes me worry I will be the next person to catch their cold.
- someone whispering behind me I imagine they are talking about me!
- overhearing something unpleasant that I wasn't meant to hear
- someone sighing
- people booing at sports events or other occasions it's very rude.
- my partner snoring!



GLOSSARY	对下的产品的企业,在196 0年代	1000	
burst out laughing	suddenly start laughing, often loudly	catch a cold whisper	get an illness: catch a cold / (the) flu speak very quietly in sb's ear so others cannot
cheer	shout to show that you like sth or to encourage sb in a sporting event, etc. OPP boo	overhear	hear whisper n: He spoke in a whisper.
deaf	unable to hear. Blind is unable to see.	overnear	hear what sb is saying, by accident, when they are speaking to sb else
background noise	sounds or noise that can be heard but aren't the centre of attention and are often unwanted	sigh	let out a long deep breath to show you are tired, sad, disappointed, etc.
irritating	annoying; making you angry	snore	breathe noisily through your nose and mouth
in tears	crying		when you are asleep

- Correct the mistake in each sentence.
 - There was a lot of background noises.
 - 2 We burst out laugh.
 - 3 The poor boy was into tears.

- 4 Did you overhere what she said?
- 5 Please stop wispering like that.
- 6 My husband snorts in his sleep.
- 2) Find five phrases from the words in the box

background	in	catch	in a	burst out	whisper	tears	laughing	noise	a cold	
					***************************************		***********			

- 3 Complete the sentences with a suitable word or phrase.
 - When you have a cold, you often ______ a lot.
 - 2 My next-door neighbour has been ______ for several years, and now has a guide dog.
 - 3 The poor man can't hear a thing: he's been ______for years.
 - 4 If you spend time with someone with a cold, you might _____ their cold.

 - 5 If you don't want someone to hear what you are saying, you should
 - when Liam won, but a couple Most people stood up and It was a bit embarrassing.
 - in my sleep. 7 One or two people have told me !
 - like that, I can tell she's disappointed. When my mother
 - two people on the bus talking about unpleasant noises. It was quite funny.
 - A lot of young people talk very quickly and not very clearly. It's very



B A sound story

It was a dark and stormy night. I shut my eyes ...

- · I could hear a car horn in the distance.
- Several dogs were barking.
- I heard a crash.
- Someone yelled.
- · A car door slammed.
- Something hit my window it cracked.
- I heard footsteps in the hall.
- Silence. Then my door handle turned.
- · I screamed and woke up.
- It was a nightmare. I breathed a sigh of relief.

GLOSSARY	ASSESSED WAS A STATE
horn	the thing in a car that makes a loud warning noise
bark	(of dogs) make a loud short noise or noises
crash	a sudden loud noise made by sth hitting sth, etc. crash v
yell	shout very loudly
slam	shut or make sth shut very loudly
crack	break or make sth break so that a line appears on the surface but doesn't break into pieces: The glass has cracked. The stone cracked the windscreen. crack n
footsteps	the sound or marks made when you walk or run
silence	no noise or sound at all
scream	make a loud, high, unpleasant sound scream n
(breathe) a sigh of relief	let out a long deep breath when sth unpleasant stops

SPOTLIGHT nightmare

A **nightmare** is a frightening or unpleasant dream. It is also used informally to describe a bad or unpleasant experience.

- My trip to London was a nightmare: all the trains were delayed.
- 4 Put these words in three groups: 1 no noise 2 a noise 3 a loud noise.

crack	bark	sigh	yell	silence	scream	footsteps	slam	crash
1			*****	2		3		

- Match 1-5 with a-e.
 - 1 The door
 a barked.

 2 The car
 b cracked.

 3 The dog
 c slammed.

 4 The glass
 d screamed.

 5 The woman
 e crashed.
- 6 Replace the underlined words with a single word. Keep the same meaning.
 - I walked into the classroom. There was no noise at all.
 I opened the door and someone started shouting really loudly.
 My partner has had bad unpleasant dreams for some time now.
 - 4 I could hear the sound of somebody walking along the path towards the door.
 - 5 He walked out angrily and shut the door loudly.
 - 6 I heard the car's brakes and then a loud noise of it hitting something.
 - 7 After I dropped the glass, it had <u>lines along the surface</u>, so I got rid of it.
 - 8 A spider suddenly appeared, and Kasia let out a high unpleasant sound.
- Complete the text.

Where I work is to	errible. For a start, th	ere's constant background noise fro	om the traffic, with driver	rs sounding
their car (1)		ong. Then there is a dog that's ofter		
(2)	all the time. And	in my office I have several colleagu	es who are always (3)	
at each other - th	ey can't talk in a nor	rmal voice - and can't seem to leave	e the office without (4)	***************************************
the door. It's an al	osolute (5)	, and I breathe a (6)		every
day at 5.30 when	it's time to go home		* * ***********************************	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,



Touch

A Ways of touching



1 She squeezed the bottle. 2 I tapped him on the



shoulder.



3 He grabbed my bag.



4 She pinched my arm.



5 He punched him.





6 The cat scratched me. 7 They hugged each other. 8 She slapped his face.





9 She rubbed the suntan lotion on.

SPOTLIGHT verbs and nouns

Some of these verbs can be used as nouns with the same meaning.

- She gave him a punch/slap on the arm.
- He gave her hand a squeeze.
- Give him a tap on the shoulder.
- I got a scratch on the car.

0	Can you do	this with one	finger? Write	Yes or No).
---	------------	---------------	---------------	-----------	----

- hug someone
- 2 rub someone/something
- 3 grab something
- pinch someone

- scratch someone
- tap someone on the shoulder
- 7 slap someone

2 Answer the questions. Write Yes or No.

- 1 If you punch someone, do they usually laugh?
- 2 If you hug someone, are you trying to hurt them?

- 5 If you grab something, do you do it quickly?
- 7 If you slap someone, does it often hurt?

8 punch something

- 3 If you tap someone on the shoulder, are you trying to get their attention?
- 4 If you scratch your car, are you happy about it?
- 6 If you pinch someone, is it nice?
- 8 Can you squeeze a bottle of milk?

3 Complete the sentences.

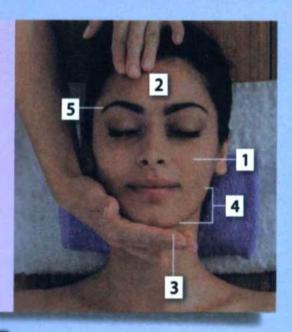
- 1 He her hand until it started to hurt.
- 2 Someone _____ me a _____ on the shoulder, so I turned round.
- 3 The youth _____ the woman's purse and ran off down the road.
- 4 When Sam left for his trip, he said goodbye to his wife and her a
- People were horrified when the mother _____ the child round the face.
- his hands to keep warm.
- Joe in the stomach, and he dropped to the floor. The man
- your mosquito bites they'll start to bleed. Don't



B Massage

A Simple Face Massage

- Start by gently stroking the whole face. With both hands, slide up the neck, across the cheeks1, then up and over the forehead2. Apply gentle pressure to the sides of the head.
- 2 Stimulate the skin by gently patting the cheeks and neck.
- Use your fingertips3 to lightly massage the skin around the jaw4.
- 4 To release tension around the eyes, firmly press down on the eyebrows5 with your fingertips.
- 5 Massage the scalp vigorously as if shampooing your hair.



GLOSSARY

massage (see picture): have a massage; massage v

stroke move your hand over sb's skin, hair, etc. gently and slowly

slide move or make sth move smoothly along a surface

apply pressure (to sth) press on sth hard with your hand, foot, etc. stimulate make a part of the body or skin more active

pat touch sb/sth gently a number of times with a flat hand or

both hands

tension You have tension if your muscles are tight and not relaxed

and you need to release (= free) the tension. scalp

the skin that covers the part of the head where the hair grows

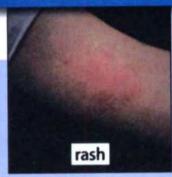
SPOTLIGHT adverbs of manner

Gently and lightly are soft, relaxed movements. Firmly is much stronger. If you move your hands steadily, you make regular movements. Vigorously means in a very energetic and active way. energetically.

4	A	re these	actions usual	ly gentle, c	or can they be	quite vigorou	is?		
	sti	roke	massage	slide	apply pressu	ire pat	stimulate		
	GE	ENTLE:							
			GOROUS:						
5	Co	over the	text and look	at the face	. What does e	ach number i	dentify?		
	1		***************************************		3		5		
	2	***************************************	***************		4	*			
6	1 2	I often		my forehea	nd, cheeks and r		es the skin.		
	3		quietly, gently						
	4	The phy	sio just used hi	is fingertips t	o apply	to the	e back of my neck.		
	5	5 When the hairdresser washes my hair, he massages my quite							
	6	The doctor pressure to the wound to stop the bleeding.							
	7	Don't use the whole of your fingers for massage, just the							
	8	I think a	massage is one	e of the best	***************************************	in your body.			
	9	Massage and exercise help toblood circu							
1	10				utomatically as y				
1	11	Itapped	him	on th	ne shoulder to g	et his attention			
1	12	I pressed	the button		but still noth	ng happened.			

14) Illness

A Types of illness







MORE MINOR

hay fever: an illness affecting the eyes, nose and throat, caused by breathing

in pollen

a rash: an area of red spots commonly caused by an illness or an allergy

MORE SERIOUS

asthma:

an **allergy**: a condition that makes you ill when you eat, touch or breathe certain things that don't normally make people ill, e.g. eating nuts. Allergies can be minor or very serious. **allergic** (to sth) adj

a condition that gives people breathing difficulties

diabetes: a disease caused by an inability to control the level of sugar in

the blood

POTENTIALLY FATAL

e.g. lung cancer, breast cancers a very serious illness in which a lump grows in the body

a heart attack: a sudden, serious illness when the heart stops working correctly

GLOSSARY not very big, serious or minor important the powder produced pollen by some plants usually; very often; commonly by most people the fact of not being inability able to do sth potentially that may possibly happen or become sth potential adj causing or ending in fatal death: a fatal accident

lump

a swelling under the

skin which can be

small or large

1 hg 2 al Com 1 l'r 2 D 3 lt'	eart breast llergy rash aplete the m orugs are a _ 's clear that	sentenc	4 aller	gy lung s. I get a			d <u>i</u> abetes h <u>a</u> y f <u>a</u> ta	m <u>i</u> nor		7	<u>a</u> llergy p <u>o</u> tenti	<u>a</u> llergic al asthm	n <u>a</u>
1 l'r 2 D 3 lt'	m Orugs are a _ 's clear that	t	o prawn	s. I get a									
2 D 3 lt	rugs are a 's clear that		o prawn	s. I get a									
2 D 3 lt	rugs are a 's clear that		·		*************		on my	face if I e	at just	one.			
3 lt	's clear that	em alde	****************	used trea	tment f	for many	illnesses						
A A		SITIOKING	increase	es your r	isk of lu	ng		, which	ch is			fatal.	
- A	friend of m	nine has	very se	rious			f he eats	peanuts	he has	sab	ad react	ion.	
5 1	get a bit of bout it.	hay		ever	y sumn	ner, but i	t's only a	***************************************		pr	oblem.	l don't w	orry
6 If a	you are ser	riously ov se, heart	erweigh	t, it is a	•		problem	: you are	more	at ris	k from .	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	***************************************
7 0	ne of my fr	iends die	ed in a		r	road acci	ident.						
8 T	he		to contro	ol the le	vel of su	gar in th	ne blood	is			very seri	ous.	
	bine word						out the	illnesse	s and	thei	r cause	s and sy	mpton
	reathing dif		alle		sugar	pollen	lump)					
***********											***************************************	***************************************	***********
***********	***************************************				***************************************			***************************************		*********			
***************************************				***************************************		***************************************	***************************************			*********		***************************************	

GLOSSARY

expiry date

B Medicine labels

These tablets must be dissolved in water.

For **short-term** use only.

Please read the enclosed leaflet before taking these tablets.

Discard any remaining solution 60 days after opening the bottle.

Possible side effects may include stomach disorders.

DO NOT **EXCEED** THE STATED DOSE

If symptoms persist, consult your doctor.

Do not use after the expiry date.

GLOSSARI	
dissolve (in sth)	(of a solid) combine with a liquid and become part of it
short-term	lasting only a short period: a short-term solution OPP long-term: a long-term contract
dose (ALSO dosage)	the amount of a medicine that you take at any one time
enclosed	included inside sth else, usually inside a letter or a packet
leaflet	one or several pages of printed free information about sth
side effect	an extra and usually bad effect that a drug has on you
disorder	illness to a part of the body
discard	get rid of sth you no longer want or need
persist	(especially of sth unpleasant) continue to exist persistent adj
consult	ask sb for some information or advice consultation n

the date after which sth should not be used

SPOTLIGHT exceed and excess

- 1 do more of sth than is stated in an order or a law: Don't exceed the stated dose. You shouldn't exceed the speed limit.
- 2 be greater than a particular number, amount or quality:
- The cost won't exceed \$5,000. OR The cost won't be in excess of \$5,000.
- True or false? Write T or F. Correct any false sentences.
 - 1 Drugs can have side effects.
 - 2 If something is enclosed, you can't open it. 6 'In excess of 50' is more than 50.
 - 3 You can read a leaflet.
- 5 If something persists, it stops.

 - You can dissolve sugar in hot water.
 - 4 A disorder means a machine isn't working. _______ 8 If you consult someone, you disagree with them. _____
- 5 Add a word to complete an instruction or a common phrase.

 - 3 the expiry
 - 1 Don't exceed the stated ______ of 20 people
 2 a long-_____ solution 5 common side ______
 3 the expiry 6 Read the ______ leaflet

 - 6 Read the leaflet.
- 6 Use one word to complete the sentences on the right with the same meaning as those on the left.
 - 1 It's all there in the information they provide.
 - 2 He's got something wrong with his stomach.
 - 3 The information is included with this letter.
 - 4 One teaspoon is the amount you should take.
 - 5 See a doctor if the symptoms don't go away.
 - 6 Don't use after the end of July.
- It's all there in the _____. He's got a stomach _____. The information is _____.
- One teaspoon is the _____.
- See a doctor if the symptoms _____. Don't use after the expiry

- Complete the sentences.
 - 1 You can buy aspirin, which ______ in water; that avoids taking tablets.
 - 2 I've had a cough for weeks now; the doctor thinks I should a specialist.
 - 3 Lought to ______ the contents of this bottle: it's been open for months.
 - 4 The doctor gave me sleeping tablets, but it's only a solution.
 - 5 This is a powerful drug so I mustn't the stated dose.
 - 6 I've already had a _____ with one doctor, but he wasn't very helpful.



Injuries

A From head to toe













My cousin fractured his skull' when he came off his motorbike. He was unconscious for several minutes. I once got a black eye² in a fight at school. I dislocated my shoulder playing rugby. I sprained my wrist when I fell off my bike. I twisted my ankle running for a bus. I used to get lots of blisters3 on my feet from running. I've bruised myself hundreds of times.

GLOSSARY

hundreds (of sth) inf

fracture break a bone or some other hard material unconscious in a state like sleep, often because of an injury or an illness OPP conscious dislocate put sth (usually a bone) out of its correct position injure a part of your body, especially your wrist or sprain ankle, by suddenly bending or turning it SYN twist your ankle (NOT USUALLY twist your wrist) a swelling on the surface of the skin that is filled blister with liquid and is often caused by rubbing or burning get or make a blue, brown, etc. mark on the skin bruise after sb has fallen, been hit by sth, etc. bruise n a lot; a large amount: hundreds of things to do

SYN masses (of sth)

SPOTLIGHT verbs, nouns and adjectives

A number of the verbs above can also be used as nouns, and some of the past participles from these verbs can be used as adjectives.

- He's got several fractures.
- a sprained wrist
- · I've got a large bruise on
- a twisted ankle
- my arm. a dislocated arm

- Answer Yes or No.
 - 1 Can you talk when you're conscious?
 - 2 Can you twist your eye?
 - 3 Can you sprain your ankle?
 - 4 Can you fracture a fingernail?

- 5 Can you bruise your hair?
- 6 Can you dislocate a finger?
- 7 Can you get a blister on your hand?
- 8 Can you write when you're unconscious?
- 2 Put the following in order from most serious (1) to least serious (6). Give your reasons.
 - a twisted ankle a fractured skull
- a dislocated elbow
- a black eye

a bruise on the arm

a blister

- Complete the sentences.
 - He's injured himself _____ of times playing rugby.
 - 2 The man wasn't moving. I thought he was dead, but in fact he was
 - 3 He told me he got a black _____ when his dog jumped up and hit him in the face.
 - 4 When I _____ my finger, the doctor put it back into position and it hurt!
 - 5 His arm is black and blue from the ______he got from falling off the wall.
 - 6 Do you often get _____ on your feet from walking in new shoes?
 - 7 Clara _____her leg skiing and hasn't been able to walk for weeks.
 - 8 I sprained my _____, and then the next day I twisted my ____.
- ABOUT YOU Write your answers, or talk to another student.
 - How many of the injuries at the top of the page have you had?
 - Which of the injuries at the top of the page require a visit to the hospital? Which require a visit to the doctor?



B First Aid

FIRST AID: To clean a wound, you need to bathe it thoroughly. For a small cut, just put on a plaster. For a more serious wound, especially if it is bleeding quite a lot, cover it with a clean dressing to prevent infection, and then hold that in place with a bandage. Most cuts heal within seven days.

If a part of the body is swollen, apply a bag of frozen peas wrapped in a towel to reduce the swelling.







GLOSSARY first aid simple medical treatment that is bleed lose blood bleeding n given to sb, often before a doctor in place in the correct or usual position: hold sth comes or before the person can be in place taken to a hospital heal (especially of a cut) become healthy again wound an injury to a part of your body, swollen bigger than usual because of an injury or especially a cut, and often from a an illness. A swollen arm or leg from an weapon wound v (usually passive) injury may also be blue or purple. bathe wash part of the body, often for swelling n medical reasons cover or tie sth around an object or part wrap in a careful and complete way thoroughly of the body

SPOTLIGHT infection

An infection is an illness caused by bacteria or a virus. (Both are small living things that can only be seen through a microscope.) An infectious illness or disease travels easily from one person to another.

	گروه آموزش	
	يروه آموزشي s the pronunciation of the underlined letters the same or different? Write S or D. Use the selp you.	o to
1 2 3 4 5		
Co	Complete the sentences.	
1	We did a bit of first when I was at school.	
2	7	
3	annananan 7	
4		
5		
6	Could you put your finger there to hold the dressing in?	
7	An infection can be caused by or a	
8	He wasin the leg when he was attacked by a man with a knife.	
9	I put a large plaster on the cut to stop the	
10		
Те	est your knowledge of first aid. Answer the questions.	
1	What is the purpose of doing first aid?	******
2	What is the first thing you should do with a wound?	
3	/ F	
4	Why do you need a clean dressing?	
5	What is the purpose of a bandage?	**********
6	How long does it take for most cuts to heal?	********
7	Why would you wrap frozen peas in a towel?	
8	What is the main risk with an infectious disease or illness?	

16 Character

A Personal qualities

Online dating: find your dream partner

Galina's profile:

My friends describe me as a real extrovert. I'm an enthusiastic, talkative sort of person, but at the same time I love to hear other people's opinions. I'm also quite decisive and feel able to assert myself in different social situations. I have a very positive attitude to life, and I'm truly passionate about health and fitness. My sister describes me as a lively and dynamic person.

GLOSSARY

talkative

decisive

extrovert a lively, confident person who enjoys being with other people OPP introvert; extrovert

adj, introverted, introvert adj

enthusiastic feeling or showing a lot of excitement or

interest about sth/sb enthusiasm n

A talkative person likes to talk a lot.

able to make decisions quickly and

with confidence

assert yourself behave in a confident way and say clearly

what you think or want assertive adj

attitude (to/towards/ the way you think or feel about sth/sb

about/on sth/sb)

truly used to emphasize sth; very
passionate very enthusiastic or interested

(about sth) passion (for sth) n lively full of life and energy

dynamic having a lot of energy and a strong personality

1	Is the pronunciation of the underlined letters the same or different? Write 5 or D.
	Use the @ to help you.

dynamic truly

passionate assert

passion enthusiastic

lively dynamic

truly

assertive introvert

assertive extrovert

enthusiasm decisive

assertive attitude

2 Correct the mistake in each sentence.

- My sister is absolutely passionate for skiing.
- 2 She can't make up her mind about the holiday. She's not very deciding about things.
- 3 Maurice really needs to assert him in meetings. I never know what he thinks.
- 4 The professor talked with great enthusiastic about the new developments in chemistry.
- 5 Helene has a live personality and everyone likes her.
- 6 Her colleagues appreciate Anna's pleasant and dynamism manner.
- 7 My cousin has a passion of Scottish castles. He spends all his time visiting them.
- 8 I'm true passionate about the problem of global warming.

3 Complete the dialogues.

- 1 Su and Dan love climbing and they go all the time. ~ I know they're _____about it.
- 2 Robina just concentrates on her own thoughts. ~ Yes, she's an ______.
- 3 She's full of ideas and has lots of energy. ~ Yes, she's very _____.
- 4 Oren is very confident and gets people to listen to what he thinks. ~ Yes, he's ______.
- 5 Ryan is very interested and excited about the new school plans. ~Yes, he's very
- 6 Ruby loves to chat she never stops. ~ Yes, she's very _____.
- 7 Carly makes choices quickly and with confidence. ~ Yes she's very _____.
- 8 The children are running about and having fun. ~ Yes, they're very ______today.
- 9 Adam's confident, open and enjoys being with people. ~ Yes, he's an ______.

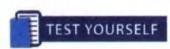
4 ABOUT YOU Write your answers, or talk to another student.

Who among your friends and family is ...

an extrovert? an introvert? very talkative? dynamic?

truly passionate about something? (What?) assertive? enthusiastic about cars?

My sister is an extrovert. She loves talking to people and is very confident.



B Ideal match

Galina describes her ideal match:

I'm attracted to men who are considerate and sensible, and they should be happy to show affection too. I'm not looking for a saint – just a normal guy who is sincere and is looking for a genuine relationship. I don't like people who show off or boast about things. I'm interested in someone with integrity who is decent and has ethical values. And if they like the outdoor life, so much the better!

SPOTLIGHT saint and holy

- 1 A saint (abbreviations S, St) is a person that the Christian Church recognizes as being very holy (= good in a religious or moral way) because of the way they have lived or died.
- 2 In the text, a saint (inf) is a very good, kind person.

GLOSSARY	The Market State of the Land o
considerate	thinking about other people's wishes and feelings SYN thoughtful OPP inconsiderate ; consideration <i>n</i>
sensible	make good judgements based on reason and experience rather than emotion
affection	the feeling of liking or caring about sth/sb affectionate adj syn loving
sincere	(of feelings or beliefs) showing what you really think SYN genuine OPP insincere
show off inf, disapproving	behave in a way that is intended to attract people's attention and make them admire you. A person who does this is a show-off .
boast	talk with too much pride about sth you have or can do
integrity	the quality of being honest and having strong moral principles
decent	honest, good and fair
ethical	connected with beliefs and principles about what is good and right ethic n: They're looking for people with a strong work ethic .

2	1 LI	te text, a saint (IIII) is a very good, kind person.	
5	Po	ositive or negative? Write P or N. That woman is a real saint موزش موزش معادة على المسابق ال	
	1	That wornan is a real saint.	********
	2	The decision is completely ethical.	110000
	3	He's a decent guy.	*******
	4	She shows off a lot. 9 I think she's inconsiderate.	********
	5	He's very genuine. 10 He has integrity.	********
6	Ci	ircle the correct word.	
	1	Angela arrived in an expensive outfit, covered in jewellery. I think she was showing of	ff/boasting.
	2	Mario adores his wife and is very holy / affectionate towards her.	
	3	I think you can trust Jamelia's judgement; she's very affectionate / sensible.	
	4	Do you think Mr Erickson is ethical / sincere about wanting to help us?	
	5	Decent / Thoughtful people don't go stealing from shopping malls.	
	6	We need people in this company who have a strong work integrity / ethic.	
	7	You have to be a show-off/saint to live with Duncan; he's a very difficult person.	

7 Complete the sentences.

1 It's ________ to give your seat to an elderly person on a bus or train.

2 Where I live, you should never show any ________ to your husband or wife in the street.

3 A lot of people who _______ off are unsure of themselves and are seeking attention.

4 Some people ______ about their expensive holidays. It gets on my nerves.

5 ______ people are kind and friendly towards strangers or foreigners.

6 People who keep you waiting for over fifteen minutes are really ______.

7 In my country, shop assistants smile a lot and seem friendly, but I don't think that it's ______.

8 In my country, most politicians have ______ and can be trusted.

8 ABOUT YOUR COUNTRY Are the sentences in Exercise 7 true about your country? If not, what is the truth? Write your answers, or tell another student.



17 Assessing character

Interviews were conducted on July 30th for the flight attendant training programme. We require a calm, confident and hard-working person.

	NAME	Interviewer's comments	?
	Joel Robbins	Joel seemed rather arrogant and immature. He started badly by saying some idiotic things about the company, showing that he wasn't at all knowledgeable about it. He struggled to answer the most basic questions.	no
	Makiko Yaguchi	I didn't know what to make of her at first, but as the interview progressed, I felt she was a very capable person, mature and motivated.	yes?
(F)	Marek Novak	At first he came across as timid and lacking in confidence. However, as he relaxed, I could see he was actually quite charming. He seemed conscientious and efficient, and I think he would take the job seriously.	yes?
1	Jacinta Ribeiro	treally took to Jacinta immediately. She struck me as a confident, straightforward candidate, and I feel she has great potential.	yes

GLOSSARY	OVER STORES OF STREET		
arrogant	behaving in a proud, unpleasant way arrogance n	confidence	a belief in yourself and your abilities confident adj
immature idiotic	behaving in a way that is typical of much younger people OPP mature	charming conscientious	very pleasant charm <i>n</i> taking care to do things carefully and correctly
knowledgeable struggle	very stupid SYN ridiculous ; idiot n knowing a lot SYN well informed try very hard to do sth when it is difficult or	efficient	doing sth well without making mistakes or wasting time efficiency n
(to do sth)	there are a lot of problems struggle n able to do things well	take sth/sb seriously	think that sth/sb is important and is worth your attention
motivated	wanting to do sth, especially sth involving hard work motivation <i>n</i>	take to sb/sth straightforward	start liking sb/sth honest and open about your feelings
timid be lacking in sth	shy and nervous having none or not enough of sth ALSO lack sth	potential	and opinions qualities in a person that exist and can be developed potential adj

SPOTLIGHT creating and forming an impression

make sth of sb understand the character of sb:

I didn't know what to make of him. What do you make of the new receptionist? come across (as sth) make a particular impression SYN come over (as sth):

- He came over/across very well in the discussion.
- He comes over/across as an efficient person.
 strike sb as sth give somebody a particular impression:
- Chartman as componential the structure as as and
- She struck me as someone with potential. He struck me as odd.

1 Complete the table.

NOUN	ADJECTIVE	
	arrogant	
	confident	
	efficient	
	charming	
motivation		
potential		
knowledge		
idiot		

potential	
knowledge	
idiot	
Is the pronunciation of the underline	d letters the same or different? Write S or D.
Use the @ to help you.	
1 mature charm	5 ridiculous seriously
2 confidence idiot	6 capable arrogant
3 straightforward well-informed	7 ridiculous struggle
4 potential confident	8 conscientious efficient
Complete the dialogues in a suitable	way.
	business? ~ Yes, he's very
2 Does she say exactly what she wants?	~ Yes, she's very
3 She seems like she's just out of school	for our موزشي for our موزشي for our
4 Would he be organized and work quite	
5 Was it easy to fill in that long form?	~ No, it was a real I didn't
- Trastices, to immit that long to imm	understand it.
6 That candidate's answers were idiotic!	~ Yes, they were He'd be hopele
7 I liked him, but I'm worried that he's qu	
8 Would she have the right qualities for	
managing the office?	~Yes, she seemedto me.
Rewrite the sentences using the work	or a form of the word in capitals. Keep the same meaning.
 What did you think of Aaron's characte 	r? MAKE
2 Josie found it hard to explain what she	meant. STRUGGLE
3 Lawrence didn't seem that charming t	o me. LACKING
4 I didn't like Rollo at first.	TAKE
5 Parminder made a very good impressi	on in the interview. COME
6 Rupert gave me the impression of bei	
7 I think Ariana has qualities that can be	
8 Vicky didn't seem to have much motiv	
	n a way that is true for you. If possible, talk to another studer
1 I am well informed about	
2 I think people who are conscientious.	
3 If people are charming towards me, I	
4 I feel confident when	
5 It's sometimes a struggle for me to	
f I most compone who is arrogant I	Control of the Contro

TEST YOURSELF

8 I don't take to people who ..

7 If someone doesn't take me seriously, I

9 In an interview situation, I think I probably come across as 10 If someone says something ridiculous in an interview, I think it could be because

18 Feelings

A Strong feelings

Word/Phrase	Example	Meaning		
ecstatic	I was ecstatic about getting the new job.	very happy, excited and enthusiastic SYN delighted, over the moon inf		
thrilled	Lou was thrilled to win the competition.	very excited and pleased		
joy It's always a joy to see the children. s		sb/sth that gives you great pleasure joyful adj		
astonished	I was astonished when they gave me the prize.	very surprised about sth you did not expect SYN astounded		
shocked	I was shocked to hear she was so ill.	surprised and upset shock n, v		
in tears	She was in tears by the time we got to the hospital.	crying; tear a drop of water coming from your eye		
devastated	I was devastated when she left me.	very upset SYN heartbroken		
desperate	Alone, without food or money, Janie was desperate.	having little hope and ready to do anything to change a terrible situation desperation n		
ashamed	He stole the money, but felt very ashamed of himself afterwards of og	guilty or embarrassed that you have done sth wrong shame <i>n</i>		
disgusted We were disgusted by the way the children were treated it was awful.		very angry and upset about sth you do not like or agree with disgust n		

Are these	positive	or negati	ive? Write	P, N	or P/N.

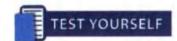
1	ecstatic		5	shame		9	astonished	
2	disgust	********	6	delighted	*****	10	in tears	*******
3	shock		7	desperation	2244	11	thrilled	*******
4	over the moon		8	joy	****	12	heartbroken	*******

2 Circle the correct word(s) in italics. Sometimes both answers are correct.

- 1 I was ashamed / astounded when I heard that I'd come top in the exam.
- 2 Our daughter passed her driving test and we were over the moon / devastated.
- 3 My cat was killed in front of me by a driver; I was heartbroken / joyful.
- 4 There were cats on the table in the hotel kitchen. I was thrilled / disgusted.
- 5 Our team won the championship and we were all desperate / ecstatic.
- 6 The news about the flood was terribly sad: my sister was in tears / delighted.
- 7 My son was born on New Year's Day, and my family were delighted / shocked.
- 8 My brother has been missing for a week now and my dad and I are ashamed / desperate.

Complete the dialogues using vocabulary from the table.

~ She was – absolutely 1 I think she was very surprised at the news. 2 Mac's lost 20 kg because of his illness. ~ Yes, I was _____ when I saw him. 3 Did he think he wouldn't be rescued? ~ Yes. He was Was he terribly upset about the results? ~ Yes, he was absolutely of himself. 5 That boy cheated in his exams. ~ He should be very ~ Yes, they were absolutely _____. I bet they were over the moon. ~ Yes, she was in _____. She was really emotional about losing her job. ~ Yes, I was _____ when I saw it. The hotel bedroom was really dirty.



B Expressing your emotions

RE YOU the kind of person who bottles up your emotions? Do you find it difficult to handle intense feelings, or do you just suppress them? Do you feel that if you reveal too much about yourself, you could make yourself rather vulnerable.

Psychologists say that suppressing your emotions over a long period of time is often ineffective and can worsen the situation. It can even lead to severe anxiety and depression at a later stage.

GLOSSARY	
bottle sth up	stop yourself showing negative emotions or feelings especially over a long time: bottle up your emotions/feelings
handle	deal with sth/sb: handle stress / your emotions
intense	very strong, very great
suppress	stop yourself from having or expressing a feeling/emotion
reveal	make sth known to sb SYN disclose formal
vulnerable	weak and easily hurt, physically or emotionally
worsen	become or make sth worse than before
severe	extremely bad or serious
anxiety	the state of feeling nervous or worried that sth bad is going to happen anxious adj
depression	a medical condition in which sb feels very sad and anxious for

SPOTLIGHT psychology and related words

a long time depressed adj

Psychology is the study of the mind and how it affects people's behaviour. A person who is trained in psychology is a **psychologist**. **Psychological** problems relate to the way somebody's mind works, e.g. some pain can be psychological rather than physical.

	veal	vulnerable	anxiety	worsen	
	vere	disclose	psychological	intense	
an	xious	psychology	psychologist	suppress	
Re				that has the same m	eaning.
1	I did a co	ourse in the study	of the mind and beh	aviour at university.	***************************************
2	He wou	dn't disclose inform	mation if he thought	it was secret.	
3	It's a diff	icult time for him	and he's weak and ea	asily hurt.	
4	Things h	ave got a lot wors	e since the elections		
5	Donna h	as been suffering	from a very serious	depression.	
6	I don't th	nink Steven is deal	ing with the stress of	school very well	
0	1 don't ti	min stevent is acon	TIG THE STICES	seriour reij rrein	***************************************
7				a love/hate relationship	D
7	She has	very strong feeling		a love/hate relationship	D
7	She has	very strong feeling	gs about Alastair; it's	a love/hate relationship	
7 8 Cc	She has Last yea	very strong feeling r I suffered from a the questions.	gs about Alastair; it's period of <u>worry and</u>	a love/hate relationship nervousness.	
7 8 Cc	She has Last yea	very strong feeling r I suffered from a the questions.	gs about Alastair; it's period of <u>worry and</u>	a love/hate relationship	
7 8 Cc 1 2	She has Last yea omplete Do top s	very strong feeling r I suffered from a the questions. sports people tend	gs about Alastair; it's period of worry and	a love/hate relationship nervousness.	
1	She has Last yea Do top sols it goo	the questions. ports people tended for powerful people.	gs about Alastair; it's period of worry and to	a love/hate relationship nervousness. stress well or badly?	have weaknesses?
1 2	She has Last year Complete Do top s Is it goo Can you	the questions. sports people tend d for powerful peo	gs about Alastair; it's period of worry and topple to show they are ems that	a love/hate relationship nervousness. stress well or badly? and are currently study	have weaknesses? dying?
1 2	She has Last year Complete Do top s Is it goo Can you Are ther	the questions. sports people tend d for powerful peo think of any proble e times when it's g	gs about Alastair; it's period of worry and topple to show they are ems that	a love/hate relationship nervousness. stress well or badly? and are currently study your emotions and	have weaknesses? dying?
1 2 3 4	She has Last year Do top so Is it good Can you Are then How can	the questions. sports people tend d for powerful peo think of any proble times when it's g	gs about Alastair; it's period of worry and to	a love/hate relationship nervousness. stress well or badly? and are currently study your emotions and	have weaknesses? dying? d stay silent?
1 2 3 4 5	She has Last yea complete Do top s Is it goo Can you Are ther How can Are ther	the questions. sports people tend d for powerful peo think of any proble e times when it's go people deal with e any professions y	gs about Alastair; it's period of worry and to	a love/hate relationship nervousness. stress well or badly? and are currently study your emotions and elings of loneliness?	have weaknesses? dying? d stay silent?
1 2 3 4 5 6	She has Last year Do top so Is it goon Can you Are ther How can Are ther What's t	the questions. ports people tend d for powerful peo think of any proble times when it's go people deal with e any professions when best thing to de	gs about Alastair; it's period of worry and to	a love/hate relationship nervousness. stress well or badly? and are currently study your emotions and elings of loneliness? ple suffer a lot from yabo	have weaknesses? dying? d stay silent? put something?
1 2 3 4 5 6 7	She has Last yea complete Do top s Is it goo Can you Are ther How car Are ther What's t If you	the questions. sports people tend d for powerful peo think of any proble e times when it's go people deal with e any professions when best thing to de	gs about Alastair; it's period of worry and to fee where you think peo o if you're feeling verur emotions, do you're	a love/hate relationship nervousness. stress well or badly? and are currently stude your emotions and elings of loneliness? ple suffer a lot from	have weaknesses? dying? d stay silent? ? out something? ysical health?



Relationships

A Difficult relationships

When I married Vince, he already had two children from his first marriage, and they took an instant dislike to me. They blamed me for all their problems. I tried hard to get their respect, but they wouldn't forgive me for taking the place of their



mother. They either stared at me without saying a thing, or were openly aggressive. It was a tough time, and it was inevitable that it finally put a strain on my relationship with Vince. I began to regret my decision to marry him. Fortunately, he stuck up for me when the kids were difficult, and over time, things settled down a bit.

SPOTLIGHT meanings of tough

Tough can mean:

- 1 difficult: He had a tough childhood. (as in the text)
- 2 strong and able to deal with difficult situations: She'll be OK – she's tough.
- 3 strict: There are some tough new driving laws.

G	L	O	S	S	A	R	Y

take an instant/immediate dislike sb as soon as you dislike to sb

blame sb (for sth)

respect

forgive sb (for sth/for doing sth) stare (at sb/sth)

meet them

think or say that sb is responsible for sth bad

polite behaviour towards sb/sth

that you think is important اموزنثر stop feeling angry towards

sb for sth that they have done wrong look at sb/sth for a long time

aggressive inevitable

put a strain on sb/sth regret (sth / doing sth) stick up for sb/yourself

settle down

angry and ready to attack sb that you cannot avoid or prevent inevitably adv

create pressure and anxiety for sb/sth feel sorry about sth you have done support and defend sb/yourself when they/you are criticized become calmer, more relaxed and

Positive or negative? Write P or N.

- 1 The protests are putting a strain on the country.
- 2 I think he's forgiven me.
- 3 He's very aggressive.
- 4 She can stick up for herself.
- 5 She blames me for what happened.
- Things are tough at work now.
- Being poor has made him tough.
- I really regret contacting him.
- Things have settled down since the strike.

less excited

10 The war was inevitable.

Complete the sentences.

- 1 I don't _____ leaving the job: it was the right decision.
- 2 As soon as I met him, I took an immediate ______ to him.
- 3 The food was my responsibility, so I don't ______ anyone else for the mistake in the order.
- 4 The lack of money put a terrible _____ on our relationship.
- 5 Some children do what they like and have no ______ for authority.
- Please don't _____ at those people; it's rude.
- 7 My brother accepted that he caused the accident, but I _____ him; he's my brother.
- 8 Mum accused me of lying, but my sister _____ up for me and said I was telling the truth.

One word is missing in each line. Where does it go? Write it at the end of the line.

I've been having a time at work recently. A young man joined the department and for some reason an instant dislike to me. His desk was close to mine, and he just sat and at me without speaking, which made me feel uncomfortable. Over time, he started to shout at me and became more and more until I felt quite nervous being near him. It put a big on me and my work began to suffer. One day, I decided it was time to stick for myself, so I told him his behaviour was terrible. I was shocked when he suddenly started crying and, of course, I what I had said to him. He thought that I him for the poor results in the department, when in fact, that wasn't the case. Eventually, things down, and we got on much better.

6



B Successful relationships



Now two years on, things are looking up. Initially the kids were really **nasty** to me and **reluctant** to accept me, but I gave up work to spend more time with them, and that helped to create a closer bond. I realized that I had been too strict with them and not caring enough; I just wasn't sensitive to their needs. To be honest, it was my own fault - I'm theol og adult and should have known better. It takes a lot of patience, but I'm feeling optimistic and freally enjoy being with them now.

GLOSSANT	
look up inf	(of sb's situation or business) start to become better after a difficult period
initially	in the beginning initial adj
nasty	unkind; unpleasant SYN mean
reluctant (to do sth)	not wanting to do sth SYN unwilling; reluctance n
bond	a connection between people based on shared feelings or experiences
strict	If you are strict , you make people do what you want and do not allow them to behave badly.
caring	kind and showing that you care about people
sensitive (to sth)	understanding other people's feelings and being careful about them
fault	If sth bad is your fault, you made
	look up inf initially nasty reluctant (to do sth) bond strict caring sensitive (to sth)

SPOTLIGHT accept

patience

Accept means 'say yes to an offer', but has some other meanings, too.

the ability to stay calm and not get angry

when waiting for sth patient adj

- 1 allow sb to be part of a group: They accepted me as one of the family. (as in the text)
- The council has accepted the latest proposal.

it happen.

3 admit you did sth wrong: I accept responsibility for the mistakes.

4	Is the pronunciation of the underlin	ned letters the	same or	different? Wr	ite 5 or D.
	Use the 🐵 to help you.				
			4		

- 1 initially reluctant 2 patience initial
- 3 strict accept

- tault bond
- look caring
- sensitive reluctance

5 Circle the correct word.

- 1 She showed a *reluctance / unwilling* to speak about the event.
- 2 The initial / initially problem was money.
- 3 He's sensible / sensitive to the feelings of others.
- 4 She's a caring / patience nurse.
- 5 The mistake wasn't my bond / fault.
- 6 It can be a good thing if parents are nasty/strict.
- 7 My business is finally accepting / looking up.

Replace the underlined word(s) with a word or phrase that keeps the same meaning.

- 1 It's not my responsibility if we're late.
- 2 They were very unwilling to leave.
- 3 She expects people to obey her all the time.
- 4 In the beginning it was a difficult relationship.
- 5 He <u>admits</u> responsibility for what happened.
- 6 I have no ability to wait for things for a long time.
- It was strange moving to a different country, but I now feel welcome.
- I had a tough time last year but things are improving now.
- The children said some very <u>unpleasant</u> things about me.
- There is a special <u>connection</u> between parents and their children.



20 Heroes and villains

A Personal heroes

My heroine is my aunt Georgia, who worked with homeless teenagers. She was deeply spiritual, and I admire her courage and dignity. More than anyone, she has inspired me to dedicate my life to looking after people.

I really looked up to my grandfather. He was a lifeboat captain for 20 years, and showed remarkable bravery on many occasions – at times he was truly heroic.

GLOSSARY	
heroine	a woman who you admire for doing sth brave or good. A man is a hero . heroic adj showing extreme courage heroism n
spiritual	connected with your spirit, rather than the physical world
courage	the ability to do sth, even though it is dangerous, frightening or very difficult SYN bravery; courageous, brave adj
dignity	the ability to behave in a calm and serious manner in a difficult situation dignified adj
inspire	give sb the enthusiasm and desire to do sth inspiration n; inspirational adj
dedicate yourself/sth to (doing) sth	give a lot of time and effort to a particular activity or purpose because you think it is important
look up to sb	admire and respect sb, often sb older or in a higher position
captain	the person in charge of a ship or plane

	Us	se the 🐵 to help you.	روه آموزش				177	
	1	hero heroism	روه اموزش	captair	n sp <u>i</u> ritual	********		
	2	courage courageous	6	dignity	courage			
	3	inspire inspiration	7		ed bravery			
	4	inspiration dedicate	8	heroin	e her <u>o</u> ic	*********		
2	Co	omplete the sentences with the correc	t form of	the wo	rd in capita	als.		
	1	He was so	COURAGE	5	I admired h	ner		DIGNIFIED
	2	She's a personal of mine.	HERO	6		our was		HERO
	3	She showed great	BRAVE	7				
	4	Heme in my work.	INSPIRATIO	8 N		<i>'</i>		
8	Co	omplete the texts.						
	1	The person who has always been my war. I was born during the war, and when the country, she was very	the govern	nment to	ried to take u	us children av	r us all through way to anoth	ghout the er part of
	2	to join the navy myself when I grew up. O me he was a	He was a		in th	e navy and h		
	3	Rosa Parks is a personal or protest which eventually led to the end or said of herself, 'I was a person with than anybody else just because I was blace.	f 'white onl	y' buses	. She acted	with great		She
		* = decide that you want sth and try very		tit				
4	Do	Write your answers, or ask you have a personal hero or heroine? Who ho do you look up to? Why?		studen	t.			
		you know anyone who you would describ	oe as coura	geous?	Who?			
		•						

Is the pronunciation of the underlined letters the same or different? Write S or D.

B Personal villains

Pop stars often start off as **rebels** with strong moral **principles**. But when they achieve **fame** and become rich, their **values** can change completely. I **loathe** that.

A few boys bullied me at school, and since then I've always despised bullies.

I can't bear all the rich, greedy people who seem to run the country. They are responsible for such misery. I don't approve of drivers who lose their temper with other road users.

SPOTLIGHT principles and values

Principles are strong beliefs that influence how you behave. **Values** (pl) are beliefs about what is right, wrong and important in life.

The words are very similar in meaning but are used in different expressions.

- Eating meat is against my principles.
- I won't go there on principle.
- She has a different set of values.

GLOSSARY			
villain	a person who is morally bad or responsible for causing trouble or harm	bully	use your power to hurt or frighten a weaker person, or make them do sth. The person who does the
rebel	sb who opposes people in authority rebel v;		bullying is a bully.
	rebellious adj	despise	hate and have no respect for sb/sth despicable adj
fame	the state of being famous	can't bear	(usually in negatives and questions) If you can't bear
loathe	dislike sb/sth very much SYN detest		sth, you cannot accept or deal with sth because it is
approve	have a positive feeling towards sth/sb		unpleasant. SYN can't stand
(of sb/sth)	OPP disapprove (of sb/sth); approval n OPP disapproval	greedy	wanting more food, power, etc. than you need greed n
lose your temper	become very angry	misery	great suffering of the mind or body SYN distress

Circle the words which are verbs.

rebelapprovaldetestfameprincipledespiseloseyourtemperdisapproveloathegreedbully

			esentences	
6	Comp	loto the	a cantan <i>c</i> ac	
U	COILID	iete tili	e sentences	۰

- The opposite of approval is
 Detest means the same as
 The related adjective for despise is
 The related adjective for rebel is
 Distress is another word for
- The related adjective for *greed* is _____.

 Can't stand means the same as _____.

 Approve is followed by the preposition.

Values and _____ have a similar meaning.

Omplete the questions with words from the box in the correct form.

	greedy	rebel	rebellious values	bully	villain principle	despise
1	Do brothe	ers sometimes	the	eir sisters, or car	the opposite b	e true?
		ything you won't				
		ten lose your				
		any types of car dr		n't	?	
5	As a teena	ger, were you a	?	If so, what wer	e you	about?
6	Is it	your pri	inciples to borro	w money from	friends?	
7	Do you	of a	ny of your friend	ds' partners? W	hy?	
8	In your co	untry, do young pe	eople and older	people have d	ifferent sets of	
9	Do you thi	ink rich people are		and just wan	t more and mor	re?
		yone you				

8 ABOUT YOU Write your answers to the questions in Exercise 7, or ask another student.



21 Behaviour

A Influences on behaviour

Why do we behave the way we do? Is it a case of nature or nurture? According to behavioural psychologist Michael Woods, various factors have an impact on our lives.

Parents play a crucial part; other role models are less influential.

Peer pressure is a significant factor.

People respond positively to incentives, but not the threat of punishments.

A broken home or deprived childhood needn't have a damaging effect.

_		_		-
AB	OU	IT	YOU	J

GLOSSARY			
nature	the basic character of a person: Violence isn't in his nature.	peer pressure	the influence on your behaviour of people around you of the same age
nurture	the care and attention given to help sb develop nurture v	incentive (to do sth)	sth that encourages you to do sth, work harder, etc.
impact (on sth) play a part (in sth)	an effect or influence (on sth)	broken home	a family in which the parents are divorced or separated
crucial	extremely important because it will affect other things	deprived	without sufficient food, education or money deprive v; deprivation n
role model influential	a person you admire and learn from able to influence the way other people think	damaging	having a bad effect on sb/sth: a damaging effect OPP beneficial

-						
	Find six	compound	is or p	hrases	in the	box.

effect a broken	nature or peer	pressure play	a part childhood	a deprived home	a beneficial nurture?

2 Are these positive or negative statements? Write P or N.

- 1 She felt nurtured in the children's home.

 2 She's an influential role model.

 3 There is a lot of deprivation in this town.
- There is a lot of deprivation in this town.The amount of work had a damaging effect on me.
- 5 More money proved to be a real incentive.
- 6 A month's break was highly beneficial.
- 7 He smoked because of peer pressure.
- 8 Their broken home had an impact on the boys.

3 Complete the text.

Danny's story is interesting. H	e came from a broken (1) , had a fa	airly (2)
childhood, and was stealing to	by the age of 13, largely because of peer (3)	. He also got into fights,
although it wasn't in his (4)	to be violent. Then he started going	to a local boxing club, which
had a real (5)	on his life. The man who ran it was Danny's first po	ositive role (6)
and he played a (7)	part in changing Danny's attitude to life. His	behaviour changed completely:
he gave up crime and becam	e dedicated to his sport. He might even win a place	e in England's amateur boxing
team at the next Olympics, a		hard.

4 ABOUT YOU Do you agree with the statements at the top of the page? Write your answers, or ask another student.



B Teenage behaviour

COPING WITH ADOLESCENCE

When adolescents are making the transition to adulthood, their conduct can change a lot and can be difficult for parents. Teenagers need you to be supportive and sympathetic as they try to find their way towards independence. Encourage them to talk about their problems, but only in their own time and at their own pace. If you are wise, you will try to be consistent in the way you deal with them, and help them cope with the changes in their needs and emotions. And remember that it's just a phase they're going through.

SPOTLIGHT stages of life

Adolescence is the time in someone's life when they develop from a child to an adult. An **adolescent** between the ages of 13 and 19 is called a **teenager**. **adolescent**, **teenage** adj

Adulthood is the time in your life when you are no longer a child or teenager and become an adult. SYN grown-up; adult, grown-up adj

GLOSSARY

phase

cope (with sth) deal successfully with sth difficult transition a change from one state or form

(from sth to sth) to another

conduct a person's behaviour in a particular

place or situation

supportive giving help or support to sb in a

difficult situation

sympathetic showing that you understand other (to/towards sb) people's feelings, especially their

people's feelings, especially their problems sympathy n

in your own time when you are ready

pace the speed at which sth ha

the speed at which sth happens: at your own pace (= as fast or as

slowly as you like)

wise able to make sensible decisions or

give good advice because of your experience or knowledge wisdom n; gain wisdom

become wiser

consistent always having the same opinions,

standards, etc. and not changing them

a stage in the development of sth: go through a phase

Circle the correct word.

- 1 When you work with teenagers, you need to be sympathetic / grown-up.
- 2 My son has just become a teenage xteenager.
- 3 I think it's just a difficult phase she's going through / to.
- 4 What are the main problems for teenagers during adolescents / adolescence?
- 5 Just make your choices at your own pace / time.
- 6 Ariel's attitude changes all the time: she's not very wise / consistent.
- 7 Ollie's successfully made the transition from adolescence to adult / adulthood.
- 8 Cora is 17 now, so she isn't a teenager / grown-up yet.

6 Complete the sentences using suitable words from the top of the page. 1 It's always ______ to think carefully before you speak.

- The best way to ______ with difficult situations is to laugh about them.

 The most difficult _____ of your life is in your twenties.

 If you have problems, it helps to have a _____ friend or partner.

 The _____ from childhood to adolescence is an easy one.
- 6 You need to be _____ when creating rules for your children to live by.
- 7 You can only gain _____ through years of life experience.
- 8 In order to get through your teenage years, you have to make decisions in your own _____ and at your own _____.
- 9 When your mother starts asking you for advice, you know you're an ______.
- 10 I have great ______for families who are struggling with problem teenagers.
- 11 People accept bad ______ from teenagers but not so easily from adults.
- ABOUT YOU Do you agree with the sentences in Exercise 6? Why? / Why not? Write your answers, or talk to another student.



Families

There is a tendency among some women to believe that however hard you try, you end up like your mother. Well, it's hard to say if that's the case with me because my mother passed away when I was only nine, and my father was left a widower. He did remarry several years later, and I was brought up by my father and stepmother. I know the presence of a new woman in the family can be difficult, but we have always had a really positive relationship. We are not alike in looks or character, but I think I've picked up one or two of her good habits. For example, I always remember to write personally to thank people for birthday or Christmas presents.

By my teens, my father told me that I was starting to resemble my mother a bit more, and it seems I have got one or two of her characteristics. (Like me, she didn't take criticism very well!) But I think it's now increasingly apparent that I take after my father more in character and behaviour. That's fine by me, although it seems to be the opposite with my two siblings, both sisters. My dad says that they remind him much more of my mother.

me with my mother when I was nine



me now at the age of 21

however	behave or act in a particular way. used with an adjective or adverb to mean 'to	pick sth up	get a skill, habit, etc. by chance, without making an effort to get it
	whatever degree': however hard, however much	personally	by a particular person and not someone
it's hard to say	= it's difficult to give an opinion	teens	the period between 13 and 19: They're in
the case	the true situation		their teens.
pass away	die. We sometimes use pass away to avoid saying die. SYN pass on	characteristic	a typical feature or quality that sb has characteristic (of sb/sth) adj
widower	a man whose wife/husband has died. A widow is a woman whose husband/wife has died. We can use late in formal English to talk about sb's	criticism	the act of expressing unhappiness and disapproval with sb/sth: He can't take any criticism; criticize v
S. S. Santa	dead wife/husband: the property of his late wife	apparent	easy to see or understand SYN obvious
bring sb up	care for a child, teaching them how to behave,	sibling formal	a brother or a sister

the woman who is married to your father

daughter/son, etc.

but is not your real mother ALSO stepfather/

(of a person) the fact of being in a particular place

If sb has a particular tendency, they are likely to

	making an effort to get it
personally	by a particular person and not someone else
teens	the period between 13 and 19: They're in their teens.
characteristic	a typical feature or quality that sb has characteristic (of sb/sth) adj
criticism	the act of expressing unhappiness and disapproval with sb/sth: He can't take any criticism; criticize v
apparent	easy to see or understand SYN obvious
sibling formal	a brother or a sister
remind sb of sb/sth	If sb/sth reminds you of sb/sth else, they make you remember or think about the other person, place, thing, etc. because they are similar in some way.
	characteristic criticism apparent sibling formal remind sb of

very similar

SPOTLIGHT expressing family similarities

If you resemble someone/something, you look like or are similar to another person/ thing. The emphasis is more on looks than character. resemblance n If you take after someone, you look or behave like an older member of your family. If you follow in someone's footsteps, you do the same job or have the same lifestyle as someone else, usually a member of your family.

alike

GLOSSARY

stepmother

presence

(often passive) etc. SYN raise

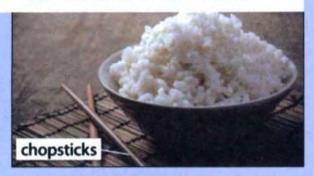
tendency

0	H	ow many syllabl	es are there in	each	of these words?					
		ndency	widower		personally	re	esembland	e		
		ke	characteristic		criticism		pparent			
2	Us 1	se the to help remind sibling	you.	3	presence remind		5	<u>a</u> pparent	<u>a</u> like	
	2	sibling widower	*******	4	tendency obviou	[S	6	critic <u>i</u> ze	alike	*********
3	1 2 3 4 5 6	She is between 1 They aren't very some looks like he has three brooks difficult to give I'm not sure if the	3 and 19. similar. r mother. thers and sisters. re an opinion what's the true situa	ethe		nat keep	s the san	ne meanir	ng.	
	7	Her mother died	the state of the s	-i-+-	mical factures			*********		
	8	Constant optimis	on is just one of i	IIS TY	pical leatures.	***************************************	***************************************			
4	Co	omplete the sen								
	1	1 Her husband died in the war so she's been a for many years.								
	2	4			n I'm sure he'll unde			20724		
	3									
	4	······································								
	5									
	7	Lea was upset because her mum her for wearing too much make-up.								
	7									
	9	My mum wants to be there. She thinks the of a parent will make a difference. My brother up playing guitar just from watching and listening to other guitarists.								
	10									
_										
5	Co	omplete the dial						Cl . 1	l'1 - D-	L - 1 : /2 - 1 2
	1				u					
	2	well, does he?	•		enough. ~ I know, a					very
	3				Yes, I believe she's fo					ad bara
	4	when I was 18.	lived in London:	~ 14	o, I was		n the	country, a	na movi	ed Hele
	5	Do you think you	ur family will like	your	new girlfriend? ~ I d	lon't know	w. It's			*
	6									
	7				ad the document? ~					ns.
	8									
6	ΑE	BOUT YOU Write	your answers,	or t	alk to another stu	dent.				
	1	BOUT YOU Write your answers, or talk to another student. Do you resemble either your mother or father?								
	2	Do you think you	take after one o	f you	ir parents more than	n the other	er?			
	3				are alike in either loc					
	4				tics that are commo					
	5	Do you agree the end up like their		ally e	nd up like their mot	thers? Do	you think	it might als	o be tru	e that sons
	6	Do you think you	ı take criticism w	ell?						

TEST YOURSELF

Manners

A Table manners



In Japan, it is considered rude to cross your chopsticks, lick them, or stick them vertically into a bowl of rice and leave them pointing upwards.

In France, don't offer to split the bill: it is not regarded as very sophisticated. You either pay the bill, or someone else does.

In the Philippines, it is considered good manners to eat all the food on your plate.

In Afghanistan, wasting food is unacceptable. Eating or talking with your mouth full is viewed as being discourteous.

In China, it is customary to pass food to the elderly first. It can be offensive to remove rice from a bowl with a spoon.

GLOSSARY	
lick	move your tongue over the surface of sth in order to eat it, make it wet or clean it
stick	push sth, usually sth quite sharp, into sth else
upwards	moving or pointing towards a higher position OPP downwards
split	divide sth into two or more parts, and share it between different people
sophisticated	having experience of the world and knowing about fashion, culture, etc. OPP unsophisticated; sophistication n
manners pl	behaviour that is considered polite in a particular society or culture: It's good/bad manners to
unacceptable	not agreed or approved of by most people in society OPP acceptable
discourteous	having bad manners and not showing respect for other people OPP courteous ; courtesy n
customary	usually done in a particular place or situation
offensive	rude in a way that makes sb upset or

SPOTLIGHT consider, regard, view

These verbs all mean to think about something in a particular way. They are commonly used in passive constructions like this: Apologizing is **considered** (to be) the correct thing to do. Apologizing is regarded/viewed as the correct thing to do.

annoyed opp inoffensive; offend v

1 sophisticated	3 upwards	5 acceptable
offensive	4 courteous	6 good manners
Complete the sentences using	the correct form of the word	in capitals.
Their behaviour doesn't show		SOPHISTICATED
I'm sure it wasn't his intention	toyou.	OFFENSIVE
Is itto arrive t	ten minutes late for a dinner?	CUSTOM
His behaviour is occasionally re	ude and	ACCEPT
The waiters are always very	and polite.	COURTESY
The waiters are always very	did polite.	

		and polite.	COURTEST
6	It was an	remark, but for some reason it upset her.	OFFENSIVE
C	omplete the words in th	e sentences.	
1	It is quite c	to eat chicken legs or wings with your fir	igers.
		nt for children to have good table m	
3	It is cba	d manners to eat everything you are given.	
		polite to offer food to the elderly first.	
		tart eating your food before others have be	en served.
	lt's r to c		
7	Talking with your mouth	full might not be considered very s	
		oung people to s the bill in	
	It is viewed as rude to I	your knife, fork or spoon whe	en you have finished eating, or

ABOUT YOUR COUNTRY Are the sentences in Exercise 3 true or false, or does it depend on different factors? Write your answers, or ask another student.



B Polite or impolite?

Dan	Ella's behaviour is exceptional for a child
	of six.

Beth Yes, but that brother of hers is a bit cheeky.

Jo I don't think Giulio will take offence if you leave the party early.

Tom I just don't want to put my foot in it.
I want to impress his family, and that wouldn't help.

Jo Well, you'd better be on your best behaviour, then!

Kaz I really took exception to Adam's remarks.
He thought they were humorous, but
actually, they were deeply offensive.

Ben Yes, I couldn't agree more. They showed a real lack of judgement. He has no notion of how to behave.

GLOSSARY	
exceptional cheeky inf	unusually good SYN outstanding (often used by adults about children) rude, often in an amusing way cheek n
take offence (at sth)	be upset or offended by sth that sb has said or done
put your foot in it (with sb) inf	accidentally say sth that offends or upsets sb
impress	If sth/sb impresses you, you admire it/them. impressed <i>adj</i>
be on your best behaviour	behave in the most polite way you can
take exception (to sth)	object strongly to sth and be angry about it
remark	a few words that give your opinion about sth
humorous	funny and entertaining; showing a sense of humour
deeply	very; very much: deeply offensive/ upsetting/hurtful
judgement	the ability to form opinions or make sensible decisions: show good/poor judgement
notion (of sth)	an idea or an understanding of sth

روه اموزش Is the speaker happy or unhappy? Write H or U.

- 1 My wife has outstanding judgement.
- 2 I put my foot in it with Carla.
- 3 She took offence at my remark.
- 4 My boss has no sense of humour.
- 5 I made a really humorous comment.
- 6 I took exception to the criticism.
- 7 The hosts impressed me.
- 8 My little girl was on her best behaviour.

6 Circle the words in italics which are possible. All three may be.

- 1 He was outstanding / put his foot in it / on his best behaviour.
- 2 She made a humorous / an upsetting / a cheeky remark.
- 3 What she said showed poor / impressed / good judgement.
- 4 Unfortunately, she took exception to / offence at / her foot in what I said.
- 5 That little boy's behaviour is exceptional / cheek / outstanding.
- 6 I thought the comment deeply offensive / poor / upsetting.
- 7 He has a sense of humour / no notion of politeness / poor judgement.
- 8 He's not always well behaved but today he impressed me / had no sense of humour / was exceptional.

Complete the texts.

I have a very unusual friend called Erwin who likes to try	y and (1) people – he loves being
admired. He's incredibly polite and has (2)	table manners. always feel rather uncomfortable
with him, because I feel I have to be on my best (3)	all the time. I'm very nervous about putting
my (4) in it, especially if I go to his place	te for dinner. If I get there even five minutes late, he
seems to take (5)	

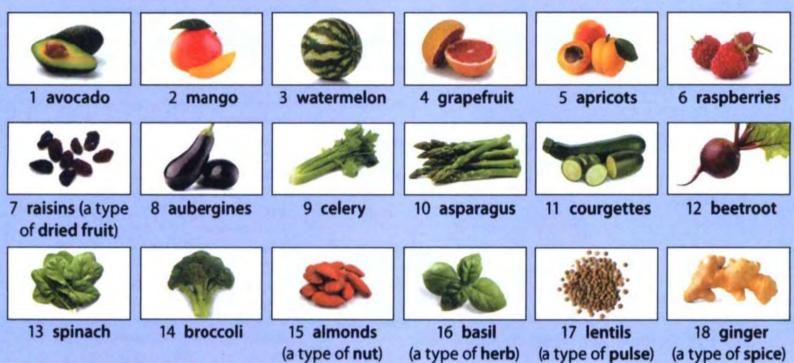
I've taken a strong dislike to one of the guys who works for me. He's very rude; in fact, I'd say he's

(6) _______ offensive. The other day he made a rude (7) ______ about my appearance, which frankly is none of his business, and I really took (8) ______ to it. Calling me 'carrot top' because of my red hair showed very poor (9) ______, I felt. He thought it was a (10) ______ comment, but I didn't find it funny at all.



Food

A Fruit, vegetables, etc.



		(a type of nut)	(a type of herb)	(a type of pulse)	(a type of spice)
0	Is the pronunciation of the help you.	underlined letters	the same or diffe	rent? Write S or D). Use the 🌚 to
	1 avocado apricot	"3531	5 waterme	elon c <u>ourg</u> ette	
	2 grapefruit raspberry	3		e ginger	
	3 <u>au</u> bergine avocado		7 spinach	ginger	
	4 <u>a</u> sparagus alm <u>o</u> nd	ES	8 aubergin	e cel <u>e</u> ry	
2	Complete the foods.	YE			
	1 ma		7 wat		
	2 au		8 cou		
	3 bee				
	4 av				
	5 ra		Carlos Ca		
	6 asp				
3	Complete the sentences in a	a logical way.			
	1 Celery is a type of		4 Raisins ar	re a type of	fruit.
	2 Basil is a type of	***************************************		a type of	
	3 Almonds are a type of			e a	
4	Answer the questions.				
	1 Which of the fruits at the to	p of the page have a	stone in the middle	?	
	2 Which of the vegetables at 1	the top of the page of	an you eat cooked	or raw?	

- 3 Why do you normally add basil or ginger to food?
- 4 Are nuts and lentils healthy or unhealthy?

ABOUT YOU AND YOUR COUNTRY Write your answers, or talk to another student.

- Tick (✔) the foods that you often grow in your country.
- 2 Put a cross (X) by the ones you think you have never eaten.
- 3 Can you add to the list six more types of fruit, six vegetables, another nut, another herb, another dried fruit and another spice?



B Kitchen equipment

Equipment	used to	what?
deep-fat fryer	deep-fry	fish, potatoes, etc.
casserole	braise/stew (cook meat slowly in liquid in a closed container)	meat, vegetables
food processor	chop, slice, mix	meat, vegetables, etc.
whisk	beat SYN whisk	eggs, cream موزشی
colander	drain	vegetäbles, pasta, etc. that have been washed or cooked in water

Emiliament	madta	Judani2
Equipment	used to	what?
grater	grate	cheese,
		e.g. parmesan
peeler	peel	vegetables, fruit
lemon-squeezer	squeeze	lemons, oranges, limes
corkscrew	open	wine bottles
kitchen scales	weigh	all types of food
carving knife	carve	usually meat
frying pan	fry	meat, fish, vegetables

6 Find six cor	npound word	ls in	the	box.
----------------	-------------	-------	-----	------

frying	lemon-	kitchen	food	carving	deep-fat	
processor	fryer	pan	knife	squeezer	scales	

Write down the equipment you would need to ...

1 drain vegetables cooked in water _____ 5 beat eggs 2 braise/stew meat 6 weigh food 3 open a bottle of wine 7 cut meat into slices 4 chop and slice vegetables 8 fry meat or vegetables

Write down a food or type of food you often ...

1 squeeze 5 slice 2 grate braise 3 deep-fry 7 carve 4 weigh peel

MEOUT YOU How much of the kitchen equipment above do you think you have in your kitchen? Are there any items of equipment you don't have that would be very useful?



25 Opinions about food

A Taste

公公公公公 ★公公公 ★★公公公 ★★★公公 ★★★★

I thought the food looked quite appetizing, but I soon changed my mind. First of all, the bread was stale. I then started with very salty ham with melon, which wasn't ripe. My main course was a type of curry, which I thought would be really spicy, but was actually quite bland. My husband ordered a rare steak (hoping it would be lean and juicy), but instead got a piece of grey meat that was well done and tough. And the cooked vegetables were almost raw. The chocolate tart for dessert was far too rich – and very fattening. That was probably my mistake. Anyway, we finished with coffee that was very bitter. We won't be going back!

wendy waytogo

SPOTLIGHT adjectives ending in

Adjectives ending in -y are often used to describe flavours and smells, e.g. salty, spicy, creamy, fruity, juicy, greasy (= full of oil from cooking), etc. They can mean 'full of something'.

- This soup's very salty.
- Or they can mean 'having a similar flavour/smell'.
- chicken with a spicy sauce
- a wine with a fruity smell

GLOSSARY (of meat) having little or no fat appetizing (of food) that looks or smells attractive, making ioo oo lean you feel hungry. An appetite is a strong desire for sth, (of meat) difficult to cut and eat OPP tender tough especially food. not cooked raw (of food, especially bread; also of air) old and not fresh stale (of food) containing a lot of fat, butter, eggs, sugar, rich (of fruit) ready to be picked and eaten ripe cream, etc, which makes you feel full very quickly bland (of food) lacking in taste and flavour syn tasteless fattening (of food) that makes people fat (of meat) only cooked a short time (still red inside). rare bitter having a sharp unpleasant taste; not sweet. Other ways of cooking meat are medium or well done. We use sour to describe the taste of a lemon.

- Underline the possible answers. One, two or three may be possible.
 - 1 The meat was very lean / bitter / tender.
 - 2 The chocolate was greasy/sweet/rich.
 - 3 The vegetables were tasteless / bland / stale.
 - 4 The bread was fresh / raw / stale.

- 5 The soup was salty / tender / ripe.
- 6 My steak was rare / well done / tough.
- 7 The chips were ripe/greasy/sour.
- 8 The peaches were tasteless/sweet/ripe.
- 2 Complete the phrases in a suitable way.
 - 1 You don't want bread that is _____.
 - 2 You don't want fruit that isn't
 - 3 You don't want meat that is very _____.
 - 4 You don't want coffee that is too _____.
 - 5 If you're on a diet, you don't want food that is ______
 - 6 And you always want food to look _____.
- Complete the words in the text.

We found a table by the window. I had quite an (1) a ______ after our long walk, and I started with the Thai soup which should be hot and (2) s ______ . It was, and the flavours were really good.

Unfortunately, it was also a bit too (3) s ______ , so I needed to drink quite a lot of water with it. My steak was nice and (4) I ______ and cooked just as I like it, i.e. not completely (5) r ______ but very (6) r ______ . Unfortunately, the pepper sauce was quite (7) b ______ (I like it hot and very peppery), and the chips with it were a bit (8) g ______ . I finished with a chocolate pudding. It was quite (9) r ______ but still very nice.



B Live to eat or eat to live

While some people live to eat, I couldn't care less about food. In the morning I have a mug¹ of instant coffee and cereal if I'm lucky. I then take a packed lunch (a sandwich and a banana) or pop in to the self-service canteen for something around 12.30. In the evening, I generally heat something up that I've bought in the supermarket, then eat it on a tray² on my lap³ while watching TV. At the weekend, I treat myself to a takeaway. I think my most important piece of kitchen equipment is probably my tin opener.



GLOSSARY		JATE NA	
I couldn't care less (about sth/sb) inf	= it does not matter to me at all (This can sound a bit rude.)	self-service	(of a restaurant, shop, etc.) where you serve yourself and then pay.
instant	(of food) that can be prepared quickly and easily, usually by adding hot water: instant coffee	canteen heat (sth) (up)	the place in a school, office, factory, etc. where the people who work there can get meals become or make sth hot or warm
cereal	a food that is made of grain, often eaten for breakfast with milk	The second secon	give sb/yourself sth special; pay for sth for sb else
packed lunch	food that you prepare at home and take with you to eat at work or school	takeaway	food that you buy in a restaurant but eat somewhere else
pop in (to somewhere)	make a quick visit somewhere, e.g. a shop or a person's home	tin opener	a tool that you use for opening a tin of food SYN can opener

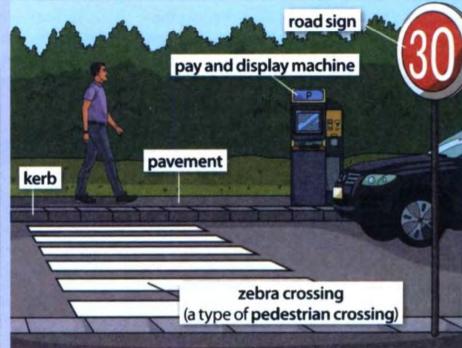
	اموزشی ماده اموزشی اموزشی Mhere's the tin Have a chocolate. Go on, treat	
2	This restaurant is self-	
3	Where's the tin? This restaurant is self You just have to heat the meal Mum made me a packed	
Co	omplete the dialogues.	
1	Are you going out tonight? ~ Yes, I'mJess to an expensive meal.	
2	I haven't got real coffee. ~ That's OK is fine.	
3	Could I have tea rather than coffee? ~ Sure. Cup or?	
4	Where shall I put the of drinks? ~ Oh, on the dining-room table, please.	
5	Do you want to stay in or go out? ~ I couldn'tless. You decide.	
6	Shall we go out to eat? ~ No, let's get a and come back here.	
7	Why were you late? ~ Oh, I just in to see Carmen on my way home.	
8	Do they have waiters in the new café? ~ No, it's all	
1	Do you drink real coffee or coffee? Do you drink coffee out of a cup or a ?	
3	Do you have with milk for breakfast, or do you prefer something hot?	
A	Would you be happy with a lunch instead of a cooked meal?	
5	Do you eat in a school or office?	
6	Do you always cook fresh food or are you happy to prepared or frozen food?	
7	Do you often get a rather than cook at home?	
8	How do you yourself if you want to eat something special?	
9	Do you ever eat food on your while watching TV?	
	bo you ever eat room on your	
Al	BOUT YOU Write your answers to Exercise 6, or talk to another student.	



Cars and driving

A The car





روه آموزش Combine words in the box to form eight compound nouns.

pedestrian "road parking windscreen warden steering traffic wing number wheel mirror plate meter crossing sign

What is it?

- 1 It's on the outside of the wheel.
- You look through it when you're driving.
- 3 It's where people walk.
- 4 You park next to it.
- 5 It identifies your car.
- 6 It helps people to cross the road.

Complete the sentences.

If you want to ...

- 1 change direction, turn the
- 2 store luggage, open the
- 3 see in the rain, turn on the
- 4 see at night, turn on the
- 5 overtake, look in your _____
- 6 know the speed limit, look for a ____

ABOUT YOU AND YOUR COUNTRY Write your answers, or talk to another student.

- 1 Do you have zebra crossings in your country? Do motorists stop for pedestrians?
- 2 Do you have and use pay and display machines? What methods of payment are there?
- 3 Do you have traffic wardens? What is your attitude to them?
- 4 Do you fit special tyres on your car in the winter?
- 5 Do you have automatic headlights and/or windscreen wipers? If so, are they helpful?
- 6 Do people park on the pavement in your country? ...



B Driving a car

- The first thing you have to do is start the car and pull away from the kerb.
- · You steer the car to control its direction.
- . If you want to go faster, you accelerate.
- If you want to slow down, you put on the brakes.
- If you want to go back, you reverse.

TEST YOURSELF

- If you change direction suddenly, e.g. to avoid hitting something, you swerve.
- If you drive fast on a wet road and brake too quickly, you may skid.
- If you pass another car going in the same direction, you overtake.
- With a manual car, you need to change gear all the time (from 1 to 5/6 and reverse).
- You need to be alert at all times and on the lookout for any potential hazards.

GLOSSARY	
pull away (from sth) accelerate	(of a vehicle) start moving (of a vehicle or person) start to go faster SYN speed up ; OPP slow down ; accelerator n the pedal in a car, etc. that you press to control the speed
skid	slide sideways or forwards in an uncontrolled way
manual	With a manual car, you operate the gears by hand. OPP automatic
alert	watching or listening with all your attention: be on the alert (for sth/sb)
be on the lookout (for sth/sb)	pay attention in order to see, find or avoid sth
potential	that may possibly happen
hazard	a danger or risk hazardous adj

1	pull away = start	"3JI	steer = control the	of
2	manual = operated by	53	the vehicle	
3	be on the lookout = pay		skid = slide because you ha	ave
4	swerve = change direction	the state of the s	control of the vehicle	
Re	eplace the underlined words wi	th words that keep the	same meaning.	
1	You need to speed up.			
2	I can't go back any further.	/ /	140	
3	Ice can be a real danger.		***************************************	
4	Birds are a possible problem.			
5	You can't pass another car here.		140	
6	You have to be on the alert.			
7	I changed direction suddenly to a	void the child crossing the	e road.	
8	OK, you can move forward now.			
C	omplete the sentences in a suit	ble way.		
1	You shouldn't			
2	You shouldn't		nd.	
3	When you slow			ally, not suddenly
4	You should always be			
5	People shouldn't drink and drive: and others.			
6	If you skid, take your foot off the b	rake and change to a high	ner	•
7	I don't know why people drive ma			
	BOUT YOU Do you agree with		ise 7, and do you always	follow the adv
W	rite your answers, or talk to an	other student.		





We reported earlier this morning on a major incident on the M5 just before the Gloucester Service Station. Eyewitness reports say a large lorry pulled out from the inside lane and collided with a BMW that was overtaking. The lorry then spilled part of its load of wood, causing a massive pile-up as vehicles crashed into falling logs. The driver of the BMW was reported to be in a critical condition and has been taken by helicopter to Bristol Southmeads Hospital, while ambulances have taken a further six or seven casualties to a nearby Gloucester hospital. We understand a passenger in the BMW died at the scene of the accident.

Two lanes of the motorway are now completely blocked and will be for some time, according to accident investigators. 'Vehicles are scattered all over the motorway and the damage is extensive,' said one. 'It's just chaos at the moment.' The police are advising motorists to exit via Junction 12, or avoid the area completely, if at all possible.

sth that happens, especially sth unusual or unpleasant	log	a thick piece of wood that has fallen or been cut from a tree
a place at the side of a motorway where there is a restaurant, toilets, petrol, etc.	critical	dangerous or serious: a patient in a critical condition
a person who has seen a crime, accident, etc. and can describe it afterwards SYN witness	casualty	a person who is killed or injured in an accident or a war
(of a car, etc.) move away from the side of a road a section of a road that is marked by white lines to keep traffic separate: inside lane; overtaking lane	scene block scatter	the place where sth happens: at the scene of the crash/crime make it difficult or impossible for sth/sb to pass spread over a large area
crash into sth; hit sth very hard while moving collision n go over the edge of a container by accident;	extensive chaos	large in area or amount: extensive damage a state of great confusion and a lack of order chaotic adj
sth that is being carried (usually in large amounts) by a person, vehicle, etc. load v put a large amount of sth into sth else very big SYN huge	exit via junction	a place where traffic can leave a road or motorway exit v through a place a place where roads meet; here, the place where a road goes off a motorway
	a place at the side of a motorway where there is a restaurant, toilets, petrol, etc. a person who has seen a crime, accident, etc. and can describe it afterwards SYN witness (of a car, etc.) move away from the side of a road a section of a road that is marked by white lines to keep traffic separate: inside lane; overtaking lane crash into sth; hit sth very hard while moving collision n go over the edge of a container by accident; make sth do this sth that is being carried (usually in large amounts) by a person, vehicle, etc. load v put a large amount of sth into sth else	a place at the side of a motorway where there is a restaurant, toilets, petrol, etc. a person who has seen a crime, accident, etc. and can describe it afterwards SYN witness (of a car, etc.) move away from the side of a road a section of a road that is marked by white lines to keep traffic separate: inside lane; overtaking lane crash into sth; hit sth very hard while moving collision n go over the edge of a container by accident; make sth do this sth that is being carried (usually in large amounts) by a person, vehicle, etc. load v put a large amount of sth into sth else

	c <u>i</u> dent serv <u>i</u> ce							mass <u>i</u> ve	extens <u>i</u> ve	v <u>i</u> a	exi
		los ara t			fthoso		lso the				
	ow many syllab ocked casua				cattered	chac		ulance	helicopter		
		,							********		
lar	ivide these wor ne eyewitness TRANSPORT		ambular	ice e		tion p	d may go in ile-up hel CCIDENT		an one gro casualties	up.	

*****		***************************************				***************************************					
			***************					•			
*****					***************************************						
w	hat can you re	member	from the	text	Write 7	(True)	or F (False)	. Correct	any senten	ces th	nat
	e wrong.					,,					
1	The incident ha	ppened in	n the mor	ning.		7	There were	two or th	ree other ca	sualtie	es.
2	Nobody saw w					8	Two lanes	of the mot	corway are no	ow op	en.
3	A lorry collided				********	9	There is a l	ot of dama	age to vehicle	es.	
4	The lorry spilled				موزشي	09/10			ng motorists		ter
5	One person die			spital.		5			motorway.		
6	An ambulance				N	4					
_	to hospital.			7							
				2	********						
Ri	ght or wrong?	Write R o	r W, and	corre	ct any d	efinitio	ns that are	wrong.			
1	If you pull out in	n a car, you	u get out	while		6	Scattered m	eans in lot	ts of different	t place	es.
	it is moving.				******	7	If you collid	e with som	nething, you	almos	t
2	A junction is a p	lace wher	e you turr	left o	r right.		hit it.				
3	Massive means	very big.				8	Chaos is con	mplete cor	nfusion.		
4	A lane is the sic	le of a roa	d.		***	9	An ambula	nce takes il	l or injured p	eople	2
5	Casualties are p	eople wa	lking by v	vhen			to hospital.				
	an accident hap	opens.			*****	10	If you block	somebod	y, you hit the	em.	
-											
-	omplete the se				on the	MA for a	atral and to	ant come	thing to got		
1	We stopped at										
2	If the road is cle	ear, you sh	ould stay	in the	inside	*************	£	or a mo	otorway.		
3	We passed one	lorry carr	ying a				of material to	one of th	e building si	tes.	22.
4	Lorry drivers, pr	otesting a	igainst th	e rising	cost of t	uel,	only a min	Or	two lanes of	the M	32 T
E	The protest end I was going to g	on the	motorwa	v hut	then deci	ded to	only a min	01	the sm	aller	
3	villages, which	was a nice	er route. U	nfortu	nately, th	ere was	an accident	, with vehi	cles everywh	nere. It	wa
_	Keep going unt		to a large				with the	A420. Turn	right there.		
6	It was a bad acc										
7	The car crashed	into a nil	e of	2.5 50		at t	he side of the	ne road Th	ne wood wer	nt eve	rvw
7	the second secon		~ ~!				in side of the				1
	There was a hu	ge			on the	M3 this	morning in	volvina ha	alf a dozen ve	ehicle	s. Or

TEST YOURSELF

Weather

A Conditions

English weather is unreliable, to say the least. We can have winters that are bitterly cold or extremely mild, and summers with long spells of hot weather when it can get very humid, or ones that stay generally cloudy and dull. Almost any day outside of summer can be mild or chilly. Equally possible are torrential rain, thick fog, flashes of lightning, scattered showers and the odd rainbow.

rainbow

GLOSSARY

dull

to say the used to say that sth is much worse or more least serious than you are saying bitterly cold extremely cold during cold weather, warmer than you expect mild a short period of time: a spell of hot/ spell cold weather humid

chilly (of the weather) too cold to feel comfortable torrential rain heavy rain SYN a downpour = fog that is difficult to see through thick fog SYN dense fog a sudden bright light that comes and goes flash quickly: a flash of lightning

scattered (of climate) warm and feeling slightly wet humidity n showers (of the weather) not bright, with a lot of clouds and odd

rain spread over a large area or happening several times during a period of time not regular or fixed; happening occasionally

Which is worse, or are they the same?

- 1 cold or bitterly cold
- thick fog or dense fog
- hot or hot and humid
- a chilly day or a mild day
- 5 torrential rain or a downpour
- a dull day on a bright day
- 7 the odd shower or scattered showers
- quite wet OR quite wet, to say the least

Replace the underlined word(s) with a single word that keeps the same mea	ning.
---	-------

- We've had a number of showers today.
- 2 We had a short period of cold weather last week.
- 3 It's been <u>really</u> cold this winter.
- We had very heavy rain this morning.
- 5 I drove through some very bad fog.
- 6 It was too cold to feel comfortable today.
- 7 I thought it would be cold, but actually it was warmer than I expected.
- 8 We get the occasional spell of hot weather.

not heavy or lasting for any period of time.

3 Complete the texts.

of rain followed by several (2) While we were out, we had a sudden (1) lightning. It was a bit frightening and we also got very wet, to say the (3) But then the rain stopped, the sun came out and there was a beautiful (4) By the end of the day I was sweating: it was hot and the (5) was unbearable. been quite hot, but today was cloudy and (8) _____ with (9) ____ expected later, though

TEST YOURSELF

B Effects of weather

Many people in this country listen to the weather forecast very closely, as it can have a significant impact on people's lives. Farmers are obviously dependent on weather conditions for the success of their crops, but the weather affects everyone:

- * A heatwave can eventually lead to water shortages and drought.
- * When there is heavy snow and blizzards, traffic comes to a standstill, and this causes widespread disruption on the roads.
- Gales cause damage to people's property, and this may be widespread.

weather forecast	a description of the weather that is expected in the coming days
closely	carefully and with interest
significant	important enough to be noticed and have an effect
dependent (on sth/sb)	needing sth/sb to support you
heatwave	a period of unusually hot weather
shortage	a situation where there is not enough of sth OPP surplus
drought	a long period without rain
blizzard	a bad storm with strong winds and a lot of snow
come to a standstill	reach a situation in which all activity or movement has stopped ALSO bring sth to a standstill
widespread	found or happening over a large area: widespread damage
disruption	a situation in which it is difficult for sth to continue in the normal way
gale	a very strong wind. A breeze is a light, usually pleasant, wind.

4	Is the pronunciation of the underlined letters the same or different? Write S or D. Use the opto help you.
	1 widespread heatwaye :: 100 40 orate damage
	3 shortage damage
	3 surplus blizzard 6 drought thought
5	Circle the correct answer.
	1 A surplus is too much / not enough of something.
	2 A breeze is a strong/light wind.
	3 Disruption causes / doesn't cause problems.
	4 If you are dependent on something, you need / would like it.
	5 A blizzard usually has strong winds / very low temperatures.
	6 A significant effect is quite small / large.
	7 A forecast talks about the <i>future/past</i> .
	8 A heatwave is a day / period of hot weather.
_	
6	Complete the texts. The weather (1) yesterday predicted heavy snow during the night, and they were right. Traffic came to a (2) on the A4 this morning, and there was widespread (3) on many of the minor roads as well. I will certainly listen (4) to the forecast tonight!
	Farmers in this country are (5) on rain for their crops to grow and flourish, and if the current continues with no further rain, it will be a second year of (7), and that means serious water (8)
	We had 65 mph (9)today, and this has caused (10) damage to a number of houses. If these conditions get worse, the damage will become more (11)
9	ABOUT YOUR COUNTRY Write answers to the questions, or ask another student.
	1 Which of the weather conditions on pages 64 and 65 are common in your country?
	2 What effect do they have on people's lives?
	3 Which of the weather conditions are rare in your country?
	Triner of the fredher conditions are larger to country.
	TEST YOURSELF

29 Clothes

A Different styles

- plain top (without a pattern)
- waistcoat
- 3 check/checked skirt
- 4 suede shoes
- 5 cap
- 6 strap
- 7 short-sleeved shirt
- V-neck(ed) sleeveless jumper
- sandals
- 10 silk top
- tight-fitting skirt (OPP loose-fitting)
- bracelet 12
- 13 high-heeled shoes







0	W	ho wears	the following most often? Is it men, women, or both equally?	
	1	caps	6 V-neck jumpers	

- 2 suede shoes
- 3 silk shirts
- 4 short-sleeved shirts
- 5 bracelets

- 7 high-heeled shoes
- 8 sandals
- 9 waistcoats

Complete the sentences with a suitable word.

- 1 I really like men in three-piece suits, with trousers, jacket and ______.
- 2 I've got one really tight-fitting dress, but usually I prefer _____ clothes.
- 3 My sister wears flat shoes most of the time but _____ shoes for special occasions.
- 4 I don't like bright patterns, so I usually wear _____shirts.
- 5 My sister has a very glamorous, tight-fitting black and white _____skirt.
- 6 I wear _____ a lot in the summer because my feet get so hot.
- 7 Most men only wear short-_____ shirts in the summer.
- 8 Since my dad went bald, he has started wearing a ______ to keep his head warm.
- I've got a grey backpack with adjustable shoulder
- 10 Some men like wearing _____-fitting T-shirts to show off their muscular bodies.

ABOUT YOU Write your answers, or talk to another student.

- 1 Do you have any clothes in suede or silk? If so, what?
- 2 Do you often wear sandals in the summer? If not, what do you prefer?
- 3 Do you wear a lot of short-sleeved tops or shirts? If so, when?
- 4 Do any members of your family wear a cap? If so, why? ...
- 5 Do you tend to prefer plain tops and shirts, or something with a pattern?
- 6 Do you ever wear waistcoats or V-neck jumpers?



B Special occasions

For my brother's **stag party**, we all had to march round town wearing **kilts**¹, with large **badges**² on our chests saying: If lost, return to Scotland.

At a recent fancy-dress party, my husband went as a woman cleaner wearing a wig and apron³, and carrying a bucket⁴ of water and a mop⁵. He looked silly.

I like to dress up for weddings and wear something elegant. The only problem in Britain is the weather. You can be standing around in a glamorous outfit, shivering at the same time.

In my house, barbecues are very casual affairs: T-shirt, shorts and flip-flops⁶.



GLOSSARY			
stag party	(ALSO stag night) a party for men only given for a man shortly before his wedding. A hen party is	glamorous	looking more exciting or attractive than ordinary people
	the same for women.	outfit	a set of clothes that are worn together for a
fancy dress	special clothes you wear to a party where people		particular occasion
	dress up to look like a different person	shiver	shake slightly, especially because you are cold or
wig	a covering made of real or false hair that you wear		frightened
	on your head	barbecue	(abbreviation BBQ) an outdoor meal or party when
dress up	put on more formal clothes, usually for a special		food is cooked on a metal frame on an open fire
		casual	very relaxed and informal
elegant	موزش attractive and showing a good sense of style	affair	an event or situation

1 2	fancy dress 3 wig stag 5 glamorous elegar stag casual 4 shiver casual 6 affair apron	nt	ous b <u>u</u> cket dress <u>u</u> p	
5 W	hat's the answer?			
1	You might wear one if you haven't got any hair.	***************************************	 **********	
2	You might wear one to do the cooking.		 	
3	You go to one of these pretending to be someone else.		 	
4	You might need this to wash the kitchen floor.		 	
5	People from Scotland sometimes wear these.		 ***********	
6	You might do this if you are very cold.	***************************************	 	
7	Men and women sometimes wear these on their feet on a beach.		 	
8	People may wear one of these to show they belong to an organization or support something.		 ***********	
9	People often like to do this to look elegant for special occasions.		 	
10	You have these outdoors and cook food on an open fire.		 ************	
11	People like to look this to appear more attractive and exciting than ordinary people.		 	
12	You might buy this to look elegant at a special occasion.		 	

Have you been to any fancy-dress parties? If so, who did you pretend to be?



Do you prefer to wear casual clothes most of the time? If so, what do you usually wear?

Do you often go to barbecues? If so, are they fairly casual affairs, and what do you usually wear?

4 (door)mat

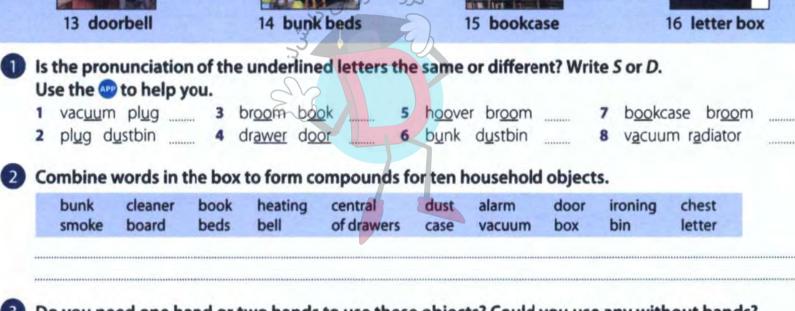
8 smoke alarm

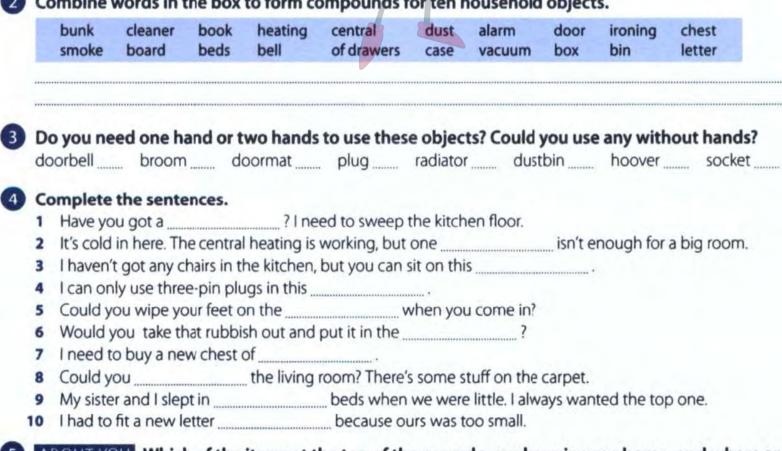
12 drawers

At home

A Furniture and household objects



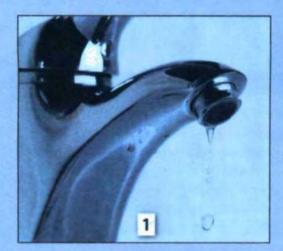




5 ABOUT YOU Which of the items at the top of the page do you have in your home, and where are they? Write your answers, or tell another student.



B Household chores







MUST DO THIS WEEK!

- · clean the inside of the oven it's very greasy
- · order a dozen bottles of wine for Jacinta's party
- get hold of a plumber's number to fix the dripping' tap in the loo
- · get new blinds for the spare bedroom
- · paint step3 in front of the porch4

TEST YOURSELF

· get rough estimate for painting the outside of the house

GLOSSARY	
greasy	covered in fat and oil from cooking grease n
dozen	twelve half a dozen = six
get hold of sth	find sth that will be useful get hold of sb find or make contact with sb
plumber	a person whose job is to fix problems with water, pipes, radiators, etc.
loo inf	a toilet
spare	not used now but kept for possible future use: a spare room/tyre
estimate	a clear idea of the cost, size, etc. of sth: a rough estimate (= an approximate idea) estimate v
outside	the outer side or surface of sth

1 estimate n estimate v 2 estimate blind 4 half spare 6 7 Replace the underlined words with words that have a similar meaning. 1 Could you get me six eggs? 2 Is anyone in the toilet? 3 Is the room at the end a free room? 4 I need to contact a builder. 5 Do you have the number of a person who can fix leaking pipes? 6 I need to get an idea of the cost? 7 The inside of the oven gets covered in fat and oil. 8 Complete the sentences. 1 I want to get of some wood to make a small gate for the fro 2 The of the house needs painting. We'll do it when the weath 3 Be careful walking down the : they're a bit dangerous when 4 You always get some on the wall around the cooker – it's from 5 We decided to build a to give the front door more protection 6 The tap in the sink keeps I must ring the plumber. 7 Six won't be enough. Could you get me a bottles of fizzy wone wood to have curtains in the bedroom, but now we've got to give the front was a similar meaning. 6 to give the first of the following size of fizzy wone a bottles of fizzy wone fixed to have curtains in the bedroom, but now we've got to give the first of the fixed	rough plumber	
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 The tap in the sink keeps I must ring the plumber. Six won't be enough. Could you get me a bottles of fizzy was 		
7 Six won't be enough. Could you get me a bottles of fizzy was		
	vater?	
The date to have culturis in the bedroom, but now we ve got		

Sleep

A Before, during and after sleep





BEFORE: You might be exhausted after a busy day, perhaps feel sleepy, start yawning¹ and decide it's time for bed. You might wear pyjamas² or, if you're a woman, possibly a nightdress/nightie3 (inf). When you get into bed, you might set the alarm4. Soon, if you're lucky, you will fall asleep.



DURING: When you're asleep, you have dreams and possibly nightmares. Some people snore. At this point they're fast asleep.



AFTER: 7.00am.The alarm goes off. It might wake you up, or you might be wide awake already. People without an alarm might oversleep, others might decide to have a lie-in.

GLOSSARY	
exhausted	very tired, either physically or mentally SYN worn out
sleepy	tired and ready to go to sleep
fall asleep	start sleeping SYN go to sleep/get to sleep; get back to sleep sleep again after you have woken up
nightmare	a bad or frightening dream
snore	breathe noisily while you are asleep
fast asleep	sleeping deeply SYN in a deep sleep OPP wide awake
go off	(of an alarm) ring or make a noise
oversleep	sleep longer than you should or want
have a lie-in	stay in bed later than usual

SPOTLIGHT sleep

There are a number of words and phrases derived from sleep: A heavy sleeper sleeps well. A light sleeper wakes easily. A sleeper can also be a night train with beds for passengers. A sleeping bag is a large bag you sleep in when you are camping. A sleeping pill/tablet is a medicine you take to help you sleep.

1 very tired, physical	y or mentally	6	stay in bed later than usual
2 clothes some worr	nen wear in bed	7	a night train with beds for passengers
	ou sleep	8	open your mouth wide because you are tired
	you want to	9	You sleep in this in a tent.
	***************************************	10	breathe noisily while asleep
Replace the underli	ned word(s) with words or p	hras	ses that keep the same meaning.
	ent to bed quite early last night		1
got to sleep without a	problem and very soon I was		2
in a deep sleep. Unfor	tunately, in the middle of the		3
night, I had a bad drea	m, which woke me up. After tha	t,	4
I was awake for ages a	nd didn't fall asleep again until		5
about half past four, so	when the alarm rang just after		6
	nd I carried on sleeping. When I		7
finally woke up, I still fe	elt a bit <u>tired</u> .		8
Complete the quest	ions?		ABOUT Y
	sleeper or a		sleeper?
	rearin bed?		
	et anwhen you	an.	to had?

4 ABOUT YOU Write your own answers to the questions in Exercise 3, or talk to another student.

4 Do you usually feel _____ awake as soon as you wake up?

Do other people ever tell you that you _____ when you're asleep?

5 Do you often have a _____ at the weekend?

8 Do you own or ever use a sleeping _____?

7 Have you ever taken sleeping _____?



B Sleep habits Hiroko Ella I work late and get up **Antonio** If I eat late, it disturbs my sleep early so that restricts my I sleep like a log and I often have a restless night. sleep to about five hours. wherever I am. Suzanna Carla Raul I sleep well as long as I establish a I'm sensitive to light and need Lack of sleep makes me good routine and stick to it. to sleep in total darkness. really irritable. Agnieszka Omar Nick During the day, I often When there are things on my I suffer from insomnia, so have a nap. mind - like exams - I sleep badly. I never get much sleep. **GLOSSARY** easily affected by sth which may cause pain sensitive sleep like a log sleep very well OPP have a restless night (to sth) stop sb doing sth, e.g. working, sleeping or thinking disturb the state of being dark: in total darkness darkness restrict put a limit on sb/sth If you suffer from insomnia, you are often insomnia irritable becoming angry easily unable to sleep. on condition that SYN provided that . as long as have a short sleep, e.g. for half an hour have a nap start or create sth such as a system, organization, etc establish If sth is on your mind, you're thinking or on my mind stick to sth inf continue with sth and not change to anything else worrying about it. The pronunciation of the letter Tis the same as in bit in most of these examples. Which two are different? Use the @ to help you. establish stick sensitive provided insomnia irritable disturb restrict 6 The pronunciation of the letter 's' is the same as in sit in most of these examples. Which two are different? Use the @ to help you. darkness. insomnia restless establish. as long as stick sleep disturb Combine words in the box to form six phrases. have a restless in total insomnia a nap have sleep have something on darkness night suffer from like a log my mind 8 Complete the sentences with a word or phrase. 1 I get very ______if I don't sleep well. I'm in my own bed. I don't sleep well in strange beds. 2 I sleep well 3 After a relaxing bath and a hot drink, I always sleep 4 Try to go to bed at the same time every night. Have a routine and to it. 5 I had too much to eat and drink last night, and I had a very ______ night. 6 I didn't sleep well last night because I've got a lot of things on ______ 7 Most experts say that you need to _____ a bedtime routine to sleep well. 8 I've been staying up late to revise for exams and that has ______ the amount of sleep I get. during the night, I find it difficult to get back to sleep. ABOUT YOU Read the statements at the top of the page again. Are they true for you? Write your answers under each statement, or ask another student.

TEST YOURSELF

32 Personal finance

A Spending and saving

Are you good at looking after your money? For example, do you:

- keep a clear record of outgoings, e.g. debit card payments, or do you find you are largely unaware of how much you are spending?
- keep your account in credit all the time, or are you sometimes overdrawn?
- pay your credit card bills promptly, or do you allow debts to mount up?
- check all the transactions in your bank statements, or do you just ignore them?
- think you're cautious with money, or do you waste large sums of money?

GLOSSARY	
outgoings (pl)	the amount of money a person or business has to spend regularly, SYN expenditure OPP income the money you earn from work or savings
debit card	a plastic card used for taking money directly from your bank account
unaware (of sth)	not knowing or realizing that sth is happening OPP aware; awareness n
be in credit	If you are in credit, there is money in your bank account. OPP be overdrawn
promptly	without delay prompt adj
debt	the amount of money you owe sb
mount up	increase gradually in size SYN build up , accumulate
transaction	a piece of business between people. In banking, you put money into an acount, or take it out / withdraw it.
bank statement	a printed record of activities in an account over a particular period
ignore	pay no attention to sth
cautious	careful about what you say or do, to avoid mistakes; not taking risks
sum (of sth)	an amount of money

1		t de <u>b</u> it	5	aware cautious
2	cautious withdraw	overdrawn	6	withdraw ignore
C	omplete the sentences.			
1	I'm completely of how oft them down. I have to go online to look at r I've made.	en I make ny bank	card pa in order	ayments because I never write to see all the
2	I keep a reasonable of mo And I like to pay all my bills			to keep it in
3	I didn't keep a record of my			and I've got various
4	My sister is very stupid: she evenh		ank telling	g her she needs to
Co	omplete the dialogues with a single wo	rd.		
1	Did you take some money out?	~ Yes, I		
2	Is there money in your account?	~ No, I'm afraid I'm		*******
2	Is there money in your account? Do you know what you spend?	~ No, I'm afraid I'm ~ Yes, I keep a record of	all my	
		~ No, I'm afraid I'm ~ Yes, I keep a record of ~ Yes, otherwise debts of	all my	· · · · · · · · · · · · · · · · · · ·
3	Do you know what you spend?	~ Yes, I keep a record of ~ Yes, otherwise debts	all my	up.
3	Do you know what you spend? Do you always pay credit card bills? Is he careful with money?	~ Yes, I keep a record of ~ Yes, otherwise debts of ~ Yes, he's very	all my	up.
3	Do you know what you spend? Do you always pay credit card bills?	~ Yes, I keep a record of ~ Yes, otherwise debts of ~ Yes, he's very ~ Yes, they have asked f	all my can	up.
3 4 5 6	Do you know what you spend? Do you always pay credit card bills? Is he careful with money? Does the company want the money now?	~ Yes, I keep a record of ~ Yes, otherwise debts of ~ Yes, he's very	all my can	up.

B Looking after your money

Creating a personal budget

Few people bother to budget, which is why so many are in debt. You must calculate the total income coming in each month, and the total going out, both regular outgoings and all other expenses. Then, subtract the expenses from the income. If there's a surplus, don't spend it: pay off any money you owe (in other words, your debts), and keep the rest for emergencies. If there is a shortfall, then you must take action. Consider where you can economize and make cutbacks. And don't expect anyone else to subsidize you and pay your debts.

GLOSSARY	
budget	plan how much to spend and what to spend it on. A budget is the amount of money available to spend with a plan for spending it.
calculate	use numbers to find a total number, amount or distance SYN work (sth) out; calculation n
subtract sth (from sth)	take one number from another to calculate the difference SYN take sth away (from sth)
pay sth off	finish paying money that you owe for sth
owe	have to pay sb for sth that you have received or borrowed
economize	reduce the amount of money, time, goods, etc. that you use SYN make cutbacks
subsidize	give money to sb to help them pay for sth subsidy n

SPOTLIGHT surplus, deficit, shortage, shortfall

A **surplus** is more of something than is necessary. If it is money, the opposite is a **deficit**; if it is food, petrol, etc, the opposite is a **shortage**.

A **shortfall** is the difference between what you have and what you need.

bu	ıdget	owe	calculate3	econor	nize	work son	nething out	
su	bsidize	subtract	pay sth off	deficit		take sth	away	
		ciation of th	e underlined	letters the	same or	different?	Write 5 or D	. Use the 🐵 to
ne	lp you.	la al al inc		- Le	cuthack	calculate		
1	subtract su					calculate	*********	
2	subsid <u>i</u> ze e		*********	5		c <u>u</u> tback	*******	
3	deficit sub	siga	*******	6	owe ec	<u>o</u> nomize	********	
Ci	rcle the odd	one out, th	en write what	the other	two wor	ds have in	common.	
1	a) shortfall	b) surpli		deficit				
2	a) shortage	b) calcu		shortfall				
3	a) economiz	99	The state of the s	subtract				
4	a) economiz			subsidize				
5	a) deficit	b) short	A STATE OF THE STA	budget				
6	a) work out	b) calcu	-	pay off				
	omplete the	toyte						
	The second second			ura food (1)			through	out the country and
1h	ie floods in th	e spring are i	with a significan	rere 1000 (1)		in	their income a	out the country, and and perhaps hoping
for	s will leave II	ot (3)	with a significan	to help th	em		trien income, a	ind pernaps noping
								5 7 7 7 7
ľm	not careful v	vith money a	nd don't often b	oudget, but t	then I dec	ided to kee	ep a record of n	ny regular outgoing
At	first, it was d	ifficult to (4)		all	my expen	ses, but In	nanaged after a	while. One month
Ire	ealised I had a	(5)		, and that I	would ha	ve to (6)	***************************************	*
ľm	n ashamed to	say that whe	n I went to univ	ersity I was s	till unable	e to (7)		. So, I
bo	prrowed mon	ey and ended	d up (8)		lots	of money	to different per	ople. Eventually my
		- ab	and (0)		mo f	or much of	the three year	s during my degree

33 Crime

A Types of crime

Some of these crimes involve **threatening** people (= saying you will cause trouble for them, and possibly hurt them if they do not do what you want). Most of these crimes are also **deliberate** (= you intend to do them; SYN **intentional**), but not always.

GLOSSARY			
manslaughter	(slaughter pronounced like daughter) killing sb illegally but not deliberately deliberately setting fire to sth, especially	blackmail	demanding money from a person by threatening to tell sb else a secret about them blackmail v. The person is a blackmailer .
	a building. The person is an arsonist .	kidnapping	taking sb away illegally and keeping them
rape	forcing sb to have sex, especially using violence rape v. The person is a rapist .		prisoner, especially in order to get money kidnap v. The person is a kidnapper.
fraud	cheating sb in order to get money or goods illegally	shoplifting	stealing goods from a shop by leaving without paying for them. The person is a shoplifter .
bribery	giving money to sb to persuade them to help you, especially by doing sth dishonest bribe <i>v</i>	mugging	attacking sb, or threatening to attack sb in order to steal their money, especially in a public place mug v. The person is a mugger .

shoplifting arson	mugging kidnapping	manslaughter rape		ribery aud	
involves violence		may involve violence	e	doesn	't involve violence
***************************************	109			*************	***************************************
Circle the crimes	which usu	ally involve money			
arson	fraud	mugging			
manslaughter	bribery	blackmail			
shoplifting	rape	kidnapping			
2 blackmail/3 arson/Complete the sen			6		ling/
		de my office by a mar	withal	knife wh	no demanded money from m
		but was found guilty			
3 The boy was		outside his home a	nd held	prisone	r for weeks.
		ores saying that '			
					knife, and took her money.
					ed to have sex with him.
		iceman with both mo		expens	sive holidays.
		it was not			
9 She	him h	threatening to tell th	e police	about t	he money he stole

B Causes of crime

What do you think?

- Some people think that it is the people closest to us when we are growing up who have the greatest responsibility for shaping our moral standards.
- Crime rates tend to be higher in slum areas, and for children from these areas, crime can become an attraction because it offers a way of becoming richer. They join gangs and drift into crime.
- Another cause is the abuse of alcohol and drugs which can force people into crime.
- Some argue it is personal weakness or parental neglect, made worse by a lack of discipline at home or in school, that leads people into crime.
- Some believe that if penalties for offenders were harsher, crime would go down.

GLOSSARY	
moral	concerned with principles of right and wrong behaviour morals n pl
slum	an area of a city that is very poor and where the houses are in bad condition
attraction	a feature or quality that makes sth seem interesting and enjoyable
gang	a group of young people who often cause trouble
drift into sth	start doing sth without a particular plan or purpose
abuse	the use of sth in a way that is wrong or harmful: suffer abuse abuse v
parental	connected with parents
neglect	the fact of not giving enough care or attention to sb/sth neglect v
discipline	the practice of training people to obey rules and punishing them if they do not
penalty	a punishment for breaking a law, a rule or a contract
offender	a person who commits a crime

severe, strict or cruel

	slum	words which h attraction	gang	abuse	discipline
	neglect	penalty	parental	moral	harsh
6	Replace th	ne underlined v	vords with a s	ingle word	that keeps the same meaning.

1 It's basically a very poor area of the city with houses in bad condition.
2 The parents have not given enough care and attention to these children.
3 Some of the children need better training to obey rules.
4 There's a very unpleasant group of youths waiting at the end of the street.
5 The children have suffered from wrong and harmful treatment.
6 Many people who commit crimes go on to commit further crimes.
7 It's all about knowing the difference between right and wrong.
8 If you see no future for yourself, crime is an exciting idea with possibilities of money.

harsh

- 7 Complete the sentences on the right. Keep the same meaning as the sentences on the left.
 - 1 It's the responsibility of the parents. It's a _______.

 2 They have abused the children. The children have ______.

 3 The teenagers do what they like. The teenagers lack ______.

 4 The issue is all about right and wrong. It's a ______.

 5 The law is too soft. We need ______.

 6 I committed crimes with no real plan or purpose. I just ______.

 7 There hasn't been enough care and attention. There has been a lot of _____.

 8 Young people like money. For young people, money is a big _____.
- 8 ABOUT YOU Look at the opinions about the causes of crime at the top of page. Do you agree?
 What about crimes committed by people who aren't poor?



34 Urban living

A The inner city

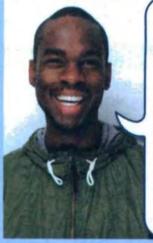
narrow, so I parked the car and went the rest of the way on foot. I soon regretted that decision. The pavements were filthy with litter, and there was a gang of youths hanging around on one of the street corners. I started to feel concerned for my safety, so I turned into a long passage at the back of a factory. It was covered in graffiti, and two homeless young men were sleeping on the cold damp ground. It was a depressing place altogether.

GLOSSARY	
inner	close to the centre of a place. The inner city is often associated with social and economic problems.
regret	(with an -ing form or noun) feel sorry that you did sth or that you did not do sth regret n
filthy	very dirty
litter	the paper that people don't want and leave on the ground
youth	a young man, usually one you do not have a good opinion of
hang around/ about inf	stay in or around a place not doing very much
concerned (about/for sth)	worried concern n, v
passage	a long narrow area with walls on either side that connects one room or place with another
graffiti pl	pictures or writing on a wall in a public place
homeless	having no home
damp	a little wet
depressing	making you feel very sad and without enthusiasm

reg	gret	filthy	ditter	abandon	damp	
ho	meless	hang around	graffiti	depressing	concerned	
Co	mplete the	e definitions wit	h a single wor	d.		
1	filthy = ver	/		5	damp = a little	
2		ty =			concerned =	
	close to the			7		king you feel
3	regret = fee	el	you did or did	not 8		on a wall in a publi
	do someth				place	
4	litter = pap	er left on the				
1 2	We walked	mes see quite a lo along a narrow	f	rom the park	in big cities; it's ver to the road.	
1	You someti We walked There was It's not a ni	mes see quite a lo along a narrow a lot of ce area: you get a	in the fam	rom the park nily when the hangir	to the road. children didn't arri ng around.	
1 2 3	You someti We walked There was It's not a ni Two workn	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning	in the fam	rom the park nily when the hangir off the	to the road. children didn't arri ng around. side of a bridge.	ive.
1 2 3 4	You someti We walked There was It's not a ni Two workn The street	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning was filthy, and it w	in the fam lot of the as pouring with	rom the park nily when the hangir off the rain. It was ve	to the road. children didn't arri ng around. side of a bridge. ery	
1 2 3 4 5 6 7	You someti We walked There was It's not a ni Two workn The street You often s	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning was filthy, and it w ee teenagers	in the fam lot of the as pouring with aro	rom the park nily when the hangir off the rain. It was ve	to the road. children didn't arri ng around. side of a bridge. eryentre of town with	ive.
1 2 3 4 5 6	You someti We walked There was It's not a ni Two workn The street You often s	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning was filthy, and it w	in the fam lot of the as pouring with aro	rom the park nily when the hangir off the rain. It was ve	to the road. children didn't arri ng around. side of a bridge. eryentre of town with	
1 2 3 4 5 6 7 8	You someti We walked There was It's not a ni Two workn The street You often s It started to	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning was filthy, and it w ee teenagers o rain so I	in the fam lot of the as pouring with ard	rom the park nily when the hangir off the rain. It was ve ound in the ce	to the road. children didn't arri ng around. side of a bridge. ery entre of town with	nothing to do.
1 2 3 4 5 6 7 8	You someti We walked There was It's not a ni Two workn The street You often s It started to	mes see quite a lo along a narrow a lot of ce area: you get a nen were cleaning was filthy, and it w ee teenagers o rain so I	in the fam lot of the as pouring with ard	rom the park nily when the hangir off the rain. It was ve ound in the ce	to the road. children didn't arri ng around. side of a bridge. ery entre of town with	
1 2 3 4 5 6 7 8	You someti We walked There was It's not a ni Two workn The street You often s It started to	mes see quite a lo along a narrow	in the fam lot of the as pouring with aro not taki	rom the park nily when the hangir off the rain. It was ve ound in the ce ing an umbre	to the road. children didn't arring around. side of a bridge. eryentre of town with alla. s in your country	nothing to do.
1 2 3 4 5 6 7 8	You someti We walked There was It's not a ni Two workn The street You often s It started to	mes see quite a lo along a narrow	in the fam lot of the as pouring with not taki you often see	rom the park nily when the hangir off the rain. It was ve bund in the ce ing an umbre these thing	to the road. children didn't arri ng around. side of a bridge. ery entre of town with i	ve nothing to do. /? Write your answers, or

TEST YOURSELF

B In the suburbs



I live in a block of flats that is surrounded by trees, which is rather nice. On the whole, it's considered a desirable district because it's a nice quiet suburb, near local shops and good schools, but also handy for town. The main drawback is that, although there is a pub nearby, it's not a particularly lively area – there's not much going on in the evenings, so you have to go into town for a decent nightlife. The other thing is that as time goes on, the area is getting more built-up, and that's a shame.

SPOTLIGHT go on

This phrasal verb has several meanings:

- 1 be going on be happening or taking place (as in the text)
- 2 (of time) pass SYN go by: As time went on/by, things improved.
- 3 (of a situation) continue: It could go on like this for a long time.

GLOSSARY		15 17 13	
surround	be or go all around sth: be surrounded by sth ; surrounding adj	drawback	sth that is not good or causes problems SYN disadvantage
on the whole	generally, but not true in every case SYN in general, generally	nearby adv, adj	not far away in distance: We went to a nearby restaurant. (NOT We went to a near restaurant.)
desirable	wanted, often by many people	lively	full of interest, with things to do
district	an area of a town or country that has particular features	decent	of a high enough standard: They have decent food there.
suburb	an area where a lot of people live, outside the centre of a town	built-up	(of an area of land) with a lot of buildings
handy (for sth) inf	located near to things you need syn convenient (for sth)	shame	a fact or situation that makes you feel disappointed SYN pity: That's a shame/pity. What a shame/pity.
	5		

5	Do	o the words and phrases in italics	ave the same meaning? Write S or D.
	1	In general / On the whole it's a nice pla	A handy / lively area.
	2	They live nearby / next door.	6 What's going on / happening here?
	3	It's convenient / decent.	7 The school is very handy/built-up.
	4	What a pity/shame.	It's quite a poor suburb / district.
6	Co	omplete the sentences with a word	or phrase.
	1	There used to be lots of open spaces,	but now it's a really area.
	2		, about two kilometres from the centre.
	3		by factories, which is a big
	4	It's verybeca	ause it's close to my children's school and the place where I work. The
			ice, with a park, children's playground and open spaces.
	5		r There are good shops rening it can be dangerous. The council say the area will improve, but I
		expect it to	
	6	For young people it's not that	in the evenings, which is a
		However, it does have a few	restaurants, which is good.
	7	There are one or two drawbacks, but	it's a nice place to be.
	8	For many families, the most	aspect of the area is that it has good schools.
7	Al	BOUT YOU Write your answers, or	ask another student.
	1		s there a feeling of space?
	2		
	3	What shops do you have nearby?	
	4	Is your home handy for most things?	
	-	What are the drawbacks?	
	2	What are the drawbacks:	

35 | Rural life

A Living in the country

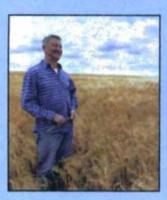
I live on the outskirts of a village. There's a shallow stream that runs along the bottom of my garden, and beyond that, a lovely meadow. So, it's a very quiet spot. Of course, not everything is perfect. Public transport in the country is very infrequent, and in the winter you can occasionally feel a bit isolated. Nevertheless, I wouldn't swap rural life for life in a town or city.

GLOSSARY	
outskirts	the part of a town furthest from the centre: on the outskirts of a town/city/village
shallow	not having much distance between the top and the bottom OPP deep
stream	a very small river
beyond	on or to the further side of sth
meadow	a field covered in grass, often used for hay
spot	a particular area or place: a quiet spot
infrequent	not happening often OPP frequent; frequency n
occasionally	sometimes but not often
isolated	without much contact with other people isolation n
nevertheless	despite sth you have just mentioned
swap	exchange one thing for another
rural	connected with the country and country life

1 Co	rrect the spelling mistakes. medow freqwent outskirt frequent outskirt	
1	medow as a so o o o o o o o o o o o o o o o o	assionally
2	freqwent 6 nev	vertheles
3	outskirt "3" 7 swe	ор
4	shalow 3 8 stre	eem
2 Re	place the underlined word(s) with a single word that	at keeps the same meanin
1	I wouldn't exchange my old cottage for a modern house.	
2	There's a very small river running through the village.	
3	The bottom of the garden is a very quiet area.	***************************************
4	We feel we lack contact with other people.	
5	We do get snow in winter but it's not often.	
6	I walked through a lovely field covered in grass.	
7	On the further side of the river there is a church.	
8	We go there sometimes but not often.	***************************************
9	It's very quiet in the evenings. Despite that, I still like it.	101111111111111111111111111111111111111
10	I used to live on the edge of the village.	
3 Cc	emplete the sentences.	
1	You can walk across if you take your shoes off - the stream	n is very
2	There isn't much contact with the neighbours, so they do	
3	Rain isn't in the east of the country. The	
4	There isn't much to do in the evening in a village.	
5	A feeling of peace and calm is one of the joys of	
6	My cousin lives on the of the town, quite	
7	What about the of the bus service? How	often do buses run?
8	Just the post office, you can see the brid	dge on your right.
9	We walked across the meadow and found a quiet	
	The river is very here, so don't let the chi	

B Farming

Martin Dobbs runs a mixed animal and arable farm. He keeps a herd of 75 dairy cows, which supplies milk and cream to local suppliers in the area, but that is in combination with a range of crops, including both cereals and fruit.



Although farming is becoming an increasingly difficult way to earn a living, Martin has never considered doing anything other than working in agriculture, which both his father and grandfather did before him. His son and one full-time labourer help him. When he dies, he will pass on the farm to his son.

S	POTLIGHT mixed
N	lixed can refer to:
1	different types of thing: mixed farming (as above)
2	good and bad qualities: I have mixed feelings about the farm.
3	consisting of different kinds of people: People of mixed race.

GLOSSARY	
arable	connected with growing crops
keep	own and care for animals: keep cows, sheep, etc.
herd	a group of cows, elephants and deer
dairy	(of a cow) that is kept for the production of milk
combination	the act of joining or mixing together two or more things; two or more things joined/mixed to form a single unit
crop	a plant that is grown in large quantities, especially as food: cereal crop
cereal	one of various types of grass that are produced for food, e.g. wheat
increasingly	more and more
living	money to buy the things you need in life: earn/make a living What do you do for a living?
labourer	a person whose job involves hard physical work labour n
pass sth on (to sb)	give sth to sb else, especially after using it yourself

	arable labour	cereal	mixed a living	.)	ysical lings	of cows	herd farm	
Co	omplete th	ne sentence	s on the rig	ht. Kee	p the sa	me meanin	g.	
1	The state of the s	arable farm.					······································	
2	We have o	over 100 cow	S.		We have	a		
3	10110	cereals and k			We are a		······································	
4		cereals and v			We are a	n		
5		ave milking			We are a			
6		he earn a liv			What		?	
7		Il get the far			l will			
8		-	of grass for fo	od.	We grow	various		
-			_					
•		e question				f caraals and	fruit (unantables?	
							fruit/vegetables?	
2			do formare			the work?		
3			do farmers					
4			do f			ina?		
2			a				ildran?	
0						m to their chi		
,							n?	
8	Do people	a nave	Te	elings a	bout ma	chines replaci	ng human labour?	
AF	BOUT YOU	R COUNTRY	Write ans	wers to	the au	estions in Ex	ercise 6, or talk to anoth	er stude

36 Holidays



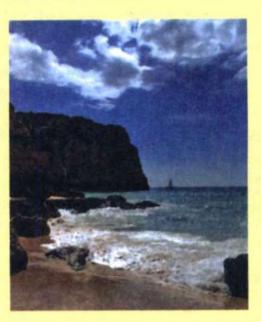
CITY BREAKS IN PRAGUE

Prague is a stunning city, and this thriving capital of the Czech Republic makes a romantic and vibrant city-break destination. A stroll through Prague's streets is a delight: its architecture is remarkably diverse.

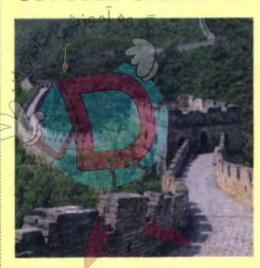
Charles Bridge and the Astronomical Clock have both undergone restoration, but the city was amazingly untouched by the Second World War.

UNWIND ON THE ALGARVE

The resorts on the Algarve, with their golden sandy beaches, are a great place to relax. Laze around on the golden sandy beaches, enjoy the atmosphere of traditional fishing villages like Alvor, or just wander round Albufeira's old town, which still retains its wonderful charm.



OFF THE BEATEN TRACK ON THE GREAT WALL OF CHINA



Our China trek offers a unique experience for the adventurous traveller who wants to get away from it all. Apart from the spectacular scenery, you will have the rare opportunity to camp in a remote part of rural China and experience local life in its most unspoilt state.

G	П	n	ς	ς.	Δ	R	Υ
•	-	•	_	_	•	•	

stunning extremely attractive or impressive thriving growing and developing, and very successful **SYN flourishing** vibrant full of life and energy; exciting sth that gives sb great pleasure delightful adj delight in an unusual or surprising way remarkable adj remarkably very different from each other, and of diverse various kinds undergo experience a process of change the work of repairing old buildings, paintings, restoration etc. restore v relax, especially after working hard unwind inf SYN take it easy a place which is known as a holiday destination: a beach/ski resort

laze around/about
wander around/
round
retain formal
charm

off the beaten track
trek
unique
adventurous
get away from it all

unspoiled (ALSO unspoilt) relax and do very little
walk slowly without a real purpose
or direction
keep sth
a pleasant or attractive quality or feature
charming adj
far away from other people and houses
SYN remote
a long hard walk, often in the mountains
being the only one of its kind
liking to try new things adventure n
go somewhere different to have a rest
or holiday
(of a place) beautiful because it has not

been changed or built on

Commission the Males	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		
Complete the dialogues.			
1 Is the town centre quite different now?	~ Yes, it has	major chan	ges.
2 Is it still a thriving place?	~ Yes, it's	*	
3 Is the restaurant quite cheap?	~ Yes, it's		
4 There's nowhere like Cuenca.	~ That's true. It's		
5 The village hasn't changed at all.	~ No, it's completely		
6 I've heard the villa is miles from anywhere.	~ Yes, it's very		
7 Have you been there before?	~ Yes, it's a very popular		
8 Is it a really enjoyable place?	~ Yes, an absolute		***************************************
Replace the underlined word(s) with a sing	gle word that keeps the	same meanir	ng.
1 He's running a <u>flourishing</u> clothes business.	gie word that heeps the	. same meani	.9.
2 Just look at that <u>beautiful</u> view of the mount	tains	***********	
3 My son's interests are very varied.		***********	
4 That particular building is the only one in ex	vistence	***************************************	
5 The villa was really off the beaten track.	disterice.		
The old town is a <u>surprising and unusual</u> pla		************	
7 We just want to <u>relax and do very little</u> .			
8 The old buildings in the centre need to be re	epaired.	**********	
Complete the text.			
Great Expectations	كروه آموزي		
6			45 54 45
After a hard time at work, I was looking forwa	ard to taking it (1)		for a couple of
weeks on a Greek island. The villa was by the	sea and off the (2)	***************************************	At least, that's
weeks on a Greek island. The villa was by the what I had understood from the holiday brock	sea and off the (2)	omewhat differe	At least, that's nt. The villa was
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3)	nure, but the reality was so had to stay in a nearby be	omewhat differe	At least, that's nt. The villa was
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3) so I where most people were trying to do the same	nure, but the reality was so had to stay in a nearby be as me: (5)	omewhat difference each (4)arou	At least, that's nt. The villa was nd on the
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3) so I where most people were trying to do the same beach during the day, and then (6)	nure, but the reality was so had to stay in a nearby be e as me: (5)	omewhat difference each (4) arou streets in the ev	At least, that's nt. The villa was nd on the rening. Sadly,
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3), so I where most people were trying to do the same beach during the day, and then (6) the place turned out to be (7)	had to stay in a nearby be as me: (5) round the same and unplea	omewhat difference each (4) arou streets in the ev	At least, that's nt. The villa was nd on the rening. Sadly,
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3) so I where most people were trying to do the same beach during the day, and then (6)	had to stay in a nearby be as me: (5) round the same and unplea	omewhat difference each (4) arou streets in the ev	At least, that's nt. The villa was nd on the rening. Sadly,
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3), so I where most people were trying to do the same beach during the day, and then (6) the place turned out to be (7)	had to stay in a nearby be as me: (5) round the same and unplea	omewhat difference each (4) arou streets in the ev	At least, that's nt. The villa was nd on the rening. Sadly,
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3), so I where most people were trying to do the same beach during the day, and then (6) the place turned out to be (7)	had to stay in a nearby be as me: (5) round the same and unplead open.	omewhat difference each (4) arou streets in the ev asant, so my ide	At least, that's nt. The villa was nd on the rening. Sadly, a of getting
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3) so I where most people were trying to do the same beach during the day, and then (6) the place turned out to be (7) (8) all just didn't hap	had to stay in a nearby be as me: (5) round the same and unplead open.	omewhat difference each (4) aroustreets in the evasant, so my ide	
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3)	had to stay in a nearby be as me: (5) round the same and unplead open.	aroustreets in the evasant, so my ide	nt. The villa was nd on the rening. Sadly, a of getting
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3) so I where most people were trying to do the same beach during the day, and then (6) the place turned out to be (7) (8) all just didn't hap Replace words in the text with words from unwind thriving diverse vibrant structured by seven hills, and from mo	had to stay in a nearby be as me: (5) round the same and unplead open. The box so that the meaning restore remarks of them you have beauti	each (4) aroustreets in the evasant, so my ide	nt. The villa was nd on the rening. Sadly, a of getting retain unusual and surprising
weeks on a Greek island. The villa was by the what I had understood from the holiday brock undergoing (3)	had to stay in a nearby be as me: (5) round the same and unplead open. The box so that the meaning restore remarks of them you have beautiful architecture and cut is varied architecture and cut	arounder of this cultural heritage. It	nt. The villa was nt. The villa was nd on the rening. Sadly, a of getting ne same. retain unusual and surprising But it is also a moder
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TEST YOURSELF

37 Holiday accommodation

A Luxury accommodation

When we go away, the last thing we want is to find that everywhere is fully-booked, no vacancies anywhere, ending up in a miserable B and B (or Airbnb), possibly in the middle of nowhere. Therefore, we always book well in advance and go for something fairly exclusive, preferably in a town. It doesn't have to be a grand or impressive building, but we do expect luxury and first-class service in order to justify the high prices these places charge. Having said that, high prices are no guarantee of high quality.



SPOTLIGHT accommodation

A B and B (ALSO B & B – abbreviations of bed and breakfast; ALSO guest house) is like a fairly cheap hotel but it does not serve evening meals.

Airbnb is a private company in which members offer accommodation in a room, flat or house they own. This is all arranged online.

fully-booked	(of a hotel, restaurant, theatre, etc.) full; no places available	preferably	used to show which person or thing would be better or preferred
vacancy	a room in a hotel that is available: no vacancies	luxury impressive	beautiful and expensive things luxurious adj causing a feeling of admiration because of its size
miserable	unpleasant, making you feel unhappy		quality, importance, etc. SYN grand; impress v
in the middle of nowhere	far away from other people and houses	justify having said	give or be a good reason for sth used to introduce an opinion that makes what
in advance	before a particular time or event: book well in advance (= book a long time before you go)	9) that	you have just said seem less strong a promise that sth will be done or that sth will
exclusive	expensive and reserved for special people	9	happen guarantee v

justify vacancy luxury in advance miserable guarantee luxurious exclusive preferably fully-booked Good news, bad news, or could it be either? Write G, B or either. The meal was impressive. 5 The B&B was in the middle of nowhere. The hotel was fully booked. 6 The weather was miserable. 3 They gave us a guarantee a taxi would be there.
7 This area is rather exclusive. 4 There were still vacancies at the hotel. 8 The room wasn't luxurious. 3 Complete the dialogues with a suitable word or phrase. ~ Yes, very good. _____, there wasn't a lot of choice. 1 Was the breakfast good? ~ I don't mind, but ______ overlooking the garden. 2 Which floor do you want? ~ Yes, we booked well _____. 3 Have you reserved a room? ~ Yes, they _____ that when I rang and cancelled. 4 Will they refund your money? ~ I know, but they _____ that by the high quality of It's very expensive. the rooms. ~ No, we got the last _____, so they're Are there still rooms available? now. 7 Was the building very grand? ~ Yes, we were _____. 8 It's a very expensive place, isn't it? ~ Yes, but I like a bit of ______ on my holidays. ABOUT YOU Write your answers, or talk to another student. 1 Do you book your holidays well in advance?

Do you often stay in fairly luxurious hotels?Do you ever stay in a B&B or use Airbnb?

4 Do you like being in the middle of nowhere for your holiday?

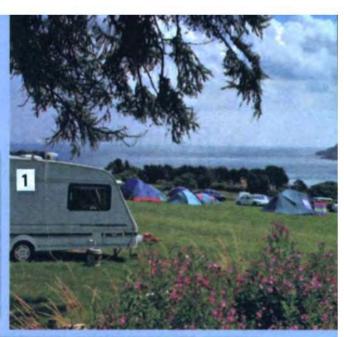
5 Do you think high prices usually guarantee high quality in your country?

6 What do you look for most in holiday accommodation?



B Budget accommodation

We're not mean, but we've generally opted for holidays which only require a fairly limited budget: occasionally in a caravan¹, but more often we go camping or stay in a youth hostel. The thing that appeals to me about camping is not just expense – it's cheap - but it also enables us to move around more freely, and we like that flexibility. And given that we generally live in comfort, I think it's good for the children to experience a type of holiday which is a bit different. When we go away we are quite strict about them not using their phones.



GLOSSARY	STATE OF THE STATE		
mean	wanting to keep money and not spend it on others OPP generous	enable sb/sth to do sth	make it possible for sb/sth to do sth
opt for sth	choose sth	flexibility	the ability to be changed easily flexible adj
budget	an amount of money you are able to spend		OPP inflexible
	on sth	given (that)	when you consider sth
youth hostel	a cheap and simple place to stay, especially for young people	comfort	the state of having a life with everything you need, or being physically relaxed: <i>live in comfort</i>
appeal (to sb)	be attractive or interesting to sb appealing adj	go away	leave home for a period of time, especially for
expense	the money that you spend on sth:		a holiday
	an extra expense	strict	not allowing people to break rules or behave badly

Complete the dialogues with a word or phrase. 1 Can you choose when you travel? ~ Yes, there's lot of with dates and times. 2 It's a very expensive holiday. ~ Yes, especially that he doesn't earn much. 3 My uncle is paying for my holiday. ~ Wow, that's very of him. 4 Are you here this weekend? ~ No, we're for a few days. 5 Are you hiring a car as well? ~ No, that's an extra we'll take buses. 6 We need to stay somewhere really cheap. ~ OK, how about a or a read or a
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2 If it's a cheap place, we can stay a bit longer.3 We have a limited amount of money to spend.
3 We have a limited amount of money to spend.
5 We chose something quite simple.
6 I want to have a pleasant life and everything I need.
7 A room with a balcony costs more money.
8 A caravan doesn't interest me.
The state of the s
7 ABOUT YOU Write your answers, or talk to another student.
1 Have you ever stayed in a caravan or youth hostel? If so, what were they like?
2 Do budget holidays appeal to you, or do you prefer to stay somewhere in comfort?
3 Do you have a limited budget when you go on holiday?
4 Do you restrict using your phone (for work) when you're on holiday?



38

Buying and renting

A Buying





Hi Matt

Just wanted to let you know we've sold our terraced¹ house, and moved in to a larger semi-detached² property further out of town. It doesn't look that big from the outside, but the interior is really spacious: large entrance hall, with a wide staircase, and open-plan kitchen, dining room and living room. The bedrooms are also a good size, which is great. We need to do some decorating and probably put in a new kitchen, but basically the overall condition is quite good. The other bonus is that it was actually cheaper than our other house, largely because of the location, so we don't need such a big mortgage. ...

GLOSSARY	
interior spacious	the inside part of sth OPP exterior having a lot of space; large in size
entrance hall	the area directly inside the front door of a building
staircase	a set of stairs
open-plan	(of the inside of a building) not divided into separate rooms
decorating	the act of putting paint, etc. on a wall or ceiling of a room or house: do (some / a bit of) decorating
put sth in	fix equipment or furniture into position so it can be used SYN install
basically	used to say what the most important or most basic aspect of sth is SYN essentially
overall	generally; when you consider most things
bonus	sth good that you get in addition to what you expect
largely	mostly
mortgage	money you borrow in order to buy a house or flat: take out a mortgage (= organize a mortgage)

1) Find an underlined letter in the right-hand box with the same pronunciation as the underlined letter(s) in the left-hand box. Use the 10 to help you.

Send

sp <u>a</u> cious	st <u>air</u> case	mortgage	camer <u>a</u>	l <u>a</u> te	s <u>a</u> w
det <u>a</u> ched	entr <u>a</u> nce	over <u>all</u>	fl <u>a</u> t	c <u>a</u> re	dam <u>a</u> ge

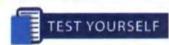
Complete the sentences.

1	There are one or two	o small differences, but	the flats are the s	ame.
2	We've got a narrow	up to the se	econd floor.	
3	The	of the house needs money	spent on it, but the	is fine.
4	The price is	to do with location		
5	We didn't need a			
6	There's also a garage	at the back. That's a	······································	
7	There are a few thin	gs wrong with it, but	it's fine.	
8	We are going to do	some in the	e bedrooms.	
9	The living room is re	ally		
10	We plan to	a new shower.		

3 Complete the questions.

1	Are and ser	nihouses common?
2	Is it common in flats to have a large e	entrance?
3	Do people often prefer an open	design?
4	Do most people	a mortgage to buy a flat or house?
5	Do people usually do the	themselves, or employ someone to do it for them?
6	When neonle huy a new home do the	new often new hathrooms or kitchens?

4 ABOUT YOUR COUNTRY Write your answers to Exercise 3, or talk to another student.



B Renting



I've finally found somewhere to rent. It's been difficult as there aren't many rental properties on the market at the moment. It's on the top floor of a three-storey house – I guess it was originally the attic – and I've taken out a one-year lease, but the landlord is happy for me to extend that if I want to. It's unfurnished, so I will have to buy a lot of new stuff, but it has recently been redecorated, and there's quite a lot of storage space. It's a two-bedroom flat, and I've already got a flatmate to share the rent with me, so it's not too expensive. I've just got to sign the contract now and pay the deposit along with one month's rent. I move in next week.

GLOSSARY			
rental	A rental property is a property that you rent rather than buy.	extend	make sth longer or larger, in space or time: extend a building; extend a lease; extension n
on the market	available for sb to buy or rent	unfurnished	without furniture OPP furnished
storey	one floor or level of a building: a multi-storey car park	storage	the process of keeping sth in a particular place until it is needed; space where things
attic	the space or room under the roof of a house ALSO loft	flatmate	can be kept a person who shares a flat with one or
lease	a legal agreement that lets you use a building		more people
	for a fixed period of time in return for rent	contract	a written legal agreement: sign a contract
landlord	a person who rents out a house/flat or room to people for money. A landlord can be a man or a woman; a landlady is a woman only.	deposit	money that you pay when you rent sth and that you get back when you return it without damage

5	Underline the main stress on these words. Use the	to help you.
---	---	--------------

landlord unfurnished rental attic extend flatmate deposit contract

6 Underline the correct answer. Both answers may be possible.

- 1 Is the flat a rent / rental property?
- 2 Who is the landlord / landlady?
- 3 I'm storing stuff in the attic / loft.
- 4 I need to find a flatguy / flatmate.

- 5 There's lots of storey / storage space.
- 6 It's a six-month rent / lease.
- 7 I'll move in after I write / sign the contract.
- 8 I hope I can intend / extend the lease.

Complete the dialogues in a suitable way.

- 1 Are you moving in soon?
- 2 Are you living there on your own?
- 3 Is there plenty of space to put things?
- 4 Do you have to pay anything before move in?
- Do you need to buy much furniture?
- Have you bought the flat?
- 8 You're on the first floor?

- ~ Yes, I just have to sign the ______tomorrow.
- ~ No, I've got a couple of ______.
- ~ Yes, there's loads of _____space.
- ~ Yeah. You pay a ______ usually about
- a month's rent. What if you want to stay more than a year? ~ I've already asked about an ______ to the
 - lease.
 - ~ No, the flat is fully _____.
 - ~ No, it's a
 - ~ Yes, that's right, but it's a fourbuilding.

ABOUT YOUR COUNTRY Write your answers, or talk to another student.

- 1 Is it common to rent flats?
- Are they usually furnished or unfurnished?
- Is a one-year lease the normal length of a contract?
- Are landlords/landladies usually happy to extend a rental contract?

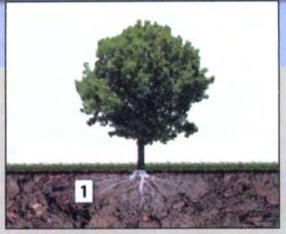


39 Gardens and gardening

A A natural garden

I've always wanted a garden that copies the best of **nature**. So, having **acquired** a country cottage with land around it, I'm now creating my own **wildlife** garden. I will need to remove a few old tree **roots**¹ that make planting difficult, but generally the project is going well. A gentle **slope** drops down from the cottage to a **pond**², where I've discovered quite a rare **species** of **frog**³, which I obviously want to protect.

Near the pond is a **greenhouse**. I will grow tomatoes, but it's largely **intended** for more **tropical** fruits that you can't normally grow in England, such as melon and guava. There's already a variety of **mature** plants in the garden, and a **shed** where I can keep all my tools. Finally, I'm hoping to attract birds to build their **nests** in an old **hollow** tree in the small **wood** I have along one side of the garden.







GLOSSARY

acquire formal get sth by buying it or being given it

wildlife animals, birds, and insects that live in a natural state

slope a piece of land that is higher at one end than the other slope v

species a group of plants or animals that are all similar and can breed together

intended (for sth) planned or designed for sth

tropical coming from or found in very hot parts of the world

mature fully grown or fully developed

shed a small simple building, usually built of wood, and often found in gardens

nest a place where birds lay their eggs and live with their young nest v

wood (ALSO woods) with a hole or empty space inside an area of trees, smaller than a forest

SPOTLIGHT nature

We can say someone is interested in **nature** ([U] = the physical world and everything that lives in it). We don't talk about being in the nature. We can say:

 Ilike being in the countryside OR looking at beautiful scenery.

Circle the correct answer(s). Sometimes both answers are possible.

- The lake / pond is about 30 cm deep.
- 2 The trees are fully grown / mature.
- 3 There's a great view of the scenery / nature.
- 4 We have a lot of tropic / tropical fruit.
- 5 How did you get / acquire the land?
- 6 I'm very interested in nature / the nature.
- 7 We need to protect wildlife / wildliving.
- 8 I like being in the scenery / countryside.

2 Find five pairs of words in the box. Write a sentence to explain the connection each pair has.

frog tools birds wildlife trees nature nest pond shed roots

3 Complete the sentences.

1 The ______ is spectacular: beautiful lakes surrounded by mountains.

2 For the plants to grow, water has to get down to the

3 I often go for a walk in the ______. It's a great place to see birds.

4 The garden isn't big, but there may be a chance to _____ more land next to it.

5 The lights are ______ for the garden when we sit out on warm summer evenings.

6 I read that there are 369,000 of flowering plants in the world.

7 From one end of the garden, there is a gentle _____ which goes down to the river.

8 I love pineapple, but growing _____ fruit in this country is not easy.

9 It gets very hot in the ______, so it's great for growing tomatoes and cucumber.

10 The tree was _____, so birds could go in and out very easily.



B Gardening through the seasons

SPRING: Add compost to improve the soil.

Cut back any bushes that have got too big.

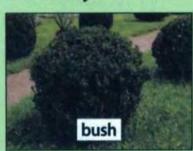
Dig the ground if it's not too muddy.

SUMMER: Mow the lawn once a week.

Weed the garden, little and often. Find a nice bench, put your feet up¹ and enjoy the garden.

AUTUMN: Tidy **hedges** and fallen leaves.

Routine maintenance, e.g. clean tools and clean the shed.









pt mowed pp mowed / mown

GLOSSARY		
compost	a mixture of decaying plants and food that is added to soil to help things grow. Compost makes soil more fertile.	remove weeds (wild plants growing where they are not wanted, especially in a formal garden) weeding n: do some weeding
soil	the top part of the earth in which trees and plants grow	sit down and relax, especially with your feet raised and supported
cut sth back	remove some of a plant's stems or branches to improve future growth	a line of bushes growing close together around a garden or field
muddy	(of the earth) wet from too much rain mud n maintenance	keeping sth in good condition by checking or repairing it regularly maintain v

- 4) Good news or bad news? Write G or B.
 - The ground is muddy.
 - 2 We've got lots of compost for the garden.
 - 3 I've just mowed the lawn.
 - 4 The lawn is full of weeds.

- 5 There's loads of digging to do.
- 6 I'll be able to put my feet up.
- 7 The soil is fertile.
- 8 The hedges need cutting back.
- 5 Replace the underlined words with a word or phrase that keeps the same meaning.
 - 1 Have you got something I can use for digging?
 - 2 I'm going to sit down and relax.
 - 3 He's going to <u>cut</u> the <u>grass</u>.
 - 4 You'll need to reduce the size of this bush.
 - 5 I'm going to improve the soil.
 - 6 Where's the machine to cut the grass?
 - 7 There's a line of bushes round the field.
 - 8 I need to take out the weeds.

- Have you got a _____?
- I'm going to _____.
- He's going to ______.
- You'll need to _____.
- I'm going to add _____
- Where's the _____?

- There's a _____. I need to do ______.

- 6 What do you know about gardening? Answer the questions.
 - 1 Why add compost? ...
 - 2 Why is mud a problem?
 - 3 Do you need to weed the garden?
 - 4 How frequently might you mow the lawn?
 - What do you do with plants and bushes that are getting too big?
 - What's the purpose of a garden bench?
 - Do you ever need to tidy a hedge?
 - Give examples of routine maintenance.



Personal technology

A Downloading an app on your phone

- Launch the chosen app store on your device.
- Scroll down to browse the available apps.
- Tap the app you want.
- Tap 'get' if it is free, or the price if it is to be paid.
- Select install if it is free, or 'buy' when the icon switches.
- Key in your password or use touch ID when prompted.

If you have a problem downloading an app, you may not have enough available storage on your device. You can manage your storage in Settings.

SPOTLIGHT launch

In computing, launch means 'start a program'. Launch is also used with the meaning 'start an activity' with a range of nouns in

 launch a campaign / an investigation / an appeal / an enquiry /an attack

	NAME AND ADDRESS OF THE OWNER, WHEN PARTY AND ADDRESS OF THE OWNER,
scroll up/down	move text up or down on the screen so
	that you can read the different parts
browse	look through different websites without
	reading everything browsing n
	A browser is a program that lets you
	see documents on the internet.
tap (on) sth	hit sth/sb quickly and lightly: tap the
	icon to open the app
install	put a new program onto a computer or
	device installation n
icon	a small symbol on a computer or
	smartphone screen that represents a
	program or a file
switch	change or make sth change from one
	thing to another
key sth (in)	put information into a computer using
	a keyboard
prompt	encourage or tell sb to do sth on
	a computer
storage	the process of keeping information on a
Marie Relian	computer and the way that it is kept
settings pl	the place on a computer or device where

you can choose the way it looks or works

-	4		
	Correct	the	errors.

- stroll up a document
- 2 tap the ikon
- 3 lanch the programme
- 4 brouse the website for help

5 instal the program

GLOSSARY

- 6 The computer will promt you to act.
- Go to setting to change sounds.
- How much data storige have you got?

Cover the glossary. Which words are being defined?

- 1 put information into a device using a keyboard
- 2 touch something, e.g. an icon, quickly
- 3 change from one thing to another
- 4 start a program, an app, etc.
- 5 a program that lets you read documents on the internet
- 6 the process of keeping information and the way it is kept

7 move text on a screen up so that you can read it

3 Complete the dialogues.

- 1 Did you manage to put the program on your computer? ~ Yes, I _______ it successfully.
- 2 Where did you find out about that new restaurant app? ~ I was just _____ on a food website.
- 3 How will I know what to do next?
- 4 How do I open the app?
- Where are the answers to the quiz questions?
- 6 How do I check the battery on my phone?
- What are the police doing about computer crime?
- How do I send a message?

- ~ The program will you to continue or cancel.
- ~ You just _____ the icon on the screen.
- ~ They're at the bottom of the document. Just down a bit.
- ~ Go into .. and click on 'battery'.
- various investigations. ~ They've
- ~ Tap on this



B Routine maintenance

- Don't leave your device charging all the time. When fully charged, unplug the power cable.
- Use an antivirus program, and keep it updated.
- Remember to do regular backups of your data. If you use your computer a lot, back your work up every day.
- Don't turn the computer off every time it freezes. Wait a while before you decide whether or not to reboot.
- Clean your computer screen by wiping downwards with a damp cloth. Don't let any water drops get into the computer: they could ruin the internal components.

GLOSSARY	SALUE SHIP TO MINIBER
unplug	remove the plug of a piece of electrical equipment from the power supply OPP plug (sth) in
cable	a set of wires covered in plastic or rubber that carries electricity, etc.
antivirus	designed to find and destroy computer viruses
update	make sth more modern by adding new parts or information update n
backup	a copy of the information on your computer that you keep in case you lose the information back sth up
freeze	When your computer freezes , you cannot move any images because of a system problem.
reboot	switch off a computer then start it again immediately
wipe	remove dirt, liquid, etc. from sth using a cloth or your hand
downwards	towards the ground or towards a lower level OPP upwards
damp	a little bit wet
ruin	damage sth so badly that it loses its value, pleasure, etc.
internal	connected with the inside of sth OPP external
component	one of several parts of which sth is made

	ruin antivirus 3 upwards plug in	5 damp external			
2	antivirus wipe 4 cable update	6 downw <u>a</u> rds antivir <u>u</u> s			
Aı	nswer the questions.				
1	If you <i>ruin</i> something, can you still use it?				
2	If you <i>reboot</i> your computer, do you turn it on or off?				
3	When you wipe something, are you cleaning it?				
4	Does a computer have one <i>component</i> or many?				
5	Is a computer mouse an internal or external component?				
6	If you don't have a backup of your data, is that sensible?				
7	Does a cable connect something to a power supply?				
Co	omplete the questions with a suitable word.	8			
	Does your computer screen often?				
2	Have you gotsoftware to protect the dat	ta on your device?			
3	How do you clean your screen? With acle				
4	And do you wipe the screen upwards or				
5	How often do youyour software?				
6	What time of day do you usually in your phone to charge it?				
7	Do youyour data once a day/week/mont				
8	If you use a desktop computer, do you ever				
Α	BOUT YOU Write your answers to the questions in E	xercise 6, or tell a partner.			

41 Competitive football

A The championship

THE PREMIER LEAGUE

As the championship reaches its climax, Manchester City and Liverpool are still challenging for the title. Man City's next opponents are Fulham, at home, which looks to be a relatively easy game. Liverpool, however, face much tougher opposition, away at Arsenal. The manager is not underestimating the difficulty of the task. 'Arsenal are a quality side and still contenders for a place in the top four, so our priority is just that one game, and not to think about the championship title.'

league	a group of sports clubs that compete with each other for a prize
climax	the most important and exciting part of a book, film, game, etc.: reach a climax
title	the position of being the winner in a competition, especially in sport: She has three world titles in cycling.
opponent	(in sports or competitions) a person/ team who plays against sb
at home	If a team plays at home, they play in their own stadium. OPP away (at Arsenal, etc.); home adj, away adj: an away/home game
relatively	to quite a large degree, especially when compared with others
tough	difficult
(the) opposition	the person or team you compete against in sport
underestimate	think that sb/sth is not as strong, good, etc. as they really are OPP overestimate
contender	a person or team with a chance of winning a competition
priority	sth that is more important or you must do before anything else: a top priority

cli	max u	underestimate	opponent	contender			
rel	latively p	priority	opposition	overestimate			
A	nswer the questions	s.	11				
1	If something is relative	vely easy, is it quite e	asy or extremely easy?				
2	If it's a tough game, i	s it a very physical ga	me, or a difficult game	?			
3	Is the opposition, a te	eam you are playing	against or a team you d	on't like ?			
4	In a competition, is a	contender the team	who is going to win it?				
5	If something is a prior	ority, is it quite import	tant or very important?				
6	If you've observed th	ne opposition careful	ly, are you likely to				
	underestimate them	, overestimate them,	or judge them well?				
7	Does a <i>climax</i> come	at the beginning or	the end?				
8	Does a <i>league</i> involv	e one team or many	teams?				
C	omplete the senten	res					
1			e a team that have won	two championships, so it will be a ve			
	match.						
2	After his injury, Brow	n's top	now is to get back t	o full fitness.			
3	There are no weak to	eams in the League, s	o you should never	the opposition.			
4	There are 20 teams in	n the Premier	*				
5				will be much tougher.			
6				n for the championship.			
7				at Liverpool the following week.			
	With just one round	of games to go, the	championship is now	a climax.			
8	Tricingast one round						

B What do football supporters think?

CHELSEA

We lack a bit of consistency and the manager is under pressure. However, I still think we have a real chance of being in the top four and qualifying for The Champions League.

MANCHESTER UNITED

The new manager has transformed our season, and getting players back from injury has been a real boost. We had no chance of qualifying for Europe at Christmas, but now it's a possibility.

SPURS

We have a habit of dominating the opposition, then we throw it away at the end. Last week's defeat was a bad one, but I still think we stand a chance of getting into the top four.

sth that helps or encourages

using vocabulary from above, or tell a partner.

TEST YOURSELF

sb/sth

boost

ARSENAL

We've sorted out one or two problems off the pitch, but after three defeats in a row, there may only be an outside chance of making the top four.

GLOSSARY consistency the quality of always behaving dominate be more powerful, important in the same way or having the or noticeable than others same standard, etc. consistent domination n; dominant adj adj OPP inconsistent throw sth waste or not use an under in an anxious situation, often away opportunity pressure because sb is forcing you to defeat an occasion when sb fails to do sth in a certain way win or be successful against sb qualify win the right to enter a else OPP victory competition or continue to the (for sth) sort sth out find a solution to a problem next stage of it qualification n pitch an area of ground where transform change sth completely, you play certain sports: usually in a positive way a football/rugby pitch transformation n one after another, without

in a row

SPOTLIGHT chance

Chance is used in many phrases.

- There's no chance that we will reach Sydney before night.
- We've only got an outside chance of promotion to the Premier League. (= a very small chance) OPP a real/ good chance
- Do you think we stand a chance of winning? (= have a possibility of winning)
- This season could be my big chance. (= opportunity for success) He's retiring soon, so this is his last chance to lead the team. (= final opportunity)

C	omplete the sentences.						
1	The noun from qualify is	The noun from dominate is					
2	TI						
3	The opposite of consistent is						
P	ositive or negative? Write P or N.						
1	It's been a real boost.	6 Three victories in a row.					
2	We've sorted it out.	7 I threw it away.					
3	Another defeat.	8 I've been under pressure.					
4	He transformed the team.	9 We've got a real chance.					
5	We're inconsistent.	10 We were dominant.					
1 2		of winning the championship.					
3		be a for the players and supporters.					
4	One more victory and it will be three wins in a						
5	We justaway games	s that we really should win easily.					
6	One week we play well, the next we'r	re rubbish; we lack					
7	If we win on Saturday, we will	for the next round in the competition.					
	I know the team is under	, but they have to out their problems.					
8							
9	Unfortunately, in our last four games,	we've had one victory and three					

a break

42 Music

Will a song stand the test of time?

what is it about a pop song that makes it compelling not only as a hit single when it's released, but for future generations as well? Take, for example, Bohemian Rhapsody by Queen. Is it the interesting lyrics, the melodies or the fascinating changes of rhythm that make it so popular? Much less complicated, on the surface at least, but no less successful is: All You Need is Love by the Beatles. The sentiment in its catchy chorus couldn't be simpler, and it is such an easy song to sing along to. Or is it the personality and quality of the singer or the band that determine whether the song will engage the listener or not? David Bowie's music is certainly memorable for those reasons; the colourful characters he created, such as Ziggy Stardust, only add to that.

Are great songs ones that you recognize as great the first time you encounter them, or are there some that you need to listen to several times before they have an effect? Eleanor Rigby by The Beatles is perhaps an example of one which you need to listen to carefully because of its complex lyrics (e.g. wearing the face that she keeps in a jar by the door'), but also because it was such an original and different type of pop song at the time.

But whatever criteria you use to measure the greatness of a pop song (or any genre of music), one thing seems true for all of them: they have the ability to stand the test of time because people can relate to them and still see them as relevant decades after they were first written.





GLOSSARY			
stand the test of time	If sth stands the test of time, it is remembered positively for a long time, or functions successfully for a long time.	catchy	(of a tune or the words of a song) easy to remember
compelling	that makes you pay attention to it because it is so interesting and exciting	sing along (to sth)	sing a song at the same time as listening to it discover the facts about sth or calculate sth
hit	a popular and successful song, often called a hit single the words of a song	engage formal	exactly SYN establish ; determination <i>n</i> succeed in attracting and keeping sb's attention and interest
melody	a tune, especially the main tune in a piece of music written for several	memorable	worth remembering or easy to remember SYN unforgettable
rhythm	instruments or voices SYN tune a regular repeated pattern of sounds or movements	encounter formal criteria pl (sing criterion)	meet sb unexpectedly encounter n the standards that you use when you make a decision or form an opinion about sb/sth
complicated	difficult to understand SYN complex; complicate v	genre formal	a particular type or style of literature, art, film or music
surface	the outer appearance of a person, thing or situation; the qualities you see or notice that are not hidden	relate to sth relevant	feel able to understand sth important and useful OPP irrelevant;
sentiment	a feeling or an opinion, especially one based on emotions		relevance n

	catchy cho	orus	*****	6	rhythm ly	rics	755275294
2	relate enga	age	••••	7	genre en	gage	*********
3	memor <u>a</u> ble	relevant	****	8	cr <u>i</u> teria s <u>i</u> r	ngle	*******
4	relate surfa	ace	****	9	genre en	gage	********
5	compelling	mel <u>o</u> dy		10	sentiment	memor <u>a</u> ble	********
C	ircle the wo	rds in the box	which we u	sually associate	with musi	c.	
	rhythm melody	compelling chorus	tune criteria	encounter hit single	catchy lyrics	sing along genre	
A	nswer the q	uestions.					
1	The state of the s	noun formed fro	om determine	??			
2	What's a syr	nonym for comp	olicated?				
3	What's the o	opposite of relev	vant?				
4	What's the s	singular form of	criteria?				
5	What is the	related noun fo	r the verb end	counter?			
6	What's a syr	nonym for mem	orable?				
Re	eplace the u	nderlined wo	rds with a w	ord or phrase t	hat keeps t	he same mea	ning.
1	The song is	very easy to ren	nember.		********		
2	He played a	series of musica					
3	One Direction	n had a number	r of very succ	essful songs in the	e 2010s.		***************************************
	I really like th	he bit of the sor	ng that gets re	apastad ()			
4				epealeu.			
5		of the song are i		EDEALEU.			
5	The words o		nteresting.				
5 6 7	The words of This type of	of the song are in music is difficul	nteresting. It to understa		to feel and	understand the	e music.
5 6 7 8	The words of This type of The band the	of the song are in music is difficul	nteresting. It to understa ant that your	nd. g people <u>are able</u>	to feel and	understand the	e music.
	The words of This type of The band the light love t	of the song are in music is difficul ninks it's important regular repeated	nteresting. It to understa ant that your	nd. g people <u>are able</u>	to feel and	understand the	e music.
	The words of This type of The band the light love the complete the	of the song are in music is difficult in music in music is difficult in music in music in music in music is difficult in music in m	nteresting. It to understa ant that your	g people are able			
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1 2	The words of This type of The band the light love the Websites of I like the son	of the song are in music is difficult in music	nteresting. It to understate ant that your least pattern of the lyrics and the lyrics are lyrics.	of sound. Ings, but what are the catchy	the	for sel	
1 2 3	The words of This type of The band the like the Son Marie likes p	of the song are in music is difficult in music in music is difficult in music in m	nteresting. It to understate ant that your lated pattern of the lyrics and the lyrics are lyrics.	of sound. Ings, but what are the catchy	the	for sel	
1 2	The words of This type of The band the light love the Websites of I like the son Marie likes purification. Many protes	of the song are in music is difficult in music is difficult in music is difficult in music is important. In music is sentences. It is sentences. It is sentences of the pop, but classical in music is the songs were well as the son	nteresting. It to understate ant that your steed pattern of the lyrics and the lyrics are lyrics and the lyrics are lyrics.	nd. g people are able of sound. ngs, but what are the catchy vourite music usic on a visit to But the Vietnam war,	the	for sel	
1 2 3 4	The words of This type of The band the live the Websites of I like the son Marie likes purification of the Many protest and many years.	music is difficultinks it's important regular repeated sentences. Iten choose the map because of the pop, but classical Hungst songs were woung people ca	nteresting. It to understate ant that your attending pattern of the lyrics and the lyrics are lyrics and the lyrics are lyrics are lyrics are lyrics and the lyrics are lyrics are lyrics are lyrics are lyrics are lyrics are lyrics and the lyrics are l	ng, but what are the catchy wourite music isic on a visit to But to them	the	years ago.	ection?
1 2 3 4 5	The words of This type of The band the livest love the Websites of I like the son Marie likes purifies and many you Great perfor	music is difficultinks it's important regular repeated as the coop, but classical Hungst songs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop, but classical music strongs were woung people carmers have a natare in the coop was a natare in	to understa ant that your ated pattern of best' pop some lyrics and to lis still her favor garian folk mu- critten about to an still	nd. g people are able of sound. ngs, but what are the catchy vourite music usic on a visit to But the Vietnam war, I	idapest five out they still	years ago. seem just as	ection?
1 2 3 4	The words of This type of The band the I just love the Websites of I like the son Marie likes purifiest Many protest and many you Great perfor The most	music is difficultininks it's important regular repeated at regular regula	interesting. It to understate and that your attending pattern of the lyrics and the lyrics are about the lyrics about the lyrics are likely to concert lyre expenses.	ngs, but what are the catchy wourite music usic on a visit to But the Vietnam war, I to them over been to was in	idapest five out they still their audier	years ago. seem just as	ection? tod
Co 1 2 3 4 5 6 7 8	The words of This type of The band the live the Websites of I like the son Marie likes pure I first	music is difficultinks it's important regular repeated at sentences. It is cop, but classical Hungs at songs were woung people carmers have a nation of people seem to	interesting. It to understate ant that your attending pattern of the lyrics and t	ngs, but what are the catchy wourite music sic on a visit to But the Vietnam war, to them were been to was ir of n	the	years ago. seem just as last year. It was	ection? tod amazing! an art or literature.
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the I just love the Websites of I like the son Marie likes pure I first	music is difficultinks it's important regular repeated at regular repeated at regular repeated at regular repeated at sentences. It is congested at songs were woung people can remers have a national people seem to alists often try to to convey a ranger for the results of the results and results of the res	interesting. It to understate and that your attended pattern of the lyrics and th	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, but to them over been to was ir what makes ins?	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual	ection? tod amazing! an art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8	The words of This type of The band the I just love the Websites of I like the son Marie likes purifies and many young Great perfor The most	music is difficultinks it's important regular repeated at regular repeated at regular repeated at regular repeated at sentences. The cop, but classical Hungs at songs were woung people carmers have a nation of people seem to convey a range, a sentence and a regular repeated at the convey a range, a sentence at the convey a range at the convey at the conv	interesting. It to understate ant that your attending pattern of the lyrics and the lyrics are the lyrics are the lyrics are the lyrics and the lyrics are t	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, but to them over been to was ir what makes ins?	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual	ection? tod amazing! an art or literature.
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the I just love the Websites of I like the son Marie likes purification of The most and many young Music journatheir ability to On the times, it can	music is difficultinks it's important regular repeated at regular repeated at regular repeated at sentences. It is cop, but classically the cop, but classically the cop, but classically the cop at sentence at songs were woung people carmers have a nation of people seem to convey a rangular sometimes reveals a sometimes reveals at sometimes reveals and the copy of	interesting. It to understate ant that your attending pattern of the lyrics and the lyrics are the lyrics are the lyrics are the lyrics and the lyrics are t	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them over been to was in what makes ins?	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the	ection? tod amazing! an art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the I just love the Websites of I like the son Marie likes pure I first	music is difficultations it is importational regular repeated as sentences. It is consistent to convey a range of the convey are range of the convey and the	interesting. It to understate ant that your attended pattern of the lyrics and lyrics	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them wer been to was in what makes ins? I what makes in the catchy would be the vietnam war, in th	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the g. tudent.	ection? tod amazing! an art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the I just love the Websites of I like the son Marie likes pure I first Many protest and many young Music journatheir ability to On the Many young their ability to On the Many young Do you agree	music is difficultations it is importational regular repeated as sentences. Item choose the importation of the pop, but classical Hungs of the pop, but classi	interesting. It to understate ant that your attended pattern of the lyrics and the lyrics are the lyrics and the lyrics are th	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them wer been to was in what makes and more pessimilar to the stures of a great so that the students of the stures of a great so the stures of a great so the students of the stures of a great so the students of the st	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the guartudent.	ection? tod amazing! an art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the I just love the Websites of I like the son Marie likes pure I first Many protest and many young Music journatheir ability to On the most imes, it can BOUT YOU Do you agree Is there anythere is there anythere is there anythere of the most is the most in the most imes, it can be anythere is there anythere is there anythere is the most in t	music is difficultations it's importational regular repeated as sentences. Iten choose the major because of the pop, but classical Hungs at songs were woung people carmers have a nation of people seem to convey a rangular sometimes reveal to convey a rangular	interesting. It to understate ant that your attended pattern of the lyrics and the lyrics are the lyrics and the lyrics are the lyrics and the lyrics are th	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them wer been to was in what makes ins? I what makes in the catchy would be the catchy would be the vietnam war, in th	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the g. tudent.	ection? tod amazing! an art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8 9	The words of This type of The band the live the Websites of I like the son Marie likes pure I first	music is difficultations it is importational regular repeated as sentences. It is consistent to consistent and people can mers have a national regular repeated as songs were woung people can mers have a national regular re	interesting. It to understate ant that your attending a few pattern of the lyrics and the lis still her favorate about the few part of the lyrics and the lis still her favorate about the few pattern about the few pattern at the list of the list o	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them wer been to was ir of now what makes and more pessimilations, or talk to the stures of a great so ant in a great populody? the rhythm?	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the g. tudent.	ection? tod amazing! in art or literature. ities in their voice of
Co 1 2 3 4 5 6 7 8 9 10	The words of This type of The band the I just love the Websites of I like the son Marie likes pure I first Many protest and many young Music journatheir ability to On the Many young Is there anythat attraction you often you you often you you often you often you	music is difficultations it's importation in the song are in music is difficultations it's importation in the second second is sentences. It is songs were woung people can mers have a nation of people seem to convey a rangular sometimes reverse with the text of the song along to its you the most in sing along to	interesting. It to understate ant that your attended pattern of the lyrics and the lyrics are the lyrics are the lyrics and the lyrics are th	ngs, but what are the catchy wourite music issic on a visit to But the Vietnam war, to them wer been to was in what makes and more pessimilatives of a great so ant in a great populody? the rhythm? English?	the	years ago. seem just as last year. It was r lives more tha er. Is it the qual ou listen to the g. tudent.	ection? tod amazing! an art or literature. ities in their voice of

Leisure and lifestyle 93

Plays and films

A A fabulous play

The Woman in Black is a fabulous ghost story. With just a minimal set and few sound effects, this drama will scare you to death!

superb adaptation of Susan Hill's classic novel. The tension is maintained throughout the production, and the cast of two are sensational! The applause went on and on.

**** The critics have been unanimous in their praise. A must-see thriller!



GLOSSARY

adaptation

set

fabulous extremely good, excellent SYN sensational,

classic

(of a book, play, etc.) one of the best and

a story about the spirit of a dead person that sb ghost story

tension

most important, and having lasting value a feeling of anxiety or stress because you are nervous tense adj

hears or sees

cast (+ sing OR pl verb) all the people who act in a play or film

the scenery and furniture used in a play, film, etc. sound effects sounds that are made artificially in a play, film, etc. to make it more realistic, e.g. wind, thunder

applause

the sound of an audience showing approval by hitting their hands together

make sb very frightened Scared stiff means scare sb very scared'. to death

unanimous

agreed by everyone

applaud v SYN clapping; clap v

praise a book or play that has been made into a film, TV programme, etc.

words that show approval of or admiration for sb/sth praise v

Put the words in the correct column below based on the pronunciation of the underlined letters. Use the oto help you.

fabulous

sensational

scare

adapt

classic

cast

applause

audience

unanimous

pr<u>ai</u>se

ACTOR

PLAY PLAY

FAR

HAIR

C<u>AU</u>GHT

THEATRE

2 Circle the correct word. Both answers may be possible.

- 1 I didn't like the acting, but I thought the set/cast was good.
- 2 The play was frightening. It scared me to die / death.
- 3 There were great sound affects / effects.
- 4 I thought the play was absolutely superb / sensational.
- 5 The book is a classic / classical.
- The play is an *adaption / adaptation* from a book.
- Did they applause / applaud at the end?
- praise / tension.

Complete the dialogues.

- 1 Were you frightened?
- 2 Is it based on an original story?
- 3 Was the acting good?
- Did everyone agree?
- Have people liked the play?
- The audience just kept clapping.
- Will we still be reading it in 50 years?
- Were people nervous?

- Are you keen on **ghost/spirit** stories?
- These scary stories can create a lot of

~ Yes, I was scared _____

- of a novel. ~ No. it's an
- was excellent. ~ Yes, the whole
- ~ Yes, the decision was
- ~ Yes, it's had _____ from almost everyone.
- ~ I know. The _____ was incredible.
- ~ Definitely. It's a _____.
- ~ Yes, I felt a bit _____.



B A disappointing film

- A I went to see the latest blockbuster at the local cinema last night. I wasn't convinced by it.
- B Me neither. I had quite high expectations because the critics seem to like it, but I thought the action sequences were somewhat predictable, and it just lacked any originality.
- A Yes, they were poor. I think the worst aspect, though, was the screenplay, which was not convincing at all. And I couldn't hear some of it either subtitles might've helped.

SPOTLIGHT subtitles and dubbing

Subtitles translate what is said in a film into a different language; they appear at the bottom of the screen. They are also used to help deaf people. If a film is **dubbed**, the spoken words of the film are replaced by words in another language.

GLUSSARY	
blockbuster inf convinced	a very popular and successful film or book completely sure about things convincing making sb believe that sth is true
expectation	a hope that sth good will happen: have high/low expectations (of sth); live up to expectations; exceed expectations
sequence	a set of events, actions, etc. which have a particular order and lead to a particular result
somewhat	to some degree SYN rather
predictable	If sth is predictable , we know in advance that it will happen or what it will be like. OPP unpredictable
originality	the quality of being new and interesting and not seen before
poor	not good; lower in quality than was expected
aspect	a particular part or feature of sth
screenplay	the words that are written for a film and how they are to be acted

4) (Underline the stress on thes	e words. Use the 🍳	to help you.	
č	aspect	expectation وزيثر	گروه آه	somewhat
t	olockbuster	screenplay		subtitles
(convinced	sequence		unpredictable
5	Yes or No?	7		
	I If a film is predictable, do you	know what will hap	pen?	
1	If a film is somewhat long, is	it very long?		
3	Does a sequence always invo		13	
4				
5			t you expected?	
6				
5) (Complete the sentences.			
1	I knew what was going to ha			
2	and and a second second	was good, but I did	n't think it was ver	у
3				
4	There's a great action			
5				
6	me determinent good, but the			
7	Some people don't like foreign			
8	In the summer they often sh	ow these big	at the ci	nema, largely for kids.
)	Complete the responses, ag	reeing with the firs	t speaker but w	ithout repeating the
U	inderlined words.			
1	The screenplay wasn't good,	was it?	~ No, it was	······································
2	Was it better than you though	ht it would be?		······································
3	I wasn't completely sure abo	ut the story.	~ No, I wasn't	
4	I didn't like that particular fea		~ No, I didn't like	e that
5			~ Yes, but it has	
6	I didn't know what was going	to happen.	~ I agree, the en	nding was very
7	me #1 1 1		~ Yeah, there wa	as no
8	total trade to the state of the		~ I agree. I found	d it
1				

44 Socializing

A Organizing a party

- The host is expected to do most of the preparation, such as providing food and drink. This can be expensive and timeconsuming, so consider asking others to make a contribution and bring something.
- You don't want the prospect of too much to clear up, so consider disposable plates and cutlery, which can be recycled after use.
- Don't advertise it on the internet beforehand. You don't want gatecrashers.
- Parties take a while to get going. Music or party games will liven things up.
- Finally, don't get carried away. You're planning a party, not a theme park.

GLOSSARY	位于1000年1000年1000
host	a person who invites guests to a meal, a party, etc. Hostess can be used for a woman.
preparation	the act or process of getting ready for sth or making sth ready
time-consuming	needing a lot of time: a time-consuming process
contribution	sth that you give or do to help sth be successful: make a contribution (to sth); contribute v
prospect	the possibility that sth will happen
clear (sth) up	make sth clean and neat, often by putting things back where they belong
disposable	made to be thrown away after single use
beforehand	before sth else happens or is done
gatecrasher	sb who tries to get into a party without an invitation
get going	(of a party or event) start to become enjoyable
liven (sth) up	become or make sth more exciting
get carried away	become too excited or lose control of your feelings

Un	derline the stress	on these words. Use the	😨 to help you.	
	ne-consuming	contribution Subject	beforehand	get going
cor	ntribute	disposable	gatecrasher	liven up
Co	mplete the dialog	ues with a suitable word		
1	Whose party is it? ~	Paula and Stefano are the		
2		e plates away? ~ Yes, they're		
3		t we like on the party? ~ Yes,		!
4		~ Yes, it was very		
5	Why didn't you tell	me Will was going to be the	re? ~ I didn't know	·
6		p the music? ~ To		
7	, ,	t at the party with the food?		
8				ong as there are other people
	to help.			
the do	oor to stop (4), and	ging a bottle of something, of which was sensi when the disco started, thing e next day, but I hope Lia tho	ble. It was quiet to start with gs really (6)	, but it soon got
				Send
	DOUT VOLL WIL	do you think of the advice	e in the text? Is there any	thing that would be unusu
A	BOULYOU What			
		our country? Write your	answers, or ask another s	
or	unacceptable in y	our country? Write your		tudent.
or	unacceptable in y	our country? Write your		tudent.

B In other people's company

Shall we pop round and see Gina?

Yes, she may fancy a bit of company.

It's been lovely, Ela, but we'd better be off.

Is Aaron a bit awkward in company?

Mm. I don't think he enjoys socializing.

That's ok. It was really good of you to come.

SPOTLIGHT company [U]

- lenjoy company. (= being with other people)
- She's good company. (= enjoyable to be with)
- They enjoy their own company. (= being by themselves)
- He's not very good in company. (= with other people)
- I'll accompany you. (formal = go with you)

You always get a warm welcome at Laura's.

> Yes, we have a good laugh whenever we go there.

GLOSSARY

awkward

pop round/over/in inf

socialize (with sb)

fancy sth / doing sth inf

make a short visit to a person or place SYN call round, call on sb

want sth or want to do sth موزنشي embarrassed or not relaxed with

other people

meet and spend time with people

in a friendly way

have a (good) laugh you, etc. had better do sth you should do sth

be off leave a place: I must be off. / I'd better be off. good of sb willing to help; showing kindness to

other people

If sb gives you a warm welcome or welcomes you with open arms, you feel relaxed in their home: welcome v, adj: make sb feel welcome enjoy the occasion SYN have a good/

great time

5 Rewrite the sentences without using the underlined words. Keep the same meaning.

1 She's not very good with other people.

2 What would you like to do?

3 We always enjoy the occasion.

4 I think I should leave now.

5 He's very uncomfortable with people.

She made me feel relaxed in her home.

7 I think he likes being by himself.

Someone will go with you.

9 Did you feel relaxed at her place?

10 We'll make a short visit a bit later.

She's not very good _____ What do _____? We always have _____.

(to do sth)

warm welcome

I think I'd _____. He's very _____.

She gave me a very _____.

I think he likes his ______.

Someone will _____.

Did she make you _____?

~ We'll _____ a bit later.

6 Complete the dialogues with a suitable word or phrase.

1 She is always nice to be with. ~ Yes, she is. She's very

2 Where have you been? ~ We just ______ round to see Charlotte.

3 Was your dad there? ~ Of course. He was at the door to

4 He doesn't like being with people much, does he? ~ No, he prefers his _____ 5 Max stays in a lot these days. ~ I know. He doesn't ______ as much as he used to.

Did Miles move your stuff? ~ Yes, it was very ______ to help.

Do you prefer being on your own? ~ Not at all. I enjoy _____

Were the locals friendly when you moved in? ~ Oh yes, they welcomed us with ... Do you want to _____ round tonight on your way home? ~ Yes, that would be great.

We must _____ now, but it was great seeing you. ~ You too. Have a good trip.

TEST YOURSELF

Describing change

A Types of change

Example	Meaning
I find it difficult to adapt to so much new technology.	change your behaviour because the situation has changed SYN adjust (to sth)
We've altered our plans: we're now arriving at 6.00, not 7.00.	make sth different but without changing it completely alteration n
Civil servants are now amending the document.	change sth slightly, usually to correct a mistake in a statement, document, etc. amendment n
Democracy has evolved over hundreds of years.	change gradually, often from sth simple to sth more complicated evolution n
There are new proposals to reform the prison system.	change a law, system, organization, etc. to make it better reform n
Some people want to restore the monarchy in certain countries.	return sth to its former state or condition, e.g. a building, a painting restoration <i>n</i>
They were going to let him go, but they reversed their decision.	change sth so it is the opposite of what it was before: reverse a decision/policy; reversal n
Computers have transformed our lives.	completely change the appearance or character of sth, often to make it better transformation n
It's a big transition from school to full-time work.	a period of change from one state or condition to another: in transition

1	restore			3 ti	ransform			5 evolve	
2	amend			4 re	everse		***************************************		***************************************
Or	rganize tl	hese word	ds into the	categori	es belov	w.			
	evolve	restore	amend	adapt	alter	reform	reverse	transform	adjust
1	a verb th	at describe	es complete	change:					
2	two verb	s that desc	ribe changi	ng somet	hing back	k:			
3			es gradual cl	-					
4			ribe a chan	-	rove som	ething:	***************************************		
5			lve a change						
			-			100	***************************************		****************
,	a veib til	at describe	es changing	only a pai	rt of some	ething:			
,						ething:			
Co	mplete t	he senter	nces with a	suitable	word.			**************	
Co	mplete to	he senter furniture h	nces with a	suitable	word.	their living	g room.		
1	mplete to	he senter furniture h	nces with a	suitable	word.	their living	g room.		it.
2	The new Part of th	the senter furniture h ne 18 th cent	nces with a	suitable ely vas damag	word.	their living	g room. nning to		. it.
2	The new Part of th	the senter furniture h ne 18 th cent apany we b	nces with a nas complete cury tower w nelieve in	suitable ely vas damag	e word. ged, but t	their living hey are pla revolution.	g room. nning to		it.
2 3	The new Part of the As a com They've o	the senter furniture has 18 th cent apany we be changed th	nces with a nas complete cury tower w nelieve in	suitable ely vas damag	e word. ged, but t	their living hey are plan revolution	g room. nning to of the		it.
2 3 4 5	The new Part of the As a come They've of Solicitors	the senter furniture has 18th cent pany we be changed the want to	nces with a nas complete cury tower w nelieve in neir minds co	a suitable ely vas damag ompletely some	ged, but to not six a cof our ou	their living hey are plan revolution.	g room. nning to of the	previous poli	it.
3 4 5 5	The new Part of the As a come They've of Solicitors I've lost s	the senter furniture had 18th cent apany we be changed the want to	nces with a nas complete cury tower w pelieve in neir minds co	vas damag ompletely some	ged, but t , not this is a of our ou	their living hey are plan revolution itdated divo	g room. nning to of the orce laws. ne of my clo	previous poli	it.
Co 1 2 3 4 5 6	The new Part of the As a come They've of Solicitors I've lost s Now he h	the senter furniture has 18th cent apany we be changed the want to o much we has children	nces with a nas complete cury tower w nelieve in neir minds co	ompletely some	e word. ged, but t, not this is a of our ou	their living hey are plant revolution.	g room. nning to of the orce laws. ne of my clo y different l	previous poli othes. ifestyle.	it.

B Change management

Managing change

Most employees resist change that is enforced and imposed upon them. So, if a company wants to pursue a policy that aims to bring about sweeping, or even subtle changes, managers need to remember that their role is to facilitate change and not impose it. This requires an ongoing consultation process with the staff, so that any changes have their support before they are implemented.

GLOSSARY	BOARD OF THE STREET
resist	refuse to accept sth and try to stop it happening resistance n
enforce	make people obey sth; enforce the law; enforcement n
impose sth (on/upon sb)	make sb accept sth against their wishes
pursue	follow or try to achieve sth over a period of time: pursue a policy/goal
bring sth about	make sth happen
subtle	not easy to notice or understand: a subtle difference; OPP obvious
facilitate	make an act or process easier to achieve
ongoing	continuing to develop: an ongoing process/ investigation
consultation	the act of discussing sth with sb before making a decision consult sb v; consultative adj: a consultative process/committee
implement	make sth that has been decided start to happen SYN put sth into practice ; implementation <i>n</i>

SPOTLIGHT adjective + change

A number of adjectives are commonly used with the noun change.

- sweeping/radical/major/wholesale changes (= big changes)
- a refreshing/welcome change (= pleasantly new or different)

	Good or bad management, according to the 1 They've enforced the change.	4 They've imposed change.
	2 They've resisted any change	5 They've introduced refreshing changes.
	3 There has been a consultative process.	6 They want to facilitate change.
5	Replace the underlined words with different	t words that keep the same meaning.
	1 It's only a small difference but we believe it wil	have an effect.
	2 He wants to introduce <u>radical</u> changes.	
	3 The new furniture is a <u>welcome</u> change.	
	4 They have the power to make people obey the	e law.
	5 They plan to implement a number of changes	
	6 The new measures will create further changes.	
	7 Staff have <u>refused to accept</u> any changes.	
	8 Suggesting change is one thing but putting it	into practice is more difficult.
	9 I believe there is a continuing investigation into	
1	She has tried to make discussions easier between	
6	Complete the text.	
		red that she planned to (1) a policy
	of (2) changes to the way the sch	nool was organized, and that she wouldn't be very
	sympathetic to staff who showed any real (3)	. However, unlike the former head who tried
	to (4) change without discussing	it with anyone first, Mrs Palmer has (5)
	members of staff, and that has been a (6)	change. She set up a staff committee, and we have
	been involved in an (7) process of	of (8) for about two months. And we have
	already (9) a few changes, which	have made an (10) difference.

46

Energy conservation

Easy ways to conserve energy in the home

- Switch to energy-saving eco light bulbs. They are better for the
 environment and they last much longer. They are more expensive
 to buy, but they greatly reduce your energy consumption and in
 the long run are a significant financial saving.
- Never leave electrical appliances on standby, or leave your mobile phone charging¹ unnecessarily. Get rid of your tumble dryer: it consumes masses of energy.
- Every year we throw away thousands of batteries. If these are not disposed of safely landfill sites will become even more toxic. Use rechargeable batteries² or, better still, solar chargers.
- With a 'smart' meter, you can monitor the amount of energy you use, and even control your consumption when you are away from home.
- If you are not planning to move in the near future, solar panels³
 are a good long-term investment. You will make a saving on your
 electricity bills as well as receiving money for the electricity you
 generate and sell back to National Grid*.
- * The National Grid is the network in the United Kingdom connecting power stations and ensuring that electricity generated anywhere can be used to satisfy demand anywhere.







GLOSSARY			
conserve switch (to sth)	avoid wasting sth conservation <i>n</i> change or make sth change from using	charge sth (up)	pass electricity through sth to store it there charger ² n
	one thing to using another	tumble dryer	a machine that uses hot air to dry clothes
-saving	not wasting anything: energy-saving, a labour-saving device	dispose of sth	get rid of sth that you do not want or cannot keep disposal n
eco-	(short for ecology/ecological) relating to the environment: an eco-disaster	landfill (site)	an area of land where large amounts of rubbish are buried
consumption	the act of using energy, food or materials. A person is a consumer . consume v	toxic better still	poisonous: toxic chemicals/gases/substances even better. Still is used here and with other comparative adjectives to make a comparison
saving	an amount of sth, such as money or time,		stronger: longer still
	that you do not need to spend or use	monitor	watch and check sth over a period of time to
appliance	a machine you use at home, e.g. a fridge,		see how it develops or changes
	a washing machine	investment	a thing that is worth buying because it will be
on standby	If a TV is on standby, it is connected to		useful and helpful
St. Kill	the power supply but is not in use.	generate	produce or create sth: generate electricity

SPOTLIGHT in the short/medium/long term

These expressions are used to describe what will happen a short, medium or long time in the future.

- The reforms won't happen in the short term.
- We plan to move in the long term (SYN in the long run).

Short-/medium-/long-term can also be used as adjectives.

Hiring unqualified staff is only a short-term solution.

bett		ds and phrases. Use the 🐵 to	
	liance	disposal	on standby tumble dryer
COL		energy-saving	conservation
	serve	in the long run	Conservation
God	od or bad, in terms of ener	gy-saving? Write G or B.	
	I left the TV on standby overni		
2	We don't use eco-light bulbs.		
	I switched to rechargeable bat	tteries.	
	Our energy consumption didr		
	The machine gives out toxic s		
		energy conservation measures.	49449334
	He left the phone charger on		
	We've reduced what we send		
	I've removed the water-saving		
	We have fitted solar panels.		
Cor	mplete the phrases in thes	e centences	
		looking at	solutions.

		the best	
		fitted on	
4	I've get a washing machine h	ut there isn't room for 90 .	dryer.
5	The oil spill off the coast was	ut there isn't room for a	diyet.
6	Wind turbings will provide us	with a lot of our energy needs in	n the
8	the more and friendly and and	nomical to use rechargeable	***************************************
10	Managed to got sid of any	to a different energy suppl	ilei.
11	We need to get rid of any	of those batteries in the most	t acological way?
12	where can we	of these batteries in the most	t ecological way!
	mplete the questions.		
1	Have you got a tumble	? If so, could you mai	nage without it?
2	When you yo	our mobile phone, do you leave	it plugged in overnight?
3	Do you the a	mount of electricity you use ev	ery day/week?
		tricity youin a	
5	How many electrical	in your kitchen do you	use regularly?
		n rooms you aren't using to	
	Do you use rechargeable	, or better	, a solar?
7	Which energy-	steps in the article on the opp	posite page do you actually take?
7		below-average	
8	ine journation areings of	a at a of manay ar a good	?
9	Do you think solar panels are		
8 9 10 11	Do you think solar panels are Do you know how much elec	tricity (%) in your country is	

47 Wildlife under threat

A Conservation

With the ongoing clearing of forests (also called deforestation), many animals are losing their natural habitat and starting to decline in numbers. In some regions, conservation groups point out that some animals are already dying out and are in danger of extinction. One instance of this is the African elephant, which is now considered to be an endangered species.

SPOTLIGHT extinction n and extinct adj

If a plant or animal is extinct, it no longer exists.

- Some sharks are becoming extinct.
- Some sharks are in danger of extinction.
- This species is on the verge of extinction.
 (= very close to extinction)

GLOSSARY	
clear	remove sth that may not be wanted
habitat	the place where a plant or animal is usually found: the elephant's natural habitat
decline	become smaller, weaker, or less good decline n: be in decline
region	a part of a country or the world regional adj
conservation	the protection of the natural world conserve v
point sth out	mention sth in order to give people information about it and make them notice it
die out	disappear
instance (of sth)	an example or case (of sth): for instance
consider sb/sth to be sth	think of sth/sb in a particular way ALSO consider sb/sth as sth
endangered	in danger of becoming extinct (see spotlight)
species	a group of plants or animals that are all similar and can breed together

1	the meaning of the sentences the same or different? Write 5 or D.	
	The tiger population is in decline. / There are fewer tigers than there were.	
2	We are destroying their natural habitat. / We are destroying their natural habits.	
3	Tigers are on the verge of extinction. / Tigers are almost extinct.	
4	There are laws to conserve their habitat. / There are laws to clear their habitat.	********
5	Flooding is a regional problem. Flooding is a problem everywhere.	
6	This species of butterfly is endangered. This species of butterfly has died out.	
7	I've seen widespread deforestation. / I've seen many forests cleared.	
8	Large numbers are declining. / Large numbers are dying out.	********
C	omplete the phrases with suitable words.	
1	in of extinction	
2	point something	
3	habitat	
4	decline	
5	on the of extinction	
6	endangered	
C	omplete the dialogues with a single word in each space.	
1	Has the dodo died? ~ Yes, it's	
2	Are forests still being? ~ Yes, it's all part of the process of	***************************************
	DEOV of birds are in dealers of	
3	25% of birds are in danger of ~ Yes, and many more are in	
3	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some	*
	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some You can see animals in a zoo. ~ Yes, but it's better to see them in their natural	***************************************
4	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some You can see animals in a zoo. ~ Yes, but it's better to see them in their natural Which animals in particular are? ~ Well, the snow leopard, for	······································
5	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some You can see animals in a zoo. ~ Yes, but it's better to see them in their natural	······································
5	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some	n and being aware of your me of our birds could
4 5 6 7 8	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some	and being aware of your me of our birds could this out to my family.
4 5 6 7 8	Are there water shortages everywhere? ~ Yes, but they're a lot worse in some	and being aware of your me of our birds could this out to my family

TEST YOURSELF

B The rhino

Under threat: the rhino1

- Poaching poses the greatest threat to this species, despite
 the ban on trade in rhino horn, which is sought after for
 decorative purposes and used in some forms of medicine.
- <u>Civil war</u>: War diverts funds from conservation, and the high levels of poverty in affected areas increase the <u>likelihood</u> that people will <u>end up</u> poaching. In some African countries, civil war has led to a serious decline in rhino populations.
- Habitat loss: Deforestation has wiped out a great deal of rhino territory, with a serious drop in the numbers of rhinos that are breeding.



GLOSSARY	THE PARTY OF THE P		
threat (to sb/sth)	the possibility of trouble or danger: be under threat	divert sth/sb (from sth, to sth)	change the direction of sth, especially away from its original purpose
poaching	hunting animals, birds, etc. illegally. The person is a poacher .	likelihood end up (doing sth)	SYN probability find yourself in a place/situation that
pose	create or give sb sth that they must deal with: pose a threat/risk/problem	wipe sth out	you did not plan/expect to be in destroy sth completely
sought after	wanted by many people because it is of high quality or rare	territory	an area that an animal considers as its own territorial adj: Wolves are
decorative	(of an object or a building) intended to look attractive or pretty	breed	territorial animals. (of animals) have sex and produce
civil war	war between groups from the same country		young animals

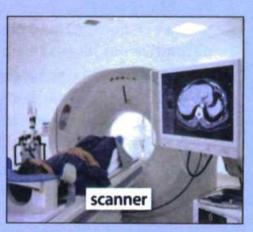
civil war	war between groups from the same country		Breed	young animals
1 C 2 T 3 T 4 C 5 T 6 T 7 R	They want to increase numbers but some animals the factory puts a real danger to wildlife in the are opposing groups have been fighting a civic war for his disease could kill out the whole breed. The horn of the animal is sought over by poacher this poses a threaten to both humans and wildlife the poses at threaten to both humans and wildlife.	ea. for y	other. on't feed in zoos. years.	end.
1 T	The disagreement could result in Poachers want rhino the maney from there	5 6 7	Poaching	in a difficult situation. a real danger to the species
to	Can we the money from there o here? Crocodile skin is highly sought	8	Poachers are a re survival.	al to the rhinos'
1 T 2 Y 3 H 4 T 5 T 6 H 7 S	There is little probability of things improving soor of should avoid going into the lions' land. He was sent to prison for illegal hunting. These animals are in real danger. The animal is extremely protective of its land. He is a person who kills tigers illegally. Some species find it difficult to produce young ar We finally found ourselves in the middle of the fo	n. nim	nals.	e same meaning.

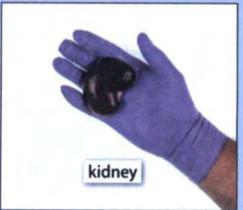
48 Medical advances

A revolutionary era in medical advances

In recent decades, we have seen radical changes in conventional medicine:

- 60 years ago, scanners did not exist. Diagnostic tools were restricted to basic X-ray machines.
- Children suffered from infectious diseases, for which there was no effective cure. Now vaccines have eradicated some of these illnesses and diseases.
- In the past, if you had a major operation, you would be confined to bed for weeks. Today, many operations use procedures requiring day surgery only.
- In the past, the mortality rate for patients with organ failure, such as heart, lung or kidney failure, could be 100%. Today, transplants enable many patients to resume a normal life.
- The survival rate for many cancers has improved considerably over the last forty years.
- Vitamins and minerals are necessary for good health. There are more supplements on the market now for people who do not get enough of certain vitamins or minerals from their normal diet.





GLOSSARY		1200	Charles and Arthur
revolutionary era	producing great changes revolution n a period of time that has a particular quality or character	be confined to bed / a wheelchair procedure	have to stay in bed / a wheelchair a medical operation that may or may not
advance (in sth)	progress made in science, medicine, technology, etc.	rate	require your body to be cut open the number of times sth happens within a
radical	new, different and likely to have a great effect		particular period: survival rate, birth rate, mortality rate
conventional	usual or traditional; not new or different convention n	organ	a part of the body that has a particular function e.g. the heart, the brain
diagnostic	used for finding out what physical or mental problem sb has diagnose v; diagnosis n	transplant	an operation in which a damaged organ is replaced with one from a donor (= sb who gives part of their body, blood, etc.)
restrict	limit the size, number or amount of sth restriction n	enable sb/sth	make it possible for sb/sth to do sth
infectious	(of a disease / an illness) can easily be passed on to another person infection n; infect v	to do sth resume formal vitamin	begin sth again after an interruption one of several substances in certain foods
cure	a medical treatment that makes a sick person well again cure v		that help us grow and be healthy, e.g. vitamin C, vitamin D
vaccine	a substance which is put into the blood and protects the body from disease. The process of giving vaccine is vaccination.	mineral	a natural substance, such as coal, salt, etc. Some minerals are present in food and drink and important for good health.
eradicate formal	vaccinate v destroy or get rid of sth completely SYN wipe (sth) out	supplement	sth that is added to sth else. Vitamin supplements, usually taken in the form of tablets, add vitamins to your diet.

SPOTLIGHT surgery

Surgery is medical treatment in which your body is cut open so that a part can be removed or repaired. SYN an operation, operate v. The place where this happens is an operating theatre, and the person who does it is a surgeon. surgical adj

	revolutionary era 4	vaccine vaccinate	7 era enable
2	vitamin mineral5	confined vaccine	8 revolutionary advances
3	rad <u>i</u> cal d <u>i</u> agnose6	confined conventional	9 resume infectious
Co	omplete the table.		
N	OUN	VERB	ADJECTIVE
re	evolution		
		restrict	-
SL	urgery	-	
	accine,	V_ A	_
di	agnosis		
		transplant	-
in	fection		
Co	big change? omplete the sentences.		se is infectious, can you catch it? gery involve an operation?
1 2 3 4 5 6 7 8	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place s I wanted to know the current sur The involves ins His life was saved thanks to an or Some foods contain a lot of vitam	d minerals they need, but doctor in their diet. since the Victorian for breast erting a tube into the ear to redugan	rs recommend for son cancer. uce infection.
3 4 5 6 7 8 9	There are prizes for the most imposed to be some foods contain a lot of vitam. There are some treatments available.	d minerals they need, but docto in their diet. since the Victorian for breast erting a tube into the ear to redugan	cancer. uce infection.
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3 4 5 6 7 8 9	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of I wanted to know the current sur Theinvolves insolves insolves life was saved thanks to an or Some foods contain a lot of vitant There are some treatments availated Alongside conventional Implete the dialogues. Polio has been	d minerals they need, but docto in their diet. since the Victorian vival for breast erting a tube into the ear to redugan	cancer. uce infection. ent have become popular in recent years
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3 4 5 6 7 8 9 10 Co 1 2	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of the wasted to know the current sure. The	d minerals they need, but doctor in their diet. since the Victorian wival for breast erting a tube into the ear to redugan hins and hible, but sadly no effective other forms of treatment is patients needing an organ the eld when it's	almost completely to non-smoking patients only as well. lerly against flu. ~ I know, but there's oft needed.
3 4 5 6 7 8 9 10 Co 1 2	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of I wanted to know the current sur Theinvolves insolves ins	d minerals they need, but doctor in their diet. since the Victorian vival for breast erting a tube into the ear to redugan hins and hible, but sadly no effective other forms of treatment is patients needing an organ the eld when it's doctors give you. I don't trust	almost completely as well. lerly against flu. ~ I know, but there's oft needed medicine. ~ Real
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3 4 5 6 7 8 9 0 Co 1 2 3	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of I wanted to know the current sur Theinvolves insome foods contain a lot of vitant There are some treatments availated Alongside conventional In some areas, lung cancer treatments availated the dialogues. Polio has been In some areas, lung cancer treatments availated the government has a policy to a shortage of the appropriate I don't like all these drugs some of But there have been some fantas. Are hospitals much cleaner place reduced the spread of	d minerals they need, but doctor in their diet. since the Victorian wival for breast erting a tube into the ear to redugan hins and hible, but sadly no effective other forms of treatment is patients needing an organ the eld when it's doctors give you. I don't trust into the street in the eld when it's the street in the eld when it's the street in the eld when it's the	almost completelyas well. lerly against flu. ~ I know, but there's oft needed medicine. ~ Real drugs in recent decades. o? ~ Yes. Better hygiene has greatly
3 4 5 6 7 8 9 10 Co 1 2 3 4 5	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of I wanted to know the current sur The	d minerals they need, but doctor in their diet. since the Victorian vival for breast erting a tube into the ear to redugan hins and hible, but sadly no effective other forms of treatment is patients needing an organ the eld when it's doctors give you. I don't trust tic in or sthan they were many years ago on Jason; it was a control to bed for ages. Fortunated	almost completely to non-smoking patients only. as well. lerly against flu. ~ I know, but there's oft needed. medicine. ~ Real drugs in recent decades. o? ~ Yes. Better hygiene has greatly difficult ely he's now recovering.
3 4 5 6 7 8 9 0 Co 1 2 3	There are prizes for the most imp Most people get the vitamins and people if they lack certain things Many changes have taken place of I wanted to know the current sur The	d minerals they need, but doctor in their diet. since the Victorian vival for breast erting a tube into the ear to redugan hins and hible, but sadly no effective other forms of treatment is patients needing an organ the eld when it's doctors give you. I don't trust tic in organ on Jason; it was a to bed for ages. Fortunate new procedure for	cancer. uce infection. almost completely to non-smoking patients only. as well. lerly against flu. ~ I know, but there's oft needed. medicine. ~ Real drugs in recent decades. o? ~ Yes. Better hygiene has greatly difficult ely he's now recovering. her damaged hip. ~ I know. If it succeed

A changing world 105

49 Migration

A People on the move

Word	Meaning	Example	
flee (from) sth/sb pt/pp fled	escape from a dangerous situation, place or person very quickly	Thousands of people are fleeing the bombing in the city.	
refugee	sb who is forced to leave their country for political, religious or environmental reasons	Many refugees have crossed the border to escape the war.	
refuge	shelter or protection from trouble or danger	The men had to take/seek refuge in the French embassy.	
asylum	the protection a country gives to a refugee	The numbers seeking / applying for asylum have increased recently.	
ethnic	connected with or belonging to a nation or race that shares a cultural tradition	an ethnic community	
minority	a small group within a community or country that is different because of race, religion, etc.	Ethnic minorities make up 10% of the town's population.	
racial	existing between people of different races	racial tension/violence	
discrimination	the practice of treating sb or a group in society less fairly than others	a victim of racial/sex discrimination	
prejudice (against sb/sth)	a strong dislike of sb, especially based on race, religion or sex, and not on reason or experience	Their decision was based on prejudice and a complete lack of understanding.	

SPOTLIGHT migration

Migration is the movement of people or animals from one place to another. People are migrants. Immigration is the process of coming to live in a country that is not your own. People are immigrants. migrate v Emigration is the process of going to live in another country that is not your own. emigrate v

0	Is the pronunciation of the underlined letters the same or different? Write S or D. Use the @ to
	help you.

1	flee refugee	 3	pr <u>ejudice</u>	r <u>e</u> fuge	********	5	ethnic minority	*******	7	racial emigration	
2	refuge asylum	 4	migration	minority		6	prejudice refuge	********	8	asylum migrant	********

2 Circle the correct word(s). Sometimes both words are possible.

- 1 In 2017–2018, immigration / emigration from the UK to other parts of the world increased.
- 2 Most refugees who seek / apply asylum do so in a country neighbouring their own.
- 3 Representatives of the city's ethnic / racial communities are involved in the discussions.
- 4 The villagers took refugee / refuge in nearby towns.
- 5 In the past, there was more racial prejudice / discrimination.
- 6 People fled / flew in terror to escape the flood.
- 7 Ignorance is often behind the prejudice against migrants / immigrants.
- 8 Women and children were forced to seek / take refuge in the local church.

3 One word is missing in each line. What is it, and where does it go?

- There's no limit on the number of people given political in this country.
- 2 Racial and sexual is against the law in matters of employment.
- 3 Economic to richer countries has existed for centuries.
- 4 There are over 2,000 seeking political asylum in this country.
- 5 Nearly half a million people were forced to their homes during the civil war, and many of them refuge in the mountains, away from the fighting.
- 6 My neighbour has always had a against people whose skin is a different colour.
- 7 Asians only form a small within the population.
- 8 There has been a lot of tension between different ethnic groups.



Migration: a personal experience

Moving from my native country was a huge culture shock. There was a lot to get used to - not least of all the food! But I didn't suffer the prejudice or **hostility** that some migrants experience. For the most part, people have accepted me for what I am, including my religious faith. They've seen beyond the stereotype. And for my part, I recognize the need for integration in order to be able to live in peace with my neighbours. I still have feelings of nostalgia for my country of origin, and I suppose I will always be a foreigner in some respects; but this is home now, and I have no desire to go back.



GLOSSARY	
native	connected with the place where you were born and lived for the first few years of your life: your native country/land/city
shock	the feeling you get when sth unpleasant happens. Culture shock is the confusion and anxiety that sb may feel when they visit or first live in another country.
hostility (to/ towards sb)	very strong aggressive feelings against sb/sth hostile adj
faith	a strong belief in sth, often a religious faith
stereotype	a fixed idea of what a particular type of person or thing is like, but which is often not true stereotypical adj
integration	the process of becoming a full member of a group or society integrate (into sth) v
live in peace (with sb)	live without arguing with other people
nostalgia	a feeling of sadness mixed with pleasure when you think of happy times in the past nostalgic adj
origin	a person's social and family background: a person's country of origin (= where they were born)
desire	a strong wish: have a desire / no desire to do sth

SPOTLIGHT idioms with part

for the most part mostly; usually

for my part speaking for myself ALSO for his/her, etc. part in part partly; to some extent: His success was due in part to luck.

have a part to play (in sth) be able to help sth

We all have a part to play in the fight against racial discrimination.

Combine words/phrases in the box to form six phrases.

culture	live	faith	have no	to play	country religious
desire to do sth	have a part	of origin	in peace	shock	

Cross out the word which is wrong. Write the correct word at the end.

- 1 Why is there so much hostility for politicians in this town? The problems are due in partly to overcrowding. 3 Do you have feelings of nostalgic for your childhood?
- He doesn't fit the stereoscope of a typical 30-year-old businessman.
- 5 The government policy is to aid newcomers' integrity into society.

6 I'm a natural New Yorker: in fact, I've never lived anywhere else.

When you first emigrated, what things did you have to get used to? Well, obviously the climate! But seriously, in my (1) ______country, many people no longer have a strong religious (2) _____, whereas here, religion is at the heart of people's Amy lives, so that added to my sense of culture (3) I discovered that for the most people had a (5) view of how western women behave, as they seemed surprised when they got to know me. I dressed appropriately and behaved sensitively, as I had to upset people. Basically, (7) my part, I just wanted to (8) into society as best I could. Beth And do you feel that's happened? To be honest, people have never been (9) ______ towards me – quite the opposite. People here just want to live in (10) with each other, as I do. Having said that, I will always be something of a foreigner here, and I still feel (11) ______ sometimes when I think of home.



Politics: ideology

the economy is owned and run by companies and individuals, not the state. Capitalism:

In Britain, capitalism is associated with the Conservative Party (called

Conservatives or Tories), which tends to favour the status quo and is opposed

to radical change.

the economy of a country is partly controlled by the state, and there is a belief Socialism:

that wealth should be distributed equally. In Britain, socialists are usually leftwing, but not extremists. Socialism is usually associated with the Labour Party,

although the party has generally favoured a moderate form of socialism.

this is a belief in personal and economic freedom, supporting gradual social Liberalism:

and political change. In Britain, many liberals vote for centre parties, the most

prominent being the Liberal Democratic Party.

.....

Communism: a communist system is based on common ownership of the means of

production, and everyone is supposed to share the wealth it creates.

GLOSSARY

radical

wealth

distribute share sth among a number of people a set of ideas that an economic or political ideology

distribution n system is based on ideological adj

strongly supporting the ideas of socialism connected with sth/sb associate v, associated with left-wing sth/sb

OPP right-wing strongly supporting association n the ideas of capitalism ALSO on the left / support and agree with sth/sb favour n:

favour on the right be in favour (of sth/sb)

extremist a person whose political views are generally the existing situation: maintain the status quo not considered to be normal or reasonable status quo

extreme adj OPP moderate n, adj

opposed to sth/sb disagreeing strongly with sth/sb a political party that is neither left-wing nor oppose v; opposition n. The Opposition centre party

right-wing: in the centre is the main political party that is opposed important or famous

to the government. prominent the state of owning something: in favour of complete political or ownership

public/private ownership

social change an action, object or system by which a

partly in part but not completely means (of sth / doing sth) result is achieved; a way of doing sth: SYN to some extent

the means of production (= the materials a large amount of money that a person and equipment needed to produce or country owns wealthy adj things); a means of transport; a means of

identification / of contacting sb

SPOTLIGHT suffixes -ism and -ist

The suffix -ism is often associated with beliefs and ideologies, and the suffix -ist is often used for both the person and adjective derived from these beliefs.

 capitalism capitalist socialism socialist communism communist

extremist (BUT the adjective is extreme.) extremism

conservatism conservative

There are exceptions.

liberal liberalism

	e.		oute distribution				
Complete the tabl							
NOUN	PERSON	VERB	ADJECTIVE				
ideology	-	-					
conservativism		-					
socialism							
	***************************************		liboral				
***************************************		assasiata	liberal				
	automotot	associate					
***************************************	extremist	-	***************************************				
	•	distribute	•				
Complete the sent He's left-wing, but I'm poor, but he's He's in favour of it He wants change, the	t, but she's, but she prefers to mainta	te meaning to the first half of She has extreme They're on the left They were in gov they're					
omplete the sent							
	ual of we						
or reading the age at which young people can vote.							
Do you believe th							
Do you believe th	I don't the Conservative Party with radical change.						
Do you believe th	Is it important to the status quo? The US is an extremely country, and yet many people there are very poor.						
Do you believe the I don't	melythe status	s quo? untry, and yet many people there	are very poor.				
Do you believe the I don't	melycou	untry, and yet many people there	are very poor.				
Do you believe the I don't	melycou policies to some	untry, and yet many people there					
Do you believe the I don't	melycou policies to somes s the mosts	untry, and yet many people there	om 2000 to 2020.				
Do you believe the I don't	melycou policies to some s the most pletely the government's	untry, and yet many people there	om 2000 to 2020. responsible.				
Do you believe the I don't	melycou policies to some s the most pletely the government's actual member of the Lab	politician in Western Europe from fault, but they are bour Party, but does he have any	om 2000 to 2020. responsible. with it				
Do you believe the I don't	melycou policies to some s the most npletely the government's actual member of the Lat	politician in Western Europe from fault, but they are bour Party, but does he have any	om 2000 to 2020 responsible with its				
Do you believe the I don't	policies to some countries the most policies to some	politician in Western Europe from fault, but they are bour Party, but does he have any ountry? Are they right-wing, left-wing, left-	om 2000 to 2020 responsible with its sk another student. ving or centre parties?				
Do you believe the I don't	policies to some countries the most policies to some _	politician in Western Europe from Fault, but they are bour Party, but does he have any country? Are they right-wing, left-vill or fairly moderate in your views?	om 2000 to 2020 responsible with it: sk another student. ving or centre parties?				
Do you believe the I don't	policies to some coupolicies to some s the most policies to some when the status quo? policies to some	politician in Western Europe from fault, but they are bour Party, but does he have any ountry? Are they right-wing, left-wing, left-	om 2000 to 2020 responsible with its sk another student. ving or centre parties?				

TEST YOURSELF

Local government

A Local election manifesto

Independent party manifesto for the local council elections. We will:

- stand up for the community and speak on behalf of residents on green issues.
- take complaints seriously and give neighbourhoods a say in local decisions.
- allocate better funding for youth projects and ensure they are properly managed.
- provide grants for voluntary organizations that help with the elderly and disabled.

GLOSSARY			
manifesto	a written statement by a political party saying what they believe in and what	take sth/sb seriously	think that sth/sb is important and deserves respect
council	they intend to do the organization that provides local government in a city or area. A councillor	say	the right to give your opinion before a decision is made: give sb a say; have a say in sth
stand up for sth/sb	is an elected member of the council. support or defend sth/sb	allocate sth (to sb/sth) (for sth)	give sth officially to sb/sth for a particular purpose
on behalf of sb /	syn stick up for sb inf as the representative of sb; in order	ensure	make sure that sth happens or is definite
on sb's behalf resident	to help sb a person who lives in a particular place.	grant	a sum of money given, often by the government, for a particular purpose
		voluntary	(of work) done by people (called volunteers) who choose to do it
green	connected with protecting the environment	9	without being paid. The voluntary sector refers to charity organizations.

0	Co	omplete the words.	25	
	1	rsdnt	4 co nc l	7 cn r
	2	ns r	5 II c te	8 v_ltr
	3	v l nt ry	6 m_n_f_t_	
2	Or	ne word is incorrect in each	sentence. Cross it out and v	write the correct word at the end.
	1	I've read the manifest and didr	n't agree with any of it.	
	2	They should have a say to wha		
	3	Do you think the councillors w		
	4	My sister's done a lot of work for		
	5	She spoke on behalf for all of u		
	6	They should stand out for peo		
	7	We must assure that the council		
	8	The council are giving us a gra		
3	Co	omplete the sentences.		
	1	There are no local	in my town willing to spe	ak on my
	2	We don't have paid staff. We re	ely solely ona	nd the voluntary
	3	I don't really feel I		
	4	Local politicians should	up for people and	their ideas seriously.
	5	Do you think you can get a	from the counc	I to make your home greener?
	6	Christian has been awith a Danish passport.	in the UK for ten years,	but he remains a Danish
	7	We need to take	issues more seriously if we	are really concerned about the planet.

8 We can't touch the money: it has already been ______ to social services.

10 The _____takes all complaints very seriously.

9 Local government has to ______ that accurate records are kept of all expenditure.

B The role of the mayor

THE MAYOR OF LONDON is elected by any Londoners eligible to vote, and has quite a high profile. The mayor is the capital's spokesperson with a range of powers and duties. He or she sets the annual budget for the Greater London Authority, and plays a key role in the running and funding of various projects. The mayor heads the Mayor's Office for Policing and Crime who provide policing in the capital. The mayor also chairs Transport for London, and sits on various committees.



GLOSSARY	
mayor eligible high profile spokesperson	the most important chosen or elected official in a town or city allowed by rules or laws to do or receive sth opp ineligible Sb/sth with a high profile gets attention and is easily noticed. sb who speaks on behalf of a group or an organization
budget	the amount of money a person or an organization has to spend on sth: set the budget (= decide what the budget should be)
authority	the people or an organization who have the power to make decision or who have a particular area of responsibility
funding	money for a particular purpose
head	lead or be in charge of sth, e.g. a department or and organization head n
policing	the activity of keeping order in a place with police police w
chair	be in charge of a meeting: chair a meeting (see spotlight)
committee	a group of people who are chosen to make decisions or deal with a particular subject: a committee meeting; sit on a committee

SPOTLIGHT gender and people nouns

These titles can be used about a man or a woman.

- chair/chairperson/chairman
- spokesperson/spokesman
- mayor

The titles of **chairwoman**, **spokeswoman** and **mayoress** are also used but only refer to a woman.

- 1 The budget/mayor/funding is not sufficient.
- 2 The committee / authorities / policing have the power to change the rules.
- 3 My uncle is the spokesperson/mayoress/chairman.
- 4 The town has a high profit / policing / profile.
- 5 David Tomkins is the chairman / chairperson / chair of the transport committee.
- 6 We heard the spokesperson / spokesman / mayoress making a statement to the press.
- 7 He's the new mayor/budget/head.
- 8 She chairs / sits on / sets the committee.

need a large force to		7	I sit on a number of He was elected	
ople under 21 are	to vote.	8	She	the department.
Ars Bryant will the meeting.		job.		
He was reported to the immigration		10	We need moreresearch.	for medica
sets the annual	*			
T YOUR TOWN/CITY W	rite your answers,	or ask a	another student.	
	rite your answers,	or ask a	another student.	



Health care services

A What is available?

HEALTH CARE: FREQUENTLY ASKED QUESTIONS

- Do I need to register with a GP?
- ► How do I get referred to a specialist?
- ► Can I get free prescriptions?
- ▶ What if I suspect a doctor has made a mistake?
- ▶ How do I become a participant in a clinical trial?
- ► Can I get cosmetic surgery free of charge?
- ► Are all medical records confidential?

GLOSSARY			
health care register (with/for sth) refer sb (to sth)	the service of providing medical care put your name on an official list. You can also enrol on a course or enrol at a school. send sb to sb/sth for help, advice, etc.	suspect participant (in sth) clinical	have an idea that sb is guilty of sth, but without definite proof sb who is taking part in an activity or event related to the examination and treatment of patients and their illnesses: a clinical trial;
specialist prescription What if?	a person who is an expert in a particular area of work or study specialist adj an official piece of paper given to you by a doctor that enables you to get a particular medicine from a pharmacy prescribe v What would happen if?	cosmetic surgery free of charge confidential	clinical research medical treatment intended to improve sb's appearance If sth is free of charge, it costs you nothing. meant to be kept secret: strictly confidential

Form five p	nrases	rom	words	n the b	DX.						
of charge	free	care	clinical	strictly	surgery	trial	cosmetic	confide	ntial	health	
				3				***************************************			
				25							
Complete t											
1 The patie	ent has	a rare i	llness, so	she will	need		tre	atment.			
2 All media	cal treat	tment	has to be	strictly			between	the doct	or and	patient.	
3 Some co	smetic	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		is avail	able on th	ne Nati	onal Healt	h Service			
4 Go and s	ee if th	e doct	or will		sor	nethin	g for that t	terrible co	bugh.		
5 What			I need u	rgent he	alth		? Wh	nere shou	ld I go	?	
6 When I r	noved t	to Brigh	nton, I ha	d to		wit	th a docto	r near my	hom	e, and at	the same time,
1		on a	free first	-aid cou	se.						
7 Lasked th	ne doct	or to		n	ne to a		be	ecause of	my lo	ng-term	problem with
my skin											
8 How ma	ny		are	e taking i	part in the	e clinica	al		for the	e new ca	ncer drug?
Complete	the tex	ct.		N 1971			- 1			1024	
When you n	nove to	a new	area, in	order to	get free h	ealth (1)	as the de	actor	will give	need to
(2)			with a	doctor.	For many	comn	non iliness	es, the do	o (A)	will give	you a
if you are ur	da. 16		, which	n you co	mect from	a prio	us probler	m which i	involv	es seeinc	, 1 a
if you are un	ider 16,	over 6	u, or pre	can get l	6)	a sello	us problei	to one	by vo	ur docto	or. Your medical
records are	7)		, you	can get i	ut you ca	n see v	our own r	ecords by	v askir	ng at you	r surgery. If you
(8)	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	that s	omeboo	ly has ma	de a m	istake with	h your tre	atme	nt, you sh	nould speak to t
medical stat											
ABOUT YO	URCO	UNTR	Y Can y	ou ans	wer the	questi	ons at th	e top of	the p	age abo	out your healt
1 - 2 14	wita wa	ur an	Wars o	r ack an	other le	arner.					



B In hospital: patients' experiences

The doctors and nurses were very dedicated and kept me informed at all times.

I know the staff were rushed off their feet, but nobody took any notice of my calls for help.

I felt miserable when I was admitted, but I had absolute confidence in the nursing staff and soon felt my old self again.

I was admitted to the ward, seen by a junior doctor, then nothing happened for two days.

I felt the whole time that my well-being was the staff's prime concern.

SPOTLIGHT staying in hospital

You can be admitted to hospital (= taken there and treated). After treatment, you are discharged (= given permission to leave). Then you go home to convalesce (= spend time recovering). SYN recuperate; convalescence n SYN recuperation

GLOSSARY

dedicated

working hard at sth because it is

important to you

inform

tell sb about sth: keep sb informed

(about sth)

be rushed off your feet

be extremely busy with too many

things to do

take (no) notice of sb/sth pay (no) attention to sb/sth

miserable

very unhappy or uncomfortable

ward

absolute

self

junior

total and complete

the type of person you are: my old self; my real self a room or an area in a hospital for patients with the

same type of condition

having a low rank in an organization or profession

OPP senior

well-being general health and happiness

prime main; most important: a prime concern

5 Circle the correct answer(s). Both answers may be possible.

- 1 I was rushed off my foot / feet.
- 2 She took no / any notice of me.
- 3 I was admitted / discharged to the cancer ward.
- 4 He's back to his old self / self.
- 5 I need to convalesce / recuperate.
- 6 They kept / made me informed.
- 7 They were junior / senior doctors.
- 8 His health was my main / prime concern.
- Patients need rest and recuperation / well-being.
- 10 The staff are admitted / dedicated to patient care.

6 Replace the underlined words with a word or phrase that keeps the same meaning.

- They didn't pay any attention to me.
- 2 They told me what was happening.
- 3 I was incredibly busy.
- 4 That's part of his true character.
- 5 She needs to spend time getting better.
- 6 I felt really unhappy and uncomfortable. 7 I'm worried about his general health and happiness.
- 8 The staff work hard and care a lot.

- They took _____. They kept _____.
- I was rushed ______.

That's part of his _____.

She needs to ______.

I'm worried about his _____.

The staff are _____.

Complete the sentences with a suitable word.

- 1 When you are _____ to hospital, you are taken to a _____ for your stay.
- 2 In hospital, patients are always ______ informed about their treatment.
- 3 Staff in hospitals are _____ off their feet all the time.
- 4 For the doctors and nurses, the patient's ______ is their _____ concern.
- 5 There are more senior doctors than ______ doctors.
- Most patients have _____ confidence in the staff.
- Recuperation (or ______) usually takes place at home.
- When you have recovered sufficiently, you will be ______ from hospital with all the medicines you need for the first week.

ABOUT YOUR COUNTRY Do you know if the sentences in Exercise 7 are true for your country?

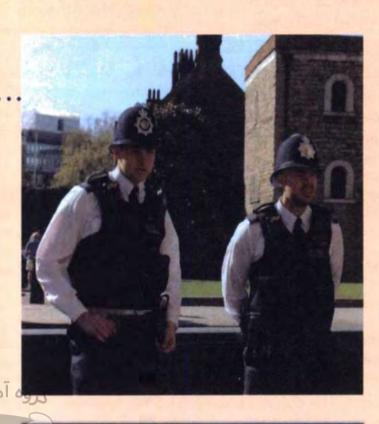
TEST YOURSELF

53 The police

Police procedures

An arrest is when a police constable detains someone suspected of an offence. In the UK, the police can arrest you if they have a valid arrest warrant (issued by a magistrate), or if they have reasonable grounds for suspecting you have committed or are about to commit an offence. You are cautioned and then taken to a police station as soon as possible. Once you are in custody, you have the right to legal advice from a solicitor. If there is sufficient evidence, the police will charge you, and you will then appear in court where a magistrate will decide whether you should be remanded in custody or released on bail.

If your case goes to trial, you will either be convicted of the crime, or found innocent and acquitted. If you are found guilty, you will be sentenced by a judge.



SPOTLIGHT the police

A police officer is any member of the police force. In the UK, a (police) constable (abbreviated as PC) is an officer of the lowest rank (= position in an organization). Above the rank of constable is the sergeant, the inspector, and so on. The chief constable is the head of each regional police force.

procedure	the usual or correct way for doing sth	custody	the state of being in prison while waiting for trial: in custody
detain	keep sb in an official place, e.g. a police station, and prevent them from leaving: be detained in custody	solicitor	a lawyer who gives legal advice and prepares legal documents
suspect sb of (doing) sth	believe that sb is guilty of sth, though you do not have proof. A person is a suspect .	charge sb (with sth)	say officially you believe sb has committed a crime
offence formal	a crime: commit an offence	remand sb	send sb away from court until their trial:
valid	legally or officially acceptable OPP invalid		be remanded in custody
warrant	a legal document signed by a judge that allows the police to do sth. A search warrant is a warrant to search sb's property.	bail	money left with a court of law to ensure that a prisoner will return for their trial. A judge can either grant bail
issue	give or saysth to sb officially: issue a warrant/visa	convict sb (of sth)	or refuse bail . say officially in court that sb is guilty of a crime
magistrate	an official who acts as a judge in the lowest courts of law	acquit sb (of sth)	state formally that a person is not guilty of a crime
grounds (for sth/ doing sth) (usually pl)	a reason for sth	sentence sb (to sth)	(of a judge) tell sb who has been found guilty of a crime what their punishment
be about to (do sth)			will be: He sentenced him to two years in prison.
caution sb formal	warn sb officially that anything they say may		

GLOSSARY

be used against them as evidence in court

	tain	the stress on the suspect v	suspect n	offence		invalid	magistrate	
	stody	solicitor	remand	convict		acquit	constable	
						2004000		
Wr		nissing prepos						
1			police custo		4	convict son	neone	an offence
2			doing som		5	acquit someonea		a crime
3	charge so	omeone	an offer	nce	6	sentence so	meone	five years
Co	mplete t	he phrases wit	h suitable wor	ds.				
1	a police				4	remand sor	neone in	*****************
2	commit a	n	*******		5	******************************	bail or refu	se bail
3		a search			6	convict OR		someone
Wr	rite vour	answers.						
1		es an arrest warr	ant?					
2		ains someone?						
3		ers legal advice?			*********			
4		ole to grant bail?			*********			
5		manded in custo						
6		tions someone?			*********			
7		a lower rank tha	n a sergeant?					
8		oove a sergeant?		وه آموزی	=	***************************************		
9		e head of a regi		Shappanining,	(m)	***************************************		
10		tences someone				***************************************		
	TTTTO SCIT	terrees sorrieone	. 3	***************************************				
Co	mplete t	he sentences.						
1	A PC is th	e lowest	in the p	police force.				
2	A search	***************************************	allows the police	to search so	ome	one's prope	rty.	
3	After son	neone has appea	red before a mag	gistrate and i	s av	vaiting trial, t	hey will often be	***************************************
	in custod							
4		ve to follow very rest is not		when	the	y arrest some	eone, otherwise s	solicitors may argu
5					tha	t this person	has committed :	an
			one, the first thing					***
6	When po	ince arrest some	one, the mist time	g triey do is	********	***************************************	them.	
6		he text with w	ords from the o	pposite pa	ge.			
	mplete t	ine text with th						
	mplete t	THE COAC WILLIAM						
Co			DACEIN	TIDENT				
Co			D RAGE INC	CIDENT				
Co	RESTE	ED IN ROAL						
Co AR	RESTE	ED IN ROAL	ing prison after	an angry in				
AR A	n 82-yea	ED IN ROAL r old man is fact a gun at anoth	cing prison after er driver and wa	an angry in	(1)		to use it. A	young police
AR A	n 82-yea	er old man is fact a gun at anoth	cing prison after er driver and wa the man, before	an angry in s, possibly, taking him	(1) to t	he police st	to use it. A	young police was
AR A (2) (3)	n 82-yea	er old man is fact a gun at anoth arrested to Once h	cing prison after er driver and wa the man, before e was in (4)	an angry in s, possibly, taking him	(1) to t , th	he police st	to use it. A ation, where he refuse	young police was
AR A (2) (3)	n 82-yea	er old man is fact a gun at anoth arrested to Once h	cing prison after er driver and wa the man, before	an angry in s, possibly, taking him	(1) to t , th	he police st	to use it. A ation, where he refuse	young police was
AR (2) (3) anyt	n 82-yea	r old man is fact a gun at anoth arrested to . Once he also refused h	cing prison after er driver and wa the man, before e was in (4)	an angry in s, possibly, taking him to a (6)	(1) to t	he police st	to use it. A ation, where he refuse the police later	young police was d to say
AR (2) (3) (7)	n 82-yea	r old man is fact a gun at anoth arrested to . Once he also refused him with	cing prison after er driver and wa the man, before e was in (4) is right to speak several (8)	an angry in s, possibly, taking him to a (6)	(1) to t , th	he police state (5)	to use it. A ation, where he refuse the police later illegal possession	young police was d to say on of a weapon.
AR (2) (3) (7) (7) The	n 82-yea pointed thing, and	ar old man is fact a gun at anoth arrested to . Once he also refused him with now appear be	cing prison after er driver and wa the man, before e was in (4)	an angry in s, possibly, taking him to a (6)	(1) to t , th , in	he police stree (5)	to use it. A ation, where he refuse the police later illegal possessiong, where he ho	young police was d to say n of a weapon. opes to be



54 Prisons

A The prison system

n important element of the criminal **Djustice** system is punishment for breaking the law. Since the abolition of capital punishment in the UK, imprisonment has been the most serious punishment. It satisfies our need for justice2 and longer prison sentences are meant to be a deterrent. Furthermore, criminals who are locked up are no threat to society, and rehabilitation programmes in prison give criminals a chance to change their behaviour. However, the current system is in crisis. More people are being imprisoned, a significant percentage reoffend, and for some criminals, prison is simply regarded as an occupational hazard. Is it just our way of taking revenge? If so, can we justify its continued existence?

a financial

GLOSSARY	
abolition	the official ending of a law, system or institution abolish v
capital punishment	punishment by death
imprisonment	the act of putting sb in prison imprison v SYN lock sb up <i>inf</i>
justice	the legal system that punishes people who have committed crimes the fair treatment of people
deterrent	a thing that makes sb less likely to do sth deter v
rehabilitation	the process of helping people to live a normal life after they have been ill or in prison rehabilitate v
crisis	a period of great difficulty and uncertainty: be in crisis
reoffend formal	commit a crime again. A person is a reoffender.
regard sth/sb as sth	think about sth/sb in a particular way
hazard	a risk or a danger. An occupational hazard is a risk that is part of a particular job.
revenge	action you take to punish sb because they made you suffer: take revenge (on sb) (for sth)
justify	show that sth is right or fair justification n; justifiable adj

Underline the stress on these words. Use the @ to help you. abolish abolition capital punishment deterrent rehabilitate reoffender occupational rehabilitation hazard justify justification justifiable Rewrite the sentences on the left, using the sentence beginnings on the right. Keep the same meaning. He's been locked He's been imprisoned. She regards _____. 2 She thinks of me as a friend. They have ______. 3 They hang people for some crimes. Is the prison system _____? Can we justify the prison system? 5 He was imprisoned for life. He got life _____. 6 It changed after they abolished the law. It changed after the _____. 7 It's one of the risks of the job. It's an _____. Are there many _____? Do many people commit a crime again? She wants him to suffer for what he did to her. She wants to take ______. At the moment we are in 10 It's a period of great difficulty. Complete the words in the questions. 1 Do you believe you can r_____ most criminals? 2 Why do so many people r_____ and go back to prison? 3 Do you think prison is an effective d Do you believe in c_____punishment? Would you like to a _____ anything in your criminal justice system? Is there ever any j______ for taking r_____ on someone who has harmed you? 7 Is the prison system in c_____ in your country? 8 Do you believe in the criminal j system? In your view, does it represent true j

4 ABOUT YOU Write your answers to Exercise 3, or ask another student.



B A different system

GRENDON is not a typical institution within the prison system. It is constructed exclusively on the principles of group therapy, and operates more as a community than a prison for offenders. The inmates are all serving long sentences, and a high proportion are guilty of violent crime. Yet the prison is different from the normal system in almost every way, with an absence of physical force and segregation. The prison is divided into five self-contained communities, the prisoners are not confined in cells, and decisions are only taken with their consent.

SPOTLIGHT self

Before nouns and adjectives, self-means 'of, to or by yourself'.

- Self-contained communities are able to exist without outside help.
- On a self-catering holiday, you do the cooking yourself.
- Self-assessment is judging your own progress.

GLOSSARY		1	
institution	a large important organization with a particular purpose. An institute is similar but usually for education or a particular profession.	segregation	the policy of separating people of different sex, race, religion, etc, and in prison, by the type of crime committed segregate v
exclusively	completely; with nothing else: We rely exclusively on aid.	confine sb/sth in sth	keep sb/sth within an enclosed area confinement n: solitary confinement
principle	a law, rule or theory that sth is based on		(= a punishment in which a prisoner is kept
group therapy	the use of group discussion for the treatment of a physical or mental problem or illness	cell	alone in a separate cell) a lockable room for prisoners in a prison or police station
inmate	one of the people living in an institution such as a prison	consent	agreement about sth by common consent with
proportion	a part or share of the whole amount or number		everyone's agreement; by mutual consent with the agreement of both of the sides involved

- 5 Circle the correct answer(s). Sometimes both answers are possible.
 - 1 Solitary confinement / consent is part of the punishment.
 - 2 The prisons / cells are quite small.
 - 3 The management course is based on self-catering / assessment.
 - I think the trip requires the parents' agreement / consent.
 - 5 The prison had to segregate / confine the men and women in separate cells.
 - It is based *exclusively/partly* on the original model.
 - Most of the *inmates/prisoners* are female.
 - 8 Prisons have similarities with many other institutions/institutes.
- 6 Complete the dialogues with a single word.
 - 1 Do they discuss each other's problems? ~ Yes, it's a type of group _____.
 - 2 Do they separate men from women?
 - 3 Do you do the cooking yourselves?
 - 4 Are they locked up every night?
 - 5 Did everyone agree with the change?
 - 6 Are many of the men violent?
 - 7 Did you both agree to the deal?
 - They want prisoners to work together. Was he kept in a cell on his own?
 - 10 Do they rely on charities?

- ~ Yes, there's a policy of _____.
- ~ Yes, it's all self-_____.
- ~ Yes, and the _____ are very small.
- ~ Yes, it was made by common _____.
- ~ Yes, quite a high _____.
- ~ Yes, it was by _____consent.
- ~ Yes, The system is based on the ______ of teamwork.
- ~ Yes, he was in solitary _____.
- ~ No, not _____. They get some money from the government.
- ABOUT YOU What do you think of this prison? Is it likely to be more successful than a normal prison? Write your answers, or ask another student.



The armed forces

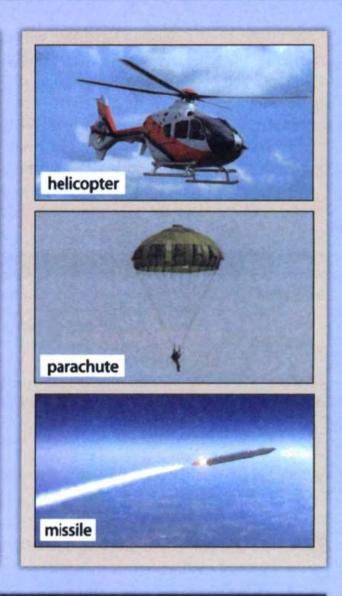
The US Military

comprises five branches in its field of operations: the army, the navy, the air force, the marine corps and the coast guard, all under civilian authority. More than 1.35 million people serve in the professional



tank

full-time military, with a further 800,000 in the reserve army. (There is no longer compulsory military service, though men aged 18-25 must register for it if the need arises.) The US military distinguishes between enlisted personnel, who make up about 85% of the armed forces and carry out fundamental operations such as combat and administration; and officers, who manage and supervise operations. The range of jobs is vast, but encompasses such diverse activities as running a hospital, commanding a tank, flying military aircraft, programming computers, maintaining weapon systems, etc.



GLOSSARY			
the military	a country's army, navy and air force SYN the armed forces; military adj	enlisted	(especially US English) relating to members of the permanent armed forces
branch	a part of a large organization: a branch of a bank		below officer rank. Enlist is to join the armed forces.
operation	an organized activity, often involving the military or police	armed fundamental	carrying a gun or other weapon arms n (pl) central and forming the necessary basis
guard	a person or group of people who protect sth/sb guard v	combat	of sth fighting between forces: armed/unarmed
civilian	not belonging to the armed forces. A person is a civilian .		combat (= fighting with/without guns, bombs, etc.)
serve	do useful work: serve your country / in the army, etc.	vast	extremely large: the vast majority; vast numbers; a vast amount
the reserve(s)	an extra force that performs part-time duties and is available if needed	encompass formal diverse	include sth within an area or area of activity different from each other and of various
compulsory	If sth is compulsory, you have to do it. SYN obligatory; OPP optional	command	kinds diversity n be in charge of sb. A person can also be in
military service	time spent serving in the military, especially as a compulsory period for young people	aircraft	command (of sth/sb). any vehicle that can fly and carry goods or passengers
distinguish between A and B	recognize a difference between two people or things SYN differentiate (between) A and B, make a distinction (between A and B)	weapon	an object such as a knife, gun or bomb that is used for fighting: <i>nuclear/chemical</i> <i>weapons</i> ; <i>a deadly/lethal weapon</i> (= that can kill sb)

SPOTLIGHT comprise, consist of, make up

These verbs describe the way in which something is formed.

- The group comprises / consists of / is made up of 30 people. When you mention some of the parts first, use make up or comprise.
- Men make up / comprise the majority of the group.

	_	- Contract of the Contract of	mand encompa	-		***************************************			
2			rs are pronounced t	he same as in bit,	and which three	are pronounced th			
	same as in bet			and and and					
	c <u>i</u> vilian d <u>e</u>	adly differ	entiate encomp	ass <u>e</u> nlisted	w <u>ea</u> pon				
3	The pronuncia	tion of the lette	er 'i' is the same as in	 bit in nine of the o	cases underlined.	Which three are diff			
	civ <u>i</u> lian co	mpr <u>i</u> se d <u>i</u> s	tinguish diverse	e enlisted	m <u>i</u> litary mi	ss <u>i</u> le obl <u>igatory</u>			
Us	se word(s) from	n the box to f	form nine compo	und words or pl	nrases.				
	unarmed	majority	the armed	lethal	service	your country			
	forces	combat	be in	a distinction	make	serve			
	military (x 2)	weapon	command	aircraft	the vast				
Re	eplace the unc	derlined word	l(s) with a <u>single</u> v	ord that has a	similar meanin	a.			
1	•		y large amount of m			J			
2			the armed forces.						
3			oximately 5,500 me	and women.					
4			ne of their central be			***************************************			
5		y little armed fi	V.S.	4					
6			ent backgrounds.						
7			protect the camp.						
0			, so lioined as a solo	dier					
0			, so ijoined as a soic	ilet.					
9	This knife is a !		and between man	and warmen					
10			ence between men						
11			erent tasks and respo	onsibilities.					
12		ice <u>obligatory</u> ?							
13			officer, and is in char						
14	Ensuring the s	afety of the shi	ps will be a large org	<u>aanized</u> military <u>a</u>	ctivity.				
	omplete the te		ble words. forces is (2) _		of the arr	my the navy and			
th	e air force As he	ead of state, the	Queen is theoretic	ally in (3)	or the an	of the armed			
for	rces, but in prac	tice that is the	job of the British Prin	me Minister, Appr	oximately 146,00	0 men and women			
(4))	in th	ne professional arme	ed forces (often re	ferred to as the '	regulars'), with a			
fu	rther 36,500 in 1	the (5)	.Т	he armed forces a	are also supporte	ed by a number of			
(6))	age	ncies owned by the	Ministry of Defer	ice. The navy is the	ne			
(7))	of the	he armed forces whi	ich is responsible	for Britain's nucle	ear			
(8))	, wh	nich (9)	four	Trident nuclear r	nissile submarines.			
Α.	BOUTVOULAN	D VOUR COUR	ITDY Main			_			
A			Write your						
1			ssional military?						
	Do you have a	reserve army?							
2	Do you have n	nilitary service?							
3	Are the police usually armed in your country?								
3									
3 4 5	Have you ever			4					
3	Have you ever stood next to	a tạnk?	pon?	flown in a l					

56 News headlines

Headlines	Meaning
Arms deal probe	arms formal weapons, especially used by the armed forces deal an agreement, especially in business probe an investigation into sth probe v
Mother's plea to kidnappers	a plea (for sth) formal an important and emotional request kidnapper sb who takes a person away illegally and keeps them as a prisoner, usually in order to get money (called a ransom) kidnap v
Government pledges more aid	pledge formally promise to give or do sth pledge n aid money, food, etc, that is sent to a country to help them
Senate urges caution	urge advise or try hard to persuade sb to do sth
Bid to axe rail chief	bid an effort to do sth or get sth bid v axe remove sb from their job; get rid of a service, system, etc: Bus company plans to axe part of rural service. chief the most important or one of the most important people in a company, often used in job titles: a police chief
Minister vows to quit	minister a senior member of a government who is in charge of a government department or a branch of one vow make a formal and serious promise to do sth vow n
Bomb blast wrecks factory	(bomb) blast an explosion wreck destroy sth wreck n
Boost for voters	boost sth that helps or encourages people boost v
Go-ahead for road scheme	go-ahead formal permission to do sth scheme an official plan or system for doing sth
IMG cease trading	cease formal stop (sth) happening or existing. A ceasefire is an agreement between two sides to stop fighting.
Doctor cleared of negligence	clear sb (of sth) prove that sb is innocent of doing sth wrong
Injury blow for United	blow shock or disappointment
New flood alert	alert a warning
Police foil bomb plot	foil prevent a plan from succeeding plot a secret plan by people to do sth wrong or illegal SYN conspiracy; plot v
PM rules out referendum	rule sth out reject the possibility of sth
Lords back hunting ban	the Lords (OR the House of Lords) in Britain, the second and higher part of Parliament, after the House of Commons, whose members are not elected by the people of the country back give help or support to sb/sth backing n
	hunting the act of killing wild animals for food or sport

SPOTLIGHT headline words

Certain words often appear in newspaper headlines because they are very short, e.g. bid, plea, quit. Other words give stories a more dramatic effect, e.g. blast, boost.

US	e the 🌚 to help	you.							
1	pl <u>ea</u> pl <u>e</u> dge	*********			5	axe aler	12.04	********	
2	boost blow	********			6	wreck s		********	
3	pledge ahead				7	sch <u>e</u> me	-		
4	probe vow	*******			8	minister	consp <u>i</u> racy	********	
Go	ood news or bad	news for th	e peo	ple in the	head	dlines? W	rite G or E	3.	
1	Further blow for h			5					new rail system
2	Company axes ch			6		v deal for	_		
3	Doctors given go-		********	7		st for farn	-		
	for new drug			8	Arm	y foils crir	minal plot		
4	Company ceases	operations							
M	atch 1–10 with a-	-j.							
1	vow		a	secret pla					
2	plea		b	official pl	an				
3	bid		c	request					
4	conspiracy		d	explosion					
5	blow		e	investiga	tion				
6	alert		f	promise					
7	probe		g	warning	۵ آم	_			
8	scheme		h	disappoir					
9	blast		i.	agreeme	nt				
0	deal		j	attempt					
3	Government pron	plan				5			
4	Company managi				<u>b</u>				
5	Help and encoura		_			***************************************			
0	Latest statistics a		-			conomy	***************************************		
,	Men who took ch					dolar			
0	Senior members of Motorcyclist found				ivise (lelay			
0	PM rejects the po								
•	r in rejects the po	SSIDILLY OF TO	trici to	ix cuts.					
W	rite your own he	adlines for	these	news sto	ries. H	(eep to a	maximun	n of six wor	ds for each
	adline and use t								
1	An explosion has	destroyed a	new sh	opping ce	ntre				
2	Senators reject th	e possibility	of more	e money a	nd he	lp for poo	or countries		
3	Shareholders atte	mpt to force	the ch	airman to	resign				
4	Officers prevent a	secret plan t	o esca	pe from pr	rison				
5	Attempt to chang					ort			

6	There are new wa	rnings about	the d	angers of a	ertain	food			

57

Writing for a newspaper

WRITING A NEWS STORY

The first thing to consider is the type of story you are writing and the type of **publication** you are writing for: this will determine the style of writing.

Here are a few guidelines:

- 1 When you look at your blank screen, imagine your reader and what will interest them most.
- If it is a specialist publication, you can assume a greater knowledge on the part of the reader. If it is a serious newspaper, you can also use longer sentences. But remember that space is the most precious commodity in a print newspaper; long sentences take up space. Avoid difficult words and long sentences, especially in mass-market publications, but don't talk down to your readers.
- Your opening has to engage the reader instantly and summarize what the story is about. A good introduction will state why the story is being written and grab the reader's attention. This sets the tone for the rest of the piece.
- Quotes are good they add colour and personal experience but if you are citing from specific sources, keep it short, otherwise the story will lose pace and direction. Sometimes the quote has to be there to provide precision when the actual words are crucial to the message.

GLOSSARY			
publication	a book, magazine, etc. that is available to the public; the act of printing a book, etc. or sth in a newspaper	talk down to sb	speak to sb as if they were less important or intelligent than you immediately instant adj
blank	empty, with nothing written on it	grab sb's attention	get sb's attention or interest
specialist	having or involving knowledge in a particular area of work or study	tone	(of a piece of writing) the general character and attitude of sth:
assume	think or accept that sth is true but without		set the tone
	proof assumption n	quote inf	(abbreviation of quotation) the exact
on the part of sb / on sb's part	experienced or done by sb		words that sb uses. If you quote sb, you repeat the exact words that sb uses.
precious	valuable or important		cite v formal
commodity formal take up sth	a thing that is useful or has a useful quality fill or use an amount of space or time	otherwise	used to state what the result would be if sth didn't happen or sth weren't true
mass	affecting or involving a large number	pace	the speed at which sth happens
	of people: mass-market books, mass unemployment. A mass is a large amount or quantity of sth.	precision	the quality of being exact, accurate and careful SYN accuracy

SPOTLIGHT opening

Opening (n) has three meanings:

- 1 the beginning or first part of sth (as above): The story has a strange opening.
- 2 an act of making sth open:

I went to the opening of the Picasso exhibition.

3 a small hole that sb/sth can pass though:

There's a small **opening** in the wall where you can see the castle.

Opening can also be used as an adjective.

My opening sentence was a bit too long.

	intblankpreciousquotein		listopening	
nas	sprintblankpreciousquoteinstantlyotherwise	epaces	pecialis	
	the pronunciation of the underlined letters t	he sam	e or different? Write S	or D. Use the 🌚 to
ne	elp you.		and at the same factor	
1	cite commodity	5	spe <u>ci</u> alist pre <u>ci</u> ous	
2	tone quote	6	otherwise publication	
3	instantly commodity assume assumption	8	opening tone pace mass	
-	omplete the sentences.			
1	Every time I write a story, I start with a	nic	oce of paper	
2	the state of the s		ce or paper.	
3	He started with a joke and that set the		the rest of the story	
4	Don'tyou know what people are			
5	Certain journalists are alwaysvari			
6	One of the first rules of journalism: never			
7				
8	I think I put in too much detail, and that slows dov It's a specialist paper, so it's myth			
9	It was a mistake on the of the rea			
,	te was a mistake of the	100330	ocheve i was totally obje	ctive.
Re	eplace the underlined words with a word or p	hrase t	hat keeps the same m	eaning.
1	I went to the first night of the exhibition.		t to	
2	You must get the reader's interest.		nust	
3	I can recognize his style immediately.		recognize his style	
4	It was my mistake.		a	
5	We'll be late if we don't leave now.	Wen	oust leave now,	
6	There are thousands unemployed.	There	is	
7	Did you use her exact words?	Did y	ou	?
8	Freedom is valuable and important.	Freed	om is	······································
Co	omplete the questions.			
1	Why is it important to consider the type of		you are writing for?	
2	What can you assume if you are writing for a			aper?
3	What must you never do if you are writing for a			
4	What is the most precious in a ne			
5	What are two or three things your			
6	are good, but why is it important			
No	ow answer the questions in Exercise 5 withou	t lookir	ig back at the text.	
	BOUT YOUR COUNTRY Write your answers to	the qu	estions below, or talk	to another studen
	an you think of:			
	ny specialist publications written for very knowlegea	ble reac	ers?	
	ny mass-market newspapers?		-	
an	ny famous people who are often quoted in newspap	pers or o	n TV?	

58 Politics in practice

A A referendum

In 2016 there was a referendum in the UK concerning membership of the EU: to remain in the EU, or to leave the EU. The debate divided the nation and created a huge amount of conflict, even within families. Eventually, in a very closely-fought contest, there was a narrow majority for 'leave' (51.9% versus 48.1%). The turnout was high (just over 72% of the electorate voted), but that still meant that the outcome was decided by only 37% of the total electorate, and some have questioned, therefore, to what extent the result really represents the democratic will of the people. The British government then spent three years trying to negotiate an agreement that the British parliament could support.

GLOSSARY	
referendum	an occasion when all the people of a country can vote on an important issue
concerning	about sth; involving sb/sth SYN regarding
debate	an argument or a discussion expressing different opinions
divide	cause disagreement division n
conflict	a situation in which people, groups or countries are involved in a serious disagreement
closely	used to indicate that two or more things differ by only a small amount: <i>a closely-fought contest</i> (= a contest won or likely to be won by a small amount)
contest	a struggle to gain control of sth
majority	the number of votes by which one party wins an election, a discussion, etc: <i>a narrow majority</i> , e.g. 52% OPP <i>a clear majority</i> , e.g. 66%
turnout	the number of people who vote in a particular election
electorate	the people in a country or an area who have the right to vote
will	what sb wants to happen in a particular situation: the will of the people
negotiate کروه آم	try to reach an agreement by formal discussion negotiation n

U	Underline th	e stress on the	following words	. Use the @ to h	elp you.	
	concerning	debate	conflict	divide	contest	
	turnout	negotiate	referendum	electorate		
2	Replace the u	underlined wor	ds with a word o	or phrase that ke	eps the same mea	aning.
	1 The politici	an refused to ans	swer questions on	the subject of his	private life.	
			ver 50% of the vote			
	3 The issue h	as caused disagr	eement across the	country.		
			at 70% of the peop		nt to vote.	
			vote is often low in			
			iss this to reach an		***************************************	
				-	***************************************	
3	Complete the	e sentences.				
	1 There was a	a	in the UK in 1973	on membership of	of the Common Mark	ket.
	2 If banning	cars is the	of the p	eople, politicians r	may have to go along	g with it.
	3 The two co	ountries have bee	n in	for months nov	w, but nothing has be	een decided.
	4 There has a	ilso been a long.	in	the media in Scot	land about Scottish	independence.
	5 The two pa	rties are very	match	ned, so it will be an	interesting	between them
		peen serious and different op		land for decades	over membership of	the EU. People have
4	What can you	u remember? C	over the text and	d answer the qu	estions.	
	1 What took	place in June 201	6 in the UK?			
	2 What was it	t about?				
	3 How did th	e people react to	this event?	***************************************		
	4 What was t	he result?	10000			
	5 How many	people voted?	*****			
	6 What happ	ened after that?	*****			

TEST YOURSELF

B Coalition government

In a parliamentary system, a coalition government is one in which two or even multiple political parties cooperate, thus reducing the dominance of any one party. Broadly speaking, there are two models. The first is to form a coalition before the election. The second is to form a coalition after the election, retaining a party's core philosophy and ideals, but then negotiating with other parties to form an administration that can govern the country. Advocates say that coalition government leads to consensus-based politics, which produces compromise, while opponents say that no-one gets what they voted for.

GLOSSARY	
coalition	a government formed by two or more parties working together
multiple	involving many different people or things
cooperate (with sb)	work together with sb else in order to achieve sth
dominance	the fact of being more powerful or important than sb else dominant adj
core	the most important or central part of sth
philosophy	a set of beliefs or an attitude to life that guides sb's behaviour
govern	legally control a country or its people and be responsible for laws, etc.
advocate	a person who supports or speaks in favour of sb/ sth, especially a public plan of action advocate v
consensus	an opinion that all members of a group agree with
compromise	[C] an agreement made between two people or groups in which each side gives up some of the things they want so that both sides are happy at the end; [U] the act of reaching a compromise ; compromise v

5		se the e to h		ideriine	ed letters ورنشي حرن	the same or diffe	rent? Wr	ite 5 or <i>D</i> .		
	1	c <u>oa</u> lition	coal		331	5 philosophy	consen	s <u>u</u> s		
	2	<u>go</u> vern	dominance			6 cooperate	soon	*******		
	3	advocate n	advocate v			7 compromise	consen	sus		
	4	adv <u>o</u> cate	philosophy		3	8 comprom <u>i</u> se	dom <u>i</u> na			
6	C	omplete the	se words.		A	12				
	1	gov		4	comp		7	coal		
	2	coop		5	nhi		8	dom		
	3	advo		6	mul		9	cons	*********	
7	Δ	nswer the au	estions							
	1	Answer the questions. What is required for a coalition?								
	2	What is required for a <i>coalition</i> ?								
	3	If you govern a country how much control do you have?								
	3									
	4	If you advocate something, are you for it or against it?								
	5	Is dominance a fact of being <i>richer</i> or <i>more powerful</i> than others?								
	0	ir you reach a	a compromise, wi	nat are y	ou prepare	ed to do?				
8	C	omplete the	sentences.							
	1			t policy	and will in	volve	govern	mental agencies.		
	2	It's a complicated government policy and will involvegovernmental agencies. It's not easy to give up certain things you want and accept certain things you don't, but in the end we all have to sometimes.								
	3					ity to	the country.			
	4		ristian Democrati			n the			y in	
	5	If we don't	W	ith othe	r groups, v	ve'll never achieve ar	nything.			
	6									
	7	The belief in democracy is at the of their political and moral The prime minister has always been a strong of personal choice and freedom.								
	8	If no single p	arty gets a major	ity, there	will have	to be some type of		to form a g	overnment.	
	_	TEST YOUR								

59 Protest movements

Extinction Rebellion protest blocks the Strand

During the Extinction Rebellion* demonstrations in April, the police arrested over 1,000 people and charged 53 in connection with the climate change protests across five UK cities. In response to these arrests, the group staged another demonstration yesterday outside the Royal

Courts of Justice. They occupied much of the Strand, and by erecting barriers and sitting in the road, they effectively blocked the entire area for almost eight hours. No arrests were made and the police have recognised their right to protest. Nevertheless, the Chief Constable has made it clear that the police do have a duty to uphold the rule of law, and cannot tolerate significant disruption to communities across the capital.

Meanwhile, the group has called on activists to participate in a summer of 'creative acts of civil disobedience', which they hope will force government into taking action.



*Extinction Rebellion is a political movement with a mission to avert climate catastrophe and minimise the risk of ecological collapse, and with it the extinction of human beings altogether. They aim to do this through non-violent resistance.

GLOSSARY		以下,这个人的	10000000000000000000000000000000000000
rebellion [U, C] protest [U, C]	opposition to authority by an organized group the expression of strong disagreement with or opposition to sth. A person is a protester . protest v	tolerate disruption	allow sb to do sth that you do not agree with SYN put up with sth a situation in which it is difficult for sth to continue in the normal way
demonstration	a public meeting or march at which people show they are protesting against sth or supporting sth. A person is a demonstrator . demonstrate v	call on sb to do sth activist	ask or demand that sb do sth a person who works to achieve political or social change refusal or failure to obey
in connection with sth/sb	for reasons connected with sth/sb	movement	a group of people who share the same ideas or aims
stage	organize and take part in action that needs careful planning	mission	particular work that you feel it is your duty to do
erect	put sth in position and make it stand <i>upright</i> (= in a vertical position)	avert	prevent sth bad or dangerous from happening
barrier	an object like a fence that stops people moving forward	minimize	reduce sth, especially sth bad, to the lowest possible level
entire uphold	including everything, everyone or every part support sth that you think is right and make sure it continues to exist	being resistance [U, sing]	a living creature: <i>a human being</i> opposition to or dislike of an idea, plan, etc; refusal to obey

SPOTLIGHT occupy

Occupy has several meanings:

- 1 enter a place in a large group and take control of it (as above)
- 2 fill or use a space, an area or an amount of time: The bed occupies half the room.
- 3 live or work in a room, building, etc: We occupy the 12th floor of the building.

0	U	nderline the	e stress on t	hese word	ds. Use the	to help you.		
	rebellion		minimise	protest	Marie Control of the Control	uphold	demonstrators	avert
	ere	ect	occupy		nstration	meanwhile	protest n	disobedience
2	Ci	rcle the wo	rds which su	iggest pu	blic protes			
_		monstration			disruptio			
	up	hold	disobe	edience	tolerate	resistance	occupy	
3	Tr	ue or false?	Write T or F	If falso	volain why			
9	1		something, y					
	,		upholds the				***************************************	
	3		an accident,		le trying to b	reak it.	***************************************	
	4		ite something		it hannoning		***************************************	
	5		which is occu			,	***************************************	
	6					rom going somew	hora	
	7		nize somethir				riere.	
	8					ainst something.		
	_	7 Tebellion	is a person w	io is define	nistrating ag	anise something.	***************************************	***************************************
4	Re					r phrase that ke		_
	1					at the police had p	ut across the road	
	2		even greater re					
	3					nge are meeting in		
	4	A new political group has formed around concerns about hate crimes. The government has asked people to cooperate with them at this time of crisis. We're organizing a march through the city to protest about cuts to public spending.						
	5							
	6							
	7							
	8							
	The whole village is opposed to the council plan for more new homes.							***************************************
1	10	The local co	mmunity wo	n't <u>put up</u>	with any mo	re disruption.		
5	Or	ne word is n	nissing in ea	ch senter	ce. What is	it, and where d	nes it ao?	
	1					on – more like anir		ina
	2					to avoid any form		
	3					s, the police are ke		on.
	4					h the events of las	and the second second second second	
	5					y for over forty year		***************************************
	6					neighbourhood.		***************************************
	7				*	s protesting about	climate change.	***************************************
	8		as attempted		-		3	***************************************
	9					tinually ignoring g	lobal warming.	
1	0					keep themselves :		
6	Co	mplete the	texts				Cur Inches	
_	-	prete tire	tento.				of (7)	
Eco	onc	mic instabilit	ty in the cour	try has led	to the			ment about animal started at 8.00
em	nerg	gence of a ne	w protest (1)		called			o a march towards
Fig	ght	to Survive'. T	heir (2)		is to bring	Parliamer	nt Square with (9)	
ab	out	political cha	nge through	civil (3)	***************************************	carrying	signs saying 'Meat	is Murder' and 'Think
: 30	cts	such as marc	hing, sitting in	n the road	or strikes. At		r heart, not your st	
die	run	tion to the	y wish to (4) eneral public	and thou	are aware the			embers of Parliament
			eneral public				b buman (11)	animals have equal
			***************************************				olanning to (12)	, and
in	-		minim			further d	emonstrations in t	he coming weeks.



60 Disasters

A An earthquake

Earthquake hits Pakistan

Last night a sudden earthquake struck a region in Kashmir, and reports suggest that hundreds lost their lives as buildings collapsed while they slept. Thousands are now being evacuated, but there are fears that many are still trapped inside their homes, so the death toll could rise significantly. The exact scale of the damage will not be known for several days or even weeks, but it has already been considerable, and reports are coming in of numerous tremors in the surrounding area. The next 48 hours will be crucial, not only to rescue more people but also to maintain supplies of water and electricity.

GLOSSARY		
hit	happen suddenly and have a harmful or damaging effect on sth/sb SYN strike	
collapse	(of a building) fall down or fall in suddenly	
evacuate	move sb away from a dangerous place evacuation n	
trap	If sb is trapped , they are inside sth and cannot get out.	
death toll	the number of people killed in a disaster, accident, etc.	
significantly	to a degree that is important or easily noticed significant adj: a significant effect/improvement	
scale	the size of sth, especially when compared with other things	
considerable	very large in size or amount	
numerous formal	existing in large numbers	
tremor	An earth tremor is a small earthquake.	
rescue	take sb from a dangerous place to safety SYN save; rescue n	
maintain	make sth continue at a certain level or standard	

0	ne pronunciation of the underlined letters is the same in all but one example. Which one? Use to help you.			
	collapse significant numerous evacuate considerable tremor			
2	Replace the underlined words with a word or phrase that keeps the	same meaning.		
_	1 Many buildings fell to the ground during the earthquake.			
	2 We've had many reports of possible earth tremors.			
	3 The villagers have all been moved from the village.			
4 There are people who are inside their homes and cannot get out.				
	Scientists believe the hurricane will reach and attack Florida within 24 hours.			
	6 The <u>number of people killed</u> could be as high as 2,000.			
	7 The storm has caused a great deal of damage.			
	8 Many of those trapped were taken to safety by the helicopter.			
	9 Experts will try to assess the <u>relative size</u> of the problem when all the fact are known.	5		
	10 The situation has become guite a lot worse with the continuing bad wea	ther.		

3 Complete the text.

When an earthquake (1)	a city, there is always a danger that buildings will (2)		
and people will be (3)	inside. As soon as the immediate danger has passed, the first job will		
be the (4)	of people from the area, and to (5)	anyone still in danger. While	
the government will send	d in supplies of food, it is very difficult to (6)	a supply of clean drinking	
water. There is also the ris	sk of further earth (7) , which can	have a (8)effect on	
the level of damage. It ma	ay be weeks later before anyone can really judge t	the (9) of	
the disaster, and what the	e final death (10) might be.		

