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" Gen Z is the first generation to grow up not knowing a world without the internet and smartphones."



Gen Z slang list: popular and common words, lingo and phrases

What does it mean to say *I'm lowkey vibing*? What does *that's cap* mean? And what on earth does *breadcrumbing* mean?

"Oh, this generation just dropped a whole dictionary of 'what's that?' on me! I'm over here trying to decode their texts like I'm on some secret mission. '*Fam, this ain't no cap, I'm lowkey shook at how lit this fam jam is gonna be.* I'm like, 'Oh man! did you just speak in a different language or is my brain officially on vacation?

I'm out here trying to *yeet* my way into understanding, but I think I'm just *slaying* my own confusion. Maybe I should start a *boomer to zoomer* translation class. Anyone else feeling like they need a Rosetta Stone for Gen Z slang?"

But thank goodness! Here's my attempt at a humorous "Gen Z to Parent" dictionary to help you not to worry about understanding your child:

1. Breadcrumbing

It means to keep another person interested or engaged, without any intention of fully committing or entering into a relationship.

Example: "He's been breadcrumbing me with occasional texts and likes, but never actually making any plans, leaving me in a frustrating situationship."

2. Cap

Cap is gen z slang that means lie or false. When someone is lying, they are 'capping'. No cap is the opposite, it means the absolute truth.

Example:

"That new video game is fire, no cap, it's the best one I've played all year.





3. Boomer

Boomers refer to people born between 1946 and 1964,

associated with traditional values and work ethic.

Example: "My grandpa still uses a rotary phone, he's such a boomer."

4. Fam

derived from family, is used to refer to friends, colleagues or anyone who feels like ,family

Example: "

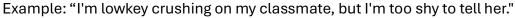
Let's grab some pizza with the fam tonight, it'll be a good time."





5. Lowkey

To be lowkey is to keep a low profile, or keep on the 'downlow'. Sometimes used in the context of wanting to not act too eager or seem too enthusiastic about something, even though in reality, you are very excited.





6. Lit

Something lit is exciting, fun, cool. Often used to describe an experience. It can also be used to describe someone as being drunk.

Example: "That concert was absolutely lit, the energy was insane!"

7. Slay

Slay is used as verb to refer to someone who has delivered something exceptionally well. It can be used instead of the slang 'killed it'.

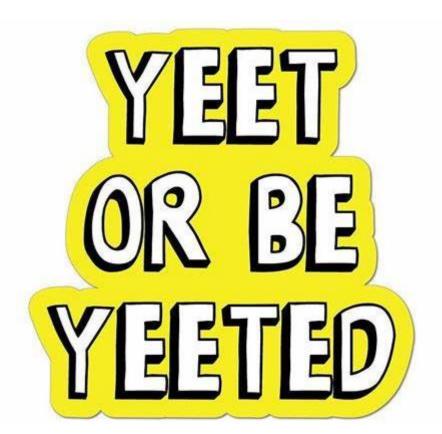
Example: "She absolutely slayed that dance performance, her moves were incredible!"



8. Yeet

Yeet can be used in a few different ways. Yeet can mean excitement or approval of something generally. Or can be used to describe something being thrown with force, and not caring about it.

Example: "He yeeted the water balloon across the yard and it splattered on the fence.



9. Vibing

Vibing is used to describe having a general positive feeling about something. **Example:** "I'm just vibing to this music, it's so relaxing."



10. Zoomer

Zoomer is used to refer to members of Generation Z, or people born in the late 1990s and early 2000s.

Example: "Zoomers are always on their phones, it's hard to get their attention sometimes."





Well, I'll be a monkey's uncle! I finally get it! Turns out, all that 'sliving' and 'bussin' was just a fancy way of saying 'having a good time' and 'delicious'. Who knew? I feel like I've been living under a rock, missing out on all the fun and excitement. Now, if you'll excuse me, I'm going to tell all my friends how much I'm enjoying learning about this new generation's language. I might be a bit behind the times, but I'm ready to embrace it with open arms and become the most enthusiastic parent ever! Maybe I'll even start a secret Instagram account... Wait, what's the point of a secret Instagram account again?

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